

Midland District Cross Country Championships Individual Medallists (Senior Men)

??? Trophy First Presented

First held in season 1929-30

Scottish Cross Country Union

1974-5	Stuart Easton	Shettleston H	32.33	Ian Gilmour	Clyde Valley AAC	32.35	David McMeekin	Victoria Park AAC	32.39
1973-4	David Logue	Glasgow University H&H	35.06	R Lawrie Spence	Strathclyde University AC		Stuart Easton	Shettleston H	
1972-3	James Brown	Monkland H	31.36	Alan Partridge	East Kilbride AAC	31.53	David McMeekin	Victoria Park AAC	32.18
1971-2	James Brown	Monkland H	33.52	Ian McCafferty	Law & District AC	33.58	Alistair Blamire	Shettleston H	34.43
1970-1	James Brown	Monkland H	30.04	Norman Morrison	Shettleston H	30.15	Alistair Johnston	Victoria Park AAC	30.38
1969-70	Ian McCafferty	Law & District AC	29.32	Edward Knox	Springburn H	30.44	John Myatt	Strathclyde University AC	30.54
1968-9	John Myatt	Strathclyde University AC	32.05	Andrew H Brown	Law & District AAC	32.27	Ian Picken	Springburn H	32.45
1967-8	Patrick McLagen	Victoria Park AAC	31.26	James Brennan	Maryhill H	31.53	Alexander P Brown	Motherwell YMCA H	31.57
1966-7	Ian McCafferty	Motherwell YMCA H	30.00	J Lachlan Stewart	Vale of Level AAC	31.08	Andrew H Brown	Motherwell YMCA H	31.28
1965-6	J Lachlan Stewart	Vale of Level AAC	27.55	Edward Knox	Springburn H	28.19	Alan Faulds	Stirling AAC	28.25
1964-5	Ian McCafferty	Motherwell YMCA H	30.32	Andrew H Brown	Motherwell YMCA H	31.12	J Lachlan Stewart	Vale of Level AAC	31.19

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1963-4	Ian McCafferty	Motherwell YMCA H	29.40	Alexander P Brown	Motherwell YMCA H	30.06	J Lachlan Stewart	Vale of Level AAC	30.12
1962-3	Andrew H Brown	Motherwell YMCA H	29.48	John Linaker	Motherwell YMCA H	29.51	J Lachlan Stewart	Vale of Level AAC	30.11
1961-2	Andrew H Brown	Motherwell YMCA H	30.36	Robert McKay	Motherwell YMCA H	30.53	John Linaker	Motherwell YMCA H	31.00
1960-1	Graham Everett	Shettleston H	30.11	Andrew H Brown	Motherwell YMCA H	31.00	Joseph Connolly	Bellahouston H	31.11
1959-60	Graham Everett	Shettleston H	32.18	Andrew H Brown	Motherwell YMCA H	32.33	Joseph Connolly	Bellahouston H	32.49
1958-9	Graham Everett	Shettleston H	28.42	Andrew H Brown	Motherwell YMCA H	28.56	John McLaren	Victoria Park AAC	29.18
1957-8	John McLaren	Victoria Park AAC	30.12	Graham Everett	Shettleston H	30.20	James Wright	Clydesdale H	30.38
1956-7	John McLaren	Victoria Park AAC	29.54	Gordon Nelson	Bellahouston H	30.01	Graham Everett	Shettleston H	30.28
1955-6	John McLaren	Victoria Park AAC	30.11	Andrew H Brown	Motherwell YMCA H	30.17	Edward Bannon	Shettleston H	30.30
1954-5	John McLaren	Shotts Miners Welfare	29.19	Edward Bannon	Shettleston H	29.41	Donald Henson	Victoria Park AAC	29.59
1953-4	Harry Fenion	Bellahouston H	31.34	John McLaren	Shotts Miners Welfare	31.49	Thomas Tracey	Springburn H	32.12
1952-3	Edward Bannon	Shettleston H	30.53	Alistair Breckenridge	Victoria Park AAC	31.28	Harry Fenion	Bellahouston H	31.46
1951-2	Edward Bannon	Shettleston H	37.51	D Nelson	Motherwell YMCA H	38.19	Andrew Forbes	Victoria Park AAC	38.50
1950-1	Thomas Tracey	Springburn H	43.34	Edward Bannon	Shettleston H	43.48	Andrew Forbes	Victoria Park AAC	44.36
1949-50	William Lennie	Vale of Leven AAC	42.22	Thomas Tracey	Springburn H	42.31	Ben Bickerton	Shettleston H	42.38

Before season 1949-50 the District was contested by Junior athletes defined by not having won honours in the District individual or team championships

1948-9	J Barry	St Machan's AC	38.13	James Fleming	Motherwell YMCA H	38.14	James Stuart	Shettleston H	38.34
1947-8	R Boyd	Clydesdale H	39.33	William Lennie	Vale of Level AAC		George Craig	Shettleston H	
1946-7	Andrew Forbes	Victoria Park AAC	38.28	Ben Cairns	Shettleston H		George Craig	Shettleston H	

1945-6	Harry Howard	Shettleston H		Edward McAllister	Shettleston H		C MacPherson	Maryhill H	
1938-9	James Morton	Springburn H	39.47	W G Black	Plebeian H	39.54	T Moffat	Plebeian H	39.57
1937-8	Tom Lamb	Bellahouston H	41.57	Gordon Porteous	Bellahouston H	42.30	A Austin	Bellahouston H	42.45
1936-7	William Donaldson	Shettleston H	41.56	W G Black	Plebeian H	42.07	R Simpson	Motherwell YMCA H	42.13
1935-6	J Kelly	Springburn H	41.12	Archibald Craig	Shettleston H	41.30	R Simpson	Motherwell YMCA H	41.45
1934-5	J Gilles	Shawfield H	43.06	Raymond Jerrat	Shettleston H	43.10	A Austin	Bellahouston H	43.11
1933-4	Alexander McGregor	Plebeian H	40.41	A McPherson	Airdrie H	41.04	G Anderson	Glasgow	41.07
1932-3	James Flockhart	Shettleston H	39.26	James Gifford	Victoria Park AAC	40.25	JJ McDonald	St Peter's	40.37
1931-2	James C Ross	Shettleston H	41.40	P McNab	Springburn H	41.52	A Armstrong	Plebeian H	42.00
1930-1	D Urquhart	Garscube H	42.40	WS Fisher	West of Scotland H	43.30	J Shaw	Hamilton H	43.34
1929-30	J Campbell	Bellahouston H	40.52	W Gardiner	Motherwell YMCA H	41.01	Aliatair Ingram	Plebeian H	41.40

1945-6

This race was organised by the Midland District Committee. No other District Championship took place in 1946.