

**RUBBING
EASES
PAIN.**

BY Instinct the hand flies to the part hurt, but to eliminate Aches and Pains a safe stimulating medium or lubricant is necessary, and its physical conditions should facilitate the process of rubbing.

SUCH IS...

 **Elliman's**
UNIVERSAL
Embrocation



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For the Relief of Aches & Pains as Rheumatism, Lumbago, Sprains, Bruises, Sore Throat from Cold, Cold at the Chest, Chronic Bronchitis, Neuralgia from Cold, Chills, blains before broken, Cramp, Stiffness, Soreness of the Limbs after Cycling, Football, Rowing, Golf, etc.

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ELLIMAN'S UNIVERSAL EMBROCATION.

ELLIMAN, SONS & CO., SLOUGH, ENG.


NATIONAL CROSS-COUNTRY UNION OF SCOTLAND
(WESTERN DISTRICT),

UNDER THE PATRONAGE OF:

THE EARL OF ROSEBERY, K.G., K.T.

THE EARL OF EGLINTON AND WINTON.

LORD BELHAVEN AND STENTON.

ANNUAL

CHAMPIONSHIP
  **MEETING**  

ON

GLASGOW AGRICULTURAL SOCIETY'S
SHOW GROUNDS, SCOTSTOUN,
GLASGOW,

On Saturday, 3rd February, 1906.

AT 3.15 P.M.

PROGRAMME, - TWOPENCE.

"I cannot speak too highly about your **Oxo**. I have received such great benefit from taking same that I can recommend it to all athletes who wish to attain high honours."
JOHN M'GOUGH.

OXO



"My Goodness!"

PREVIOUS WINNERS.

Scottish Cross-Country Association (Western District).

- 1895—Individual, A. H. M'Callum, Partick Harriers
 TEAM—Wishaw Harriers.
- 1896—Individual, W. E. Rainey, Wishaw Harriers
 TEAM—Bellahouston Harriers.
- 1897—Individual, Wm. Love, Elderslie Wallace Harriers
 TEAM—Elderslie Wallace Harriers.
- 1898—Individual, Wm. Marshall, Springburn Harriers
 TEAM—Springburn Harriers.
- 1899—Individual, J. J. M'Cafferty, Celtic Harriers
 TEAM—Wishaw Harriers.
- 1900—Individual, G. Cunningham, Wellpark Harriers
 TEAM—Greenock Glenpark Harriers.
- 1901—Individual, P. M'Cafferty, Celtic Harriers
 TEAM—Bellahouston Harriers.
- 1902—Individual, Hugh Gaven, Celtic Harriers
 TEAM—Greenock Glenpark Harriers.

National Cross-Country Union of Scotland (Western District).

- 1903—Individual, J. A. Ure, Greenock Wellpark Harriers
 TEAM—Larkhall Harriers.
- 1904—Individual, Sam. Kennedy, Garscube Harriers
 TEAM—Garscube Harriers.
- 1905—Individual, Thomas Young, Motherwell Harriers
 TEAM—Motherwell Y.M.C.A. Harriers.

Clubs Affiliated to National Cross-Country Union of Scotland (Western District).

Bellahouston.	Glasgow Y.M.C.A.	Paisley Juniors.
Burnbank.	Hamilton.	Paisley Y.M.C.A.
Clydesdals.	Maryhill.	Rutherglen.
Denni-toun.	Motherwell Y.M.C.A.	Springburn.
Garscube.	Monkland.	Shettleston.
Greenock Glenpark.	Olympic	St. Cuthbert.
Greenock Wellpark.	Paisley.	West of Scotland.
Greenock Auchmountain.		

• • OFFICIALS. • •

Judges (Red Rosettes).

GEORGE HUME, Esq. WM. BATCHIN, Esq.
JOHN M'CULLOCH, Esq. WM. STRUTHERS, Esq.

Referee (Blue and White Rosette).

A. ROSS SCOTT, Esq.

Starter (Orange Rosette).

WILLIAM BAIN, Esq.

Timekeepers (Red and White Rosettes).

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Mr. R. LAMOND, Burnbank. Mr. JOHN URE, Auchmountain.
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Mr. M. F. DICKSON, Clydesdale. Mr. DAVID M'LUCAS, Maryhill.
Mr. J. THYNE, Clydesdale.

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WILLIAM BAIN, Esq.

Secretary and Clerk of Course (Red, White, and Blue Rosette).

WILLIAM ROXBURGH, Esq.,
13 BUTTERBURN PARK, HAMILTON.

PROGRAMME.

NOTICE TO COMPETITORS.

No Attendant shall accompany any Competitor on the Scratch or in the Race, nor shall any Competitor be allowed to receive assistance or refreshments from any one during the progress of the Race. The Committee shall have full power to deal with any infringement of this Rule.

NOTICE TO SPECTATORS.

Spectators are specially requested not to interfere with any of the Clubs playing within the grounds. **Any one found doing so will be instantly expelled.**

Individual Entries.

- (a) David Proctor, Monkland Harriers.
- (b) D. M'Cafferty, St. Cuthbert Harriers.

I.—Auchmountain Harriers (Greenock).*Colours—BLACK, WITH MONOGRAM A.H.*

1 R. F. Ure	7 John Nutt
2 N. B. M'Laine	8 J. B. Telford
3 W. M'Lean	9 S. Gordon
4 R. Henderson	10 James Nutt
5 W. Henderson	11 James Thomson
6 A. M'Naught	12 R. M'Corkindale

RESERVES.

13 R. Steele	15 John Cochrane
14 John Graham	

II.—Bellahouston Harriers.*Colours—PALE BLUE.*

19 J. Mulhinch	25 J. Thomson
20 D. Hart	26 D. Copland
21 J. Hart	27 A. S. Baird
22 R. Taylor	28 J. Young
23 J. Smart	29 D. Logan
24 R. English	30 W. Mason

RESERVES.

31 A. Hall	34 A. P. Howieson
32 A. Coubrough	35 J. May
33 J. Macfarlane	36 F. Taylor

III.—Burnbank Harriers.*Colours—PALE BLUE AND WHITE.*

37 John Neilson	43 Thomas Cowan
38 Robert Paterson	44 James Ferguson
39 Thomas M'Guire	45 Robert Hunter
40 James Straiton	46 Thomas M'Dougall
41 Charles Barton	47 David Cathcart
42 Joseph Barton	48 John Barrowman

RESERVE.

49 Norman Bryan

IV.—Clydesdale Harriers.*Colours—BLACK AND WHITE.*

55 David M. Aitken	61 R. R. Lambie
56 Thomas Angus	62 Alex. Mann
57 Robert Blair	63 Peter M'Lean
58 Alex. Cross, jr.	64 A. Raeside
59 William Gall	65 James Richardson
60 W. H. Holmes	66 James A. Smith

RESERVES.

67 Joseph Manders	70 C. W. M'Pherson
68 W. S. Bell	71 John M'Dougall
69 R. C. M'Donald	72 Henry C. Glass

V.—Dennistoun Harriers.*Colours—BLACK AND WHITE (RED FACINGS).*

73	George Archibald	79	P. B. Hepburn
74	John Calder	80	W. T. Kellock
75	Robert Crawford	81	J. B. Maxwell
76	Robert L. Dunlop	82	D. T. Simpson
77	Morris Grieve	83	N. Stewart
78	Alex. B. Hepburn	84	Geo. J. Pringle

RESERVES.

85	W. K. Sharpe	87	John Gray
86	Jas. Fingland	88	A. M. Browning

VI.—Garscube Harriers.*Colours—CHOCOLATE AND BLACK (BLUE FACINGS).*

91	Wm. Smith	97	J. Hewitt
92	R. M'Donald	98	W. Higgins
93	W. Connell	99	T. Thomson
94	J. Jardine	100	G. Reside
95	A. Dick	101	R. Brown
96	J. Kennedy	102	R. Potts

RESERVES.

103	J. Hume	105	J. Hooks
104	J. Martin		

VII.—Glasgow Y.M.C.A. Harriers.*Colours—WHITE, WITH BLUE FACINGS.*

109	Angus M'Millan	115	Arch. Walker
110	Arch. Graham	116	J. T. Henderson
111	James Byars	117	Stephen Young
112	J. Curren	118	Duncan M'Millan
113	Sam Murphy	119	J. S. Reid
114	J. A. Gracie	120	Geo. Graham

RESERVES.

121	R. Brown	124	R. Allison
122	J. Blair	125	A. M'Millan
123	A. Clark	126	J. M'Guire

VIII.—Glenpark Harriers (Greenock).*Colours—BLACK AND PALE BLUE.*

127	John Allan	133	Alex. M'Killop
128	J. M. Black	134	George M'Killop
129	T. R. Brown	135	Alex. M'Guiggan
130	John Gilchrist	136	Wm. M'Innes
131	Alex. Hardie	137	C. H. Steinke
132	Robert Magura	138	Robert Sinclair

RESERVES.

139	Angus M Lean	142	George Hannah
140	John H. Walls	143	Robert Beaton
141	Thomas Allison	144	John Muir

IX.—Hamilton Harriers.*Colours—WHITE, AND RED FACINGS.*

145 Dan. Cather	151 John Meikle
146 John Cleland	152 John Miller
147 Geo. Gilchrist	153 Peter M'Gregor
148 John Jackson	154 Dan. Perrie
149 G. Marshall	155 Adam Scott
150 Thomas Maxwell	156 Thomas Stewart

RESERVES.

157 Lawson Crichton	160 Wm. Pettigrew
158 Arch. Graham	161 John Smith
159 Robert Perrie	162 James Stewart

*1st Team***X.—Maryhill Harriers.***Colours—WHITE AND ROYAL BLUE.*

163 John M'Kinlay	169 D. Rutherford
164 J. G. Hunter	170 J. R. Robinson
165 T. R. Alexander	171 J. M. Mundell
166 Thomas Campbell	172 John Kirk
167 Richard Nisbet	173 A. Alexander
168 R. F. Dalziel	174 John Hunter

RESERVES.

175 Edward Watt	178 H. Paterson
176 James Kelso	179 James Millar
177 J. H. Haldane	180 A. M'Lay

XI.—Monkland Harriers (Coatbridge).*Colours—BLACK AND WHITE.*

181 Henry Young	187 Alex. Morrow
182 Geo. Culbert	188 James Angus
183 John Hutchieson	189 John Forrest
184 Inglis Murray	190 George Stewart
185 James Greer, jr.	191 James Gardiner
186 W. Coffield	192 Joseph Rankin

RESERVES.

193 Joseph Dobbins	196 John Smith
194 Wm. Webb	197 Robert M'Math
195 Alex. Campbell	

XII.—Motherwell Y.M.C.A. Harriers.*Colours—BLACK, WITH WHITE FACINGS.*

199 D. Chalmers	3	205 J. Rankin	94
200 J. P. Jack	40	206 C. Craig	
201 A. S. Muirden	31	207 D. Pritchard	82
202 J. Williamson	11	208 T. Miller	24
203 J. Munro	41	209 J. Currie	67
204 H. Gavin	93	210 R. Russell	171

*150 pts 2nd Team***RESERVES.**

211 P. Davidson	129	214 E. Moon
212 J. D. M'Vicar		215 W. Brown
213 D. Stevenson		216 J. Dudson

XIII.—Olympic Harriers.*Colours—BLUE AND WHITE.*

217 Angus Barron	223 Robert Crawford
218 Joe Chapman	224 L. M. Quarrie
219 Robert Watt	225 Wm. G. Mackay
220 Hugh M'Phee	226 Robert Willock
221 William Maxwell	227 Wm. Douglas
222 James Kenny	228 John M'Aulay

RESERVES.

229 Thomas Mackay	232 Sam Fulton
230 David Mars	233 James Thom
231 George Thom	234 E. M'Kirdy

XIV.—Paisley Harriers.*Colours—DARK BLUE.*

235 P. Haughey	241 Jas. Gilfillan
236 Wm. Rodger	242 Isaac White
237 M. W. Allison	243 John Laing
238 James Graham	244 J. M' Cahill
239 A. Wright	245 P. H. Ronald
240 W. M'Ewing	246 W. M. Southwell

RESERVES.

247 D. Deveney	250 J. Kennedy
248 John Thomson	251 A. Stewart
249 A. Adamson	252 R. Hicks

XV.—Paisley Junior Harriers.*Colours—WHITE AND BLUE (RED SASH).*

253 Thomas Foy	259 James Adam
254 Matt. Wingate	260 Robert Brewster
255 Alex. Adam	261 Alex. Hunter
256 Arthur Terrell	262 Alex. Maxwell.
257 Robert Fulton	263 Jas. Garvin
258 John Elliot	264 Jas. M'Lean

RESERVES.

265 P. S. Fulton	268 John M'Cormack
266 Thos. Johnston	269 Jas. Agnew
267 Wm. Milton	270 Peter Foy

XVI.—Paisley Y.M.C.A. Harriers.*Colours—WHITE AND BLUE.*

271 Wm. Bowman	277 Wm. Lorimer
272 J. M. Smith	278 W. Paterson
273 D. Thomson	279 W. M'Arthur
274 R. M'Dowall	280 A. Russell
275 G. M'Aulay	281 J. Stevenson
276 E. Morrison	282 J. Pollock

RESERVES.

283 S. M'Lellan	286 M. Cochran
284 J. Muncie	287 T. Logg
285 G. Bowman	288 T. Muncie

XVII.—St. Cuthbert Harriers (Burnbank).*Colours—GREEN AND WHITE.*

289 Morris Hurlay	295 John Hurlay
290 P. Hart	296 P. M'Gurke
291 James Boyle	297 P. Divers
292 R. Morrison	298 M. Stars
293 E. M'Tale	299 J. Boyle
294 J. M'Granachan	300 B. Queen

RESERVES.

301 H. Rice	304 A. Rodden
302 E. Monaghan	305 T. Boyle
303 P. Fostar	

D. M'cafferty 129 Individual

XVIII.—Springburn Harriers.*Colours—DARK BLUE AND WHITE.*

307 Jas. Barrie	313 Geo. M'Innes
308 W. Borthwick	314 John Melville
309 Jas. Brownlie	315 P. P. Newton
310 John Duncan	316 A. J. Petrie
311 R. F. Gilbert	317 Wm. Rodger
312 James Henderson	318 T. Scotland

RESERVES.

319 A. Guthrie	322 R. Marshall
320 John Baxter	323 Gavin Barr
321 T. Perry	

XIX.—Shettleston Harriers.*Colours—BLUE AND WHITE.*

325 C. C. Hillhouse	331 A. Allan
326 S. F. Devlin	332 D. Miller
327 John Barrow	333 G. Allan
328 T. Stewart	334 H. Maguire
329 J. Stewart	335 W. Johnstone
330 J. Oliver	336 Wm. Muir

RESERVES.

337 D. Gray	339 R. Hood
338 A. Stewart	340 A. Rankin

XX.—Wellpark Harriers (Greenock).*Colours—WHITE AND BLACK.*

343 James Miller	349 Neil Grieve
344 James S. Oliver	350 W. H. Currie
345 John Stark	351 A. Graham
346 Wm. Campbell	352 James Rippinsale
347 Wm. Martin	353 James Richmond
348 James Rose	354 J. A. Paterson

RESERVES.

355 R. Douglas	357 Walter M'Lellan
356 D. Brown	358 John Ferguson

XXI.—West of Scotland Harriers.*Colours—BLACK AND PALE BLUE.*

359 D. W. Braidwood	365 C. Hawthorne
360 A. Brown	366 J. D. Menzies
361 J. Clark	367 J. S. Menzies
362 W. Cochrane	368 J. H. M'Kinnon
363 J. P. Crosbie	369 G. N. Reid
364 H. A. Green	370 F. M. Stoddart

RESERVES.

371 G. Anderson	374 R. Murdoch
372 J. D. Jamieson	375 J. L. Rintoul
373 J. L. Johnstone	376 J. Straiton

National Cross-Country Union of Scotland.**WESTERN DISTRICT CHAMPIONSHIP.****BYE LAWS.**

1. Secretaries of Clubs must declare Teams by 3 o'clock on day of race.
2. A bell will be rung ten minutes before start of race.
3. All competitors must turn out on hearing the second bell.
4. Competitors must have their numbers pinned on their chest.
5. No attendant shall accompany any competitor on the scratch or in the race, nor shall a competitor be allowed to receive assistance or refreshments from any one during the progress of the race. The Committee shall have full power to deal with any infringement of this rule.

PRIZES.

Prizes won in to-day's race will be presented after the Tea, to be held in Y.M.C.A. Restaurant, 100 Bothwell Street, Glasgow, immediately after the race.

Tickets to be had from Committee. Price 1/6 each.

TEAMS.

Teams will turn out in the following order, and take up position from the inside of the course :—

- | | |
|-----------------------------|----------------------------------|
| 1. Burnbank Harriers | 11. Wellpark Harriers |
| 2. Glenpark Harriers | 12. Maryhill Harriers |
| 3. Auchmountain Harriers | 13. Springburn Harriers |
| 4. Monkland Harriers | 14. Bellahouston Harriers |
| 5. Clydesdale Harriers | 15. Glasgow Y.M.C.A. Harriers |
| 6. St. Cuthbert Harriers | 16. Garscube Harriers |
| 7. Hamilon Harriers | 17. Dennistoun Harriers |
| 8. Olympic Harriers | 18. West of Scotland Harriers |
| 9. Shettleston Harriers | 19. Motherwell Y.M.C.A. Harriers |
| 10. Paisley Junior Harriers | 20. Paisley Y.M.C.A. Harriers |
| | 21. Paisley Harriers. |

NOTICE.

Competitors must not leave any valuables in their pockets, and the Committee cannot hold themselves responsible for anything being lost.

By favour of the proprietors, hot **OXO** will be served to the Competitors **free** at the conclusion of the contest. Competitors will receive tickets from their Club Secretary.