

East District Country Relay Championships (Women)

Scottish Athletics Federation/Scottish Athletics Ltd

2021-2	1	Lasswade AC	47.45	Amy Smith	Sarah Tait	Amy Frankland
	2	Edinburgh University H&H "C"	47.52	Hannah Anderson	Georgia Ledingham	Cera Gemmell
	3	Edinburgh University H&H "A"	48.12	Holly Page	Isla Calvert	Olivia Vareille
2020-1	No Championship due to Covid-19 pandemic					
2019-20	1	Fife AC	44.45	Jenny Selman	Laura Gibson	Annabel Simpson
	2	Edinburgh University H&H	45.09	Holly Page	Zoe Pflug	Rebecca Johnson
	3	Lasswade AC	45.45	Amy Frankland	Keira Gore	Sarah Tait
2018-9	1	Edinburgh University H&H	44.42	Holly Page	Amy Frankland	Stephanie Pennycook
	2	Edinburgh AC	45.31	Rebecca Burns	Katie Bain	Zoe Bates
	3	Central AC	46.08	Kate Gallacher	Lauren McCulloch	Morag Miller
2017-8	1	Edinburgh University H&H	42.38	Stephanie Pennycook	Anna MacFadyen	Mhairi MacIennan
	2	Central AC	44.33	Fanni Gyurko	Natalie Milne	Kate Gallacher
	3	Fife AC	44.54	Halina Rees	Alison McGill	Annabel Simpson
2016-7	1	Central AC	42.54	Jennifer Wetton	Fiona Thompson	Morag MacLarty
	2	Edinburgh University H&H	43.02	Stephanie Pennycook	Catriona Graves	Louise Mercer
	3	Fife AC	44.27	Annabel Simpson	Jennifer Spence	Halina Rees
2015-6	1	Central AC	44.45	Fiona Thompson	Natalie Milne	Morag MacLarty
	2	Edinburgh AC	45.01	Rachael Dunn	Amanda Woodrow	Madeleine Murray
	3	Fife AC	45.32	Annabel Simpson	Helen Sharpe	Halina Rees
2014-5	1	Central AC	45.31	Kathryn Gillespie	Jennifer Emsley	Morag MacLarty
	2	Fife AC	45.56	Annabel Simpson	Helen Sharp	Megan Crawford
	3	Edinburgh AC	46.20	Laura Dunn	Amanda Woodrow	Nadeleine Murray

2013-4	1	Central AC	43.25	Morag MacLarty	Jennifer Emsley	Fiona Thompson
	2	Edinburgh AC	45.15	Emma Dunnett	Susan Ridley	Laura Dunn
	3	Edinburgh University H&H	46.17	Kirsten Maxwell	Louise Mercer	Mhairi MacIennan
2012-3	1	Central AC	44.02	Jennifer Emsley	Fiona Thompson	Lyndsay Morrison
	2	Lothian RC	44.30	Chloe Cox	Sarah Inglis	Edel Mooney
	3	Edinburgh AC	45.15	Emma Dunnett	Victoria Bailie	Morgan Murphy
2011-2	1	Fife AC "A"	41.59	Helen Sharpe	Megan Crawford	Hester Dix
	2	Central AC	43.00	Jennifer Emsley	Karen Montador	Emma Raven
	3	Fife AC "B"	44.10	Halina Rees	Morgan Windram–Geddes	Alison McGill
2010-1	1	Dundee Hawkhill H	43.11	Elish McColgan	Sarah Kelly	Lily Partridge
	2	Lothian RC	43.40	Mhairi Inglis	Edel Mooney	Sarah Inglis
	3	Fife AC	44.11	Morgan Windram–Geddes	Helen Sharpe	Hester Dix
2009-10	1	Central AC	44.28	Ainsley Normand	Emma Raven	Fiona Thompson
	2	Edinburgh AC	44.39	Susan Ridley	Sarah Hood	Jennifer MacLean
	3	Fife AC	45.27	Morgan Murphy	Hester Dix	Helen Sharpe
2008-9	1	Central AC	45.56	Fiona Thompson	Emma Waterhouse	Alison Docherty
	2	Hunters Bog T	47.19	Claire Ward	Megan Wright	Sula Young
	3	Fife AC	50.05	Helen Sharpe	Sarah Legge	Lorna Sibbett
2007-8	1	Central AC "A"	46.25	Jennifer Emsley	Alison Docherty	Ainsley Normand
	2	Gala H	47.28	Katy Anderson	Rachel Fagan	Dianne Lauder
	3	Central AC "B"	47.45	Sarah–Jane Picket	Fiona Thompson	Hazel Dean
2006-7	1	Central AC	46.00	Ainsley Normand	Morag MacLarty	Fiona Thompson
	2	Edinburgh Southern H	37.23	Hayley Ovens	Karen Dobbie	Sarah Hood
	3	Edinburgh University H&H	47.26	Jennifer Barker	Jessica van Binsbergen	Anna Haw

2005-6	1	Central AC	44.04	Jennifer Emsley	Claire Waterhouse	Ainsley Normand
	2	Gala H	44.46	Patricia Affleck	Fiona Dalgleish	Dianne Lauder
	3	City of Edinburgh AC	45.17	Debra Murray	Catherine Ferry	Eilidh Wardlaw

2004-5	1	Central AC	46.14	Hazel Dean	Karen Montador	Toni McIntosh
	2	City of Edinburgh AC	47.17	Janet Laing	Catherine Ferry	Lyn Wilson
	3	Edinburgh Southern H	47.39	Susan Ridley	Emily Finnie	Marbeth Shiell

2003-4	1	Central AC	48.22	Fiona Thompson	Claire Waterhouse	Morag MacLarty
	2	Lothian RC	49.03	Cillian Godfree	Helen Murray	Christine Rougvie
	3	Gala H	49.11	Susanne Carson	Katy Anderson	Patricia Affleck

2002-3	1	Gala H	40.57	Suzanne Carson	Andrea Pogson	Patricia Affleck
	2	Central AC	43.38	Hazel Dean	Claire Waterhouse	Jane McCrorie
	3	City of Edinburgh AC	44.32	Denra Murray	Catherine Ferrie	Alison Johnson

2001-2	1	Edinburgh Woolen M	46.27	Hayley Parkinson–Ovens	Violet Blair	Freya Murray
	2	Central AC	46.44	Jane McCrorie	Hazel Dean	Michelle Sandison
	3	Carnethy HRC	56.58	Karen Kealey	Emer Scanlon	Tracey Brindley

2000-1	1	City of Edinburgh AC	50.51	Debra Murray	Lianne Harrison	Marietta van der Linden
	2	Edinburgh University H&H	51.48	Toni McIntosh	Ruth Chamberlain	Janet Murray
	3	Pitreavie AAC	52.15	Nicola May	Helen Kane	Trudi Thomson

1999-2000	1	Livingston & District AAC	47.30	Kim Buckley	Avriial Gardiner	Hazel Sutherland
	2	City of Edinburgh AC	48.20	Karen Newman	Debra Murray	Sharyn Aitken
	3	Edinburgh Woolen M	49.12	Susan Ridley	Karen Dobbie	Hayley Parkinson

1998-9	1	Aberdeen AAC	49.02	Tracey Brindley	Claire Miller	Sonia Armitage
	2	Fife AC	56.22	Phyllis Lemoncello	Margaret McLaren	Louise Burt
	3	City of Edinburgh AC	56.56	Sharyn Aitken	Aileen Wood	Caroline Wallace

1997-8	1	Aberdeen AAC	50.58	D Unwin	Sonia Armitage	Tracey Brindley
	2	Edinburgh Woolen M	51.57	Jennifer Hastings	Emma Gorman	Carol Sharp
	3	Gala H	60.35	Patricia Affleck	Karen Renton	Nicola Alexander

1996-7	1	Aberdeen AAC	40.26	Sonia Armitage	Susan Hendry	Tracey Brindley
	2	Dundee Hawkhill H	41.34	Yvonne Reilly	Mary Vannet	Karen Powell
	3	BT Pitreavie AAC	43.27	Margaret Healy	Pamela Pattison	Trudi Thomson

1995-6	1	Aberdeen AAC	50.19	Deborah Kilner	Susan Lamb	Helen Grant
	2	Stirling University AC	52.38	C Coey	M Sloan	G Lewis
	3	Edinburgh Woolen M	53.43	Sarah Little	Mary McClung	Carol Sharp

1994-5	1	Livingston & District AAC	43.12	Joyce Salvona	Megan Smith	Penny Rother
	2	Edinburgh Woolen M	44.37	Alison Smith	Karen Dobbie	Jennifer Hastings
	3	Falkirk Victoria H	47.13	Janette Stevenson	Caroline Lawless	Ailsa Douglas

1993-4	1	Aberdeen AAC	50.32	Deborah Kilner	Susan Hendry	Susan Lamb
	2	Livingston & District AAC	51.18	Michelle Coleman	Christine Whelley	Joyce Salvona
	3	BT Pitreavie AAC	51.29	Jacqueline Ferrari	Linda Barclay	Trudi Thomson