

**North District Cross Country Championships Individual Medallists (U13 Boys)**

??? Trophy First Presented in

First held in 1973-4

**Scottish Athletics Federation/Scottish Athletics Limited**

2019-20	Andrew Baird	Ross County AC	12.24	Jordan Nicolson	Stornoway RAC	13.12	Michael Miller	Inverness H	13.25
2018-9	Roy Taylor	Moray RR	12.49	William Cook	Gordonstoun Sch	13.12	Jake Henderson	Inverness H	13.25
2017-8	Shaun MacDonald	North Uist AAC	13.14	Sam Coull	Ross County AC	13.15	Sam Bennett	Inverness H	13.45
2016-7	Lucas Cairns	Inverness H	10.50	Cameron Welsh	East Sutherland AC	10.57	Euan Rollo	Inverness H	11.08
2015-6	Joshua Milne	Moray RR	12.05	Ben Cameron	Forres H	12.10	David Morrison	Stornoway RAC	12.14
2014-5	Daniel Johnston	Inverness H	10.28	Ben Cameron	Forres H	10.39	Sean Kelt	Ross County AC	10.52
2013-4	Eoghann Gollan	East Sutherland AC	13.17	Finlay MacVicar	North Uist AAC	13.41	Stuart Kirk	Caithness AAC	13.44
2012-3	Joe Amaid	Inverness H	13.18	Eoghann Gollan	East Sutherland AC	13.19	Kyle Munro	Stornoway RAC	13.53
2011-2	Ally Velzian	Inverness H	12.56	Fraser Roach	East Sutherland AC	13.23	Kyle Munro	Stornoway RAC	13.31
2010-1	Ally Velzian	Inverness H	13.13	Connor MacLean	Stornoway RAC	13.14	James Geddes	Inverness H	14.00
2009-10	Lewis Holmes	East Sutherland AC	16.37	Ruairidh Gollan	Caithness AAC	16.46	I Blackhall	Lochaber AC	16.50
2008-9	Campbell MacDonald	Stornoway RAC	12.14	Ross Allison	Stornoway RAC	12.46	Ruairidh Gollan	Caithness AAC	12.52
2007-8	Craig Campbell	Inverness H	12.42	Patrick Urquhart	Inverness H	12.49	G Black	North Uist AC	12.55
2006-7	Robert Jones	Stornoway RAC	9.15	Moray Goodfellow	Moray RR	9.20	Patrick Urquhart	Inverness H	9.23
2005-6	Scott Miller	Moray RR	13.30	Jack Gillespie	Forres H	13.36	Moray Goodfellow	Moray RR	13.42
2004-5	Olan Spears	North Uist AC	12.27	Christopher Fife	Inverness H	12.27	David Garioch	Moray RR	12.30
2003-4	Grant Cameron	Forres H	12.53	D Pyott	Inverness H	13.01	G Mitchell	Moray RR	13.02
2002-3	Kenneth Wilson	Moray RR	14.10	S Gray	Shetland AAC	14.32	S Morrison	North Uist AC	14.43
2001-2	Andrew Rogan	Forres H	12.49	James Keenan	Stornoway RAC	13.02	Stephen Houston	Moray RR	13.12
2000-1	Mark Mitchell	Forres H	13.12	D Wood	BP Black Isle AAC	14.55	Liam Taylor	BP Black Isle AAC	14.58
1999-2000	Mark Mitchell	Forres H	13.07	Ruaridh McLennan	BP Black Isle AAC	13.30	Jason McLean	Stornoway RAC	13.40
1998-9	Graeme Walsh	Lochaber AC	11.49	Kyle Hay	Forres H	11.53	S Anderson	Peterhead AC	12.08
1997-8	Graeme Walsh	Lochaber AC	13.36	Adam Watt	Peterhead AC	13.38	Ewan Lefevre	Lochaber AC	13.39
1996-7	Michael Chisholm	Lochaber AC	15.46	B Crawford	Fraserburgh AC	16.42	Adam Watt	Peterhead AC	16.56
1995-6	Keith McIntyre	Peterhead AC	11.46	Alexander Hastie	Peterhead AC	12.00	John Mitchell	Forres H	12.10
1994-5	Lee Buchan	Peterhead AC	13.45	Bruce Irvine	Fraserburgh AC	13.47	Alexander Hastie	Peterhead AC	14.01
1993-4	Chris Barnsby	Lee Buchan	12.41	Christopher Cook	Inverness H	12.50	M Stephen	Fraserburgh AC	12.50
1992-3	Jonathon Cowie	B High Sch	11.57	G Milne	Minolta Black Isle AAC	12.04	Ian Gunn	Inverness H	12.13

**Scottish Cross Country Union**

1991-2	Kevin McAlpine	Minolta Black Isle AAC	12.24	Neil Tulloch	Minolta Black Isle AAC	12.48	G Martin	Minolta Black Isle AAC	12.48
1990-1	Stuart Sutherland	Inverness H	12.27	Kevin McAlpine	Nairn AC	12.33	Alasdair Love	Fraserburgh AC	12.39
1989-90	M Johnstone	Minolta Black Isle AAC							
1988-9	S Allan	Minolta Black Isle AAC	11.09	B McAllister	Fraserburgh AC	11.20	A Simpson	Fraserburgh AC	11.20
1987-8	Andrew McCrone	Inverness H	11.26	Gordon Ramsey	Minolta Black Isle AAC	12.00	Neil Forbes	Inverness H	12.30
1986-7	Darren Sutherland	Inverness H	11.51	Ingram Murray	Inverness H	11.53	Duncan Hards	Inverness H	11.57

1985-6	K McIntyre	Fraserburgh AC	11.46	A Hastie	Peterhead AAC	12.00	John Mitchell	Forres H	12.10
1984-5	Stuart Jarvie	Caithness AAC							
1983-4	Stuart Jarvie	Caithness AAC							
1982-3	Iain Mackenzie	Forres H							
1981-2	Colin Donald	Elgin AAC							
1980-1	Ewan Scott	Inverness H	11.06	P Eggeling	Orkney Sch	11.12	N Green	Elgin AAC	11.14
1979-80	C Martin	Inverness R A	9.15	Michael Turner	Elgin AC	9.40	L Hall	Ross County	10.06
1978-9	R Matheson	Caithness AAC							
1977-8	Neil Martin	Forres H							
1976-7	James Watson	Lochaber AC	12.03	G Morgan	Milburn Sch	13.12	C Gunn	Caithness AAC	13.13
1975-6	Keith Macleod	Millburn Academy							

North of Scotland AAA

1973-4	W Bain	Caithness AAC							
1974-5	Ronald Adamson	Caithness AAC		Keith Macleod	Millburn Sch		J Macaskill	Fortrose Academy	