

**North District Cross Country Relay Championships
Senior/Junior Women**

**Team Medal Table
1993-4 to 2021-2**

		Gold	Silver	Bronze
1	Inverness H	19	10	2
2	Moray RR	3	8	12
3	Minolta Black Island AAC	2		
4	Forres H	1	4	4
5	Lochaber AC	1		
6	Ross County AC	1		
7	Fraserburgh RC	1		
8	Highland HR		5	3
9	Stornoway RAC			1
10	Nairn RR			1