

**West District Cross Country Championships  
Senior/Junior Men**

**Team Medal Analysis  
First Championship 1893-4 to 2019-20**

26	2019-20	Cambuslang H	12	2015-6	Ronhill Cambuslang H	4	2016-7	Cambuslang H
	2018-9	Cambuslang H		2011-2	Ronhill Cambuslang H		2009-10	Ronhill Cambuslang H
	2017-8	Cambuslang H		2010-1	Ronhill Cambuslang H		1986-7	Cambuslang H
	2014-5	Ronhill Cambuslang H		2007-8	Ronhill Cambuslang H		1975-6	Cambuslang H
	2013-4	Ronhill Cambuslang H		1996-7	Cambuslang H			
	2012-3	Ronhill Cambuslang H		1995-6	Cambuslang H			
	2006-7	Ronhill Cambuslang H		1994-5	Cambuslang H			
	2005-6	Ronhill Cambuslang H		1985-6	Cambuslang H			
	2004-5	Ronhill Cambuslang H		1981-2	Cambuslang H			
	2003-4	Ronhill Cambuslang H		1980-1	Cambuslang H			
	2002-3	Ronhill Cambuslang H		1979-80	Cambuslang H			
	2001-2	Ronhill Cambuslang H		1977-8	Cambuslang H			
	2000-1	Ronhill Cambuslang H						
	1999-2000	Ronhill Cambuslang H						
	1998-9	Ronhill Cambuslang H						
	1997-8	Ronhill Cambuslang H						
	1993-4	Cambuslang H						
	1992-3	Cambuslang H						
	1991-2	Cambuslang H						
	1990-1	Cambuslang H						
	1989-90	Cambuslang H						
	1988-9	Cambuslang H						
	1987-8	Cambuslang H						
	1984-5	Cambuslang H						
	1983-4	Cambuslang H						
	16	2016-7		Shettleston H	19		2019-20	Shettleston H
2015-6		Shettleston H	2018-9	Shettleston H		1926-7	Shettleston H	
2011-2		Shettleston H	2017-8	Shettleston H		1922-3	Shettleston H	
2010-1		Shettleston H	2014-5	Shettleston H				
2009-10		Shettleston H	2013-4	Shettleston H				
2008-9		Shettleston H	2012-3	Shettleston H				
2007-8		Shettleston H	2006-7	Shettleston H				
1996-7		Shettleston H	2005-6	Shettleston H				
1995-6		Shettleston H	2004-5	Shettleston H				
1994-5		Shettleston H	2003-4	Shettleston H				
1977-8		Shettleston H	2002-3	Shettleston H				
1976-7		Shettleston H	2001-2	Shettleston H				
1975-6		Shettleston H	1999-2000	Shettleston H				
1928-9		Shettleston H	1998-9	Shettleston H				
1923-4		Shettleston H	1993-4	Shettleston H				
1919-20		Shettleston H	1991-2	Shettleston H				
			1990-1	Shettleston H				
			1927-8	Shettleston H				
			1921-2	Shettleston H				
6		1981-2	Bellahouston H	8		1987-8	Bellahouston H	5
	1913-4	Bellahouston H	1986-7		Bellahouston H	1980-1	Bellahouston H	
	1911-2	Bellahouston H	1984-5		Bellahouston H	1910-1	Bellahouston H	
	1900-1	Bellahouston H	1982-3		Bellahouston H	1901-2	Bellahouston H	
	1895-6	Bellahouston H	1924-5		Bellahouston H	1899-1900	Bellahouston H	
	1893-4	Bellahouston H	1898-9		Bellahouston H			
		1897-8	Bellahouston H					
		1896-7	Bellahouston H					
4	1926-7	Motherwell YMCA H	3	1910-1	Motherwell YMCA H	2	1925-6	Motherwell YMCA H
	1907-8	Motherwell YMCA H		1905-6	Motherwell YMCA H		1921-2	Motherwell YMCA H
	1906-7	Motherwell YMCA H		1903-4	Motherwell YMCA H			
	1904-5	Motherwell YMCA H						
4	1927-8	Maryhill H				4	1920-1	Maryhill H
	1925-6	Maryhill H					1919-20	Maryhill H
	1921-2	Maryhill H					1913-4	Maryhill H
	1909-10	Maryhill H					1908-9	Maryhill H
3	1922-3	Garscube H	2	1919-20	Garscube H	5	2015-6	Garscube H

1920-1	Garscube H
1903-4	Garscube H

1912-3	Garscube H
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1924-5	Garscube H
1911-2	Garscube H
1909-10	Garscube H
1902-3	Garscube H

2	1980-1	Clydesdale H	4	1911-2	Clydesdale H	11	1997-8	Clydesdale H
	1979-80	Clydesdale H		1906-7	Clydesdale H		1996-7	Clydesdale H
				1904-5	Clydesdale H		1993-4	Clydesdale H
				1902-3	Clydesdale H		1990-1	Clydesdale H
							1989-90	Clydesdale H
							1985-6	Clydesdale H
							1978-9	Clydesdale H
							1976-7	Clydesdale H
							1912-3	Clydesdale H
							1905-6	Clydesdale H
							1903-4	Clydesdale H

2	1901-2	Greenock Glenpark H	4	1988-9	Greenock Glenpark H	4	2014-5	Greenock Glenpark H
	1899-1900	Greenock Glenpark H		1920-1	Greenock Glenpark H		1995-6	Greenock Glenpark H
				1913-4	Greenock Glenpark H		1994-5	Greenock Glenpark H
				1909-10	Greenock Glenpark H		1987-8	Greenock Glenpark H

2	1986-7	Spango Valley AC	1	1983-4	Spango Valley AC	1	1984-5	Spango Valley AC
	1985-6	Spango Valley AC						

2	1898-9	Wishaw H	1	1899-1900	Wishaw H
	1894-5	Wishaw H			

1	1897-8	Springburn H	4	1978-9	Springburn H	1	1982-3	Springburn H
				1976-7	Springburn H			
				1928-9	Springburn H			
				1894-5	Springburn H			

1	1905-6	Hamilton H	1	1908-9	Hamilton H	2	1928-9	Hamilton H
							1907-8	Hamilton H

1	1908-9	Glasgow YMCA H	1	1907-8	Glasgow YMCA H	1	1904-5	Glasgow YMCA H
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1	1902-3	Larkhall H	1	1901-2	Larkhall	1	1900-1	Larkhall H
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1	1978-9	Victoria Park AAC	1	1975-6	Victoria Park AAC
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1	1926-7	Plebeian H	1	1925-6	Plebeian H
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1	1896-7	Elderslie Wallace H
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3	1897-8	Elderslie Wallace H
	1894-5	Elderslie Wallace H
	1893-4	Elderslie Wallace H

1	1924-5	Greenock Wellpark H
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1	1923-4	Greenock Wellpark H
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1	1912-3	Monkland H
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1	1910-1	Paisley Junior H
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3	2016-7	Inverclyde AC	7	2019-20	Inverclyde AC
	2009-10	Inverclyde AC		2018-9	Inverclyde AC
	2000-1	Inverclyde AC		2017-8	Inverclyde AC
				2011-2	Inverclyde AC
				2007-8	Inverclyde AC
				1999-2000	Inverclyde AC
				1998-9	Inverclyde AC

3	2008-9	Kilbarchan AAC	6	2012-3	Kilbarchan AAC
	1992-3	Kilbarchan AAC		2010-1	Kilbarchan AAC
	1989-90	Kilbarchan AAC		2006-7	Kilbarchan AAC
				2005-6	Kilbarchan AAC
				2004-5	Kilbarchan AAC
				1991-2	Kilbarchan AAC

3	1900-1	Whiteinch H	2	1898-9	Whiteinch H
	1895-6	Whiteinch H		1896-7	Whiteinch H
	1893-4	Whiteinch H			

2	1923-4	West of Scotland	1	1906-7	West of Scotland H
	1922-3	West of Scotland			
1	1997-8	Irvine AC	3	2003-4	Irvine AC
				2002-3	Irvine AC
				2001-2	Irvine AC
			2	2013-4	Bellahouston RR
				2008-9	Bellahouston RR
			2	1981-2	East Kilbride AAC
				1977-8	East Kilbride AAC
			1	1988-9	Annan & District AC
			1	1992-3	Ayr Seaforth AAC
			1	1979-80	Clyde Valley AC
			1	1927-8	Beith H
			1	1895-6	Partick H