

North District Cross Country Championships Individual Medallists (Junior Men)

No Trophy

First held in season 1959-60

Scottish Athletics Federation/Scottish Athletics Limited

2021-2	Luke Davidson	Inverness H	22.36	Lucas Cairns	Inverness H	22.38	Euan Rollo	Inverness H	23.17
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Luke Davidson	Inverness H	22.44	Stuart Gardiner	Inverness H	22.55	Kyle Munro	Stornoway RAC	25.20
2018-9	Max Abernethy	Fraserburgh RC	25.04	Stuart Gardiner	Inverness H	25.51	Luke Williams	Inverness H	26.01
2017-8	Keir Beaton	East Sutherland AC	32.03	Fraser Roach	East Sutherland AC	32.13	Stuart Gardiner	Inverness H	32.36
2016-7	Ross Gollan	East Sutherland AC	30.05	Finlay Todd	Ross County AC	32.00	Cameron Young	Inverness H	32.11
2015-6	Sean Chalmers	Inverness H	26.29	Connor MacLean	Stornoway RAC	28.45	Cameron Young	Inverness H	29.53
2014-5	Craig Campbell	Inverness H	32.05	Mark Taylor	Caithness AAC	34.34	Finlay MacLennan	Inverness H	35.04
2013-4	Craig MacLean	Lochaber AC	30.32	Joseph Tangney	Lochaber AC	30.33	Finlay MacLennan	Inverness H	30.42
2012-3	Ryan Moodie	Ross County AC	32.43	Duncan Mckeller	Stornoway RAC	33.24	Stuart Michael	Inverness H	33.39
2011-2	Stephen Mackay	Inverness H	39.17	Calum MacLeod	Inverness H	41.18	John Little	Moray RR	42.11
2010-1	Calum MacLeod	Inverness H	40.29	M Liddle	Forres H	42.46	Matthew Grant	Inverness H	43.47
2009-10	Ian Townsend	North Uist AC	38.29						
2008-9									
2007-8	Matthew Sutherland	Caithness AAC	39.19						
2006-7	Andrew Mackenzie	Stornoway RAC	41.17						
2005-6	Andrew Clark	Morray RR	34.48	Kyle Grieg	Forres H	36.17			
2004-5	Andrew Clark	Morray RR	35.47	Kyle Grieg	Forres H		Murdo MacKenzie	Stornoway RAC	
2003-4	Kyle Grieg	Forres H	37.19						
2002-3	Ian O'May	Forres H	38.52	Blair Cartmell	Forres H	39.30	Alexander O'May	Forres H	39.35
2001-2	Fraser Cartmell	Forres H	34.23						
2000-1	Craig Preece	Moray RR	40.04	Grant Jeans	Moray RR	40.15			
1999-2000	Simon McIntyre	Inverness H	34.32	James Stephen	BP Black Isle AAC	37.26	Anthony Golabek	BP Black Isle AAC	38.01
1998-9									
1997-8	Stephen Campbell	BP Black Isle AAC	43.55	L Brown	Forres H	45.09	D Cameron	BP Black Isle AAC	48.22
1996-7	Kevin McAlpine	Nairn AC	46.13	Alexander Scott	Moray RR	46.31	Jonathon Cowie	Moray RR	46.35
1995-6	Malcolm Bain	Stornoway RAC	35.37	Kevin McAlpine	Nairn AC	36.54	Richard Cook	Inverness H	37.34
1994-5	Malcolm Bain	Stornoway RAC	34.48	Ross Milne	Moray RR	35.47	James Mundie	Peterhead AC	36.21
1993-4	John Brooks	Lochaber AC	35.41	Malcolm Bain	Stornoway RAC	38.06	James Mundie	Peterhead AC	39.26
1992-3	Duncan Strachan	Peterhead AC	30.56	Paul McIntosh	Inverness H	31.38	M Bury	Minolta Black Isle AAC	34.08

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1991-2	Brian Fraser	Minolta Black Isle AAC	35.28	N Mendum	Fraserburgh AC	36.05	Stephen Wright	Elgin AC	36.46
1990-1	Grant McDowall	Inverness H	27.15	Nigel Cox	Inverness H	28.42	K McAllister	Lochaber AC	33.03
1989-90	Grant McDowall	Inverness H	29.38	C Stewart	Inverness H	30.14	Stuart Jarvie	Inverness H	34.45
1988-9	Event not held								
1987-8	Simon Garland	Inverness H							
1986-7	David Rodgers	Lochaber AC							
1985-6	Chris Armstrong	Elgin AAC	37.38						
1984-5	Jamie Bell	Inverness H							
1983-4	K Foulis	Orkney AAA							
1982-3	Neil Martin	Forres H							
1981-2	James Watson	Lochaber AC							
1980-1	A Stubbs	Lochaber AC							
1979-80	A Stubbs	Lochaber AC							
1978-9	Donald McMillan	Inverness H							
1977-8	Ross MacDonald	Inverness H							
1976-7	Ross MacDonald	Inverness H	42.13						
1975-6	Stuart Cassels	Caithness AAC							

North of Scotland AAA

1974-5	Stuart Cassels	Caithness AAC	34.04						
1973-4	Donald McLean	Forres H	28.14	Ian Johnston	R.A.F. Kinloss	28.21	A Scott	Forres H	29.28
1972-3	Donald McLean	Forres H							
1971-2	Ronald Campbell	Lochaber AC							
1970-1	Eugene MacEvoy	Lochaber AC							
1969-70	Eugene MacEvoy	Lochaber AC							
1968-9	D Fraser	Lochaber AC							
1967-8	D Dell	Gordonston Sch							
1966-7	G Blair	Lochaber AC							
1965-6	G Davidson	Forres H							
1964-5	Iain Mackenzie	Forres H							
1963-4	Iain Mackenzie	Forres H							
1962-3	Iain Mackenzie	Forres H							
1961-2	R Porter	Forres H							
1960-1	R Porter	Forres H							
1959-60	H Tawse	Forres H							