

## East District Cross Country Championships - Stirling 11/12/2004 Under 13 Girls Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Emily Stewart	Edinburgh Southern H	12:46
2	Megan McLeish	Falkirk Victoria H	12:55
3	Emily Dudgeon	Edinburgh Southern H	13:00
4	Lorna Cameron	Central AC	13:02
5	Fiona Bracegirdle	Fife AC	13:18
6	Becky Dunphy	Carnoustie AAC	13:26
7	Sarah Brown	Edinburgh Southern H	13:33
8	Samantha Blair	City of Edinburgh	13:36
9	Kerry Hall	Edinburgh Southern H	13:47
10	Anna Seago	Edinburgh Southern H	13:49
11	Caroline Brewster	Pitreavie AAC	14:00
12	Rachel Armitage	Aberdeen AAC	14:03
13	Kerry Prise	Aberdeen AAC	14:07
14	Claire Florence	Edinburgh Southern H	14:18
15	Erin Froude	Lasswade AAC	14:21
16	Rebecca Hay	Central AC	14:23
17	Shoni Cavendale	Perth Strathtay	14:28
18	Lucy Duff	Fife AC	14:30
19	Rebecca Young	Dundee Hawkhill	14:47
20	Eddie McCallum	City of Edinburgh	14:52
21	Yolanda Hodgson	Dundee Hawkhill	14:55
22	Katherine Ferrie	Carnoustie AAC	15:05
23	Mairi Gillespie	Central AC	15:14

24	Georgia Quinn	Central AC	15:18
25	Jill Brooks	Falkirk Victoria H	15:22
26	Melissa Hynd	Pitreavie AAC	15:34
27	Julie Duffy	Falkirk Victoria H	15:36
28	Rhona Auckland	Banchory Stone	15:40
29	Claire Tunaley	Central AC	15:44
30	Amber Lockart	City of Edinburgh	15:55
31	Fiona Sinclair	Edinburgh Southern H	16:04
32	Roxanna Robinson	Montrose & Dist	16:09
33	Stacey McLeish	Falkirk Victoria H	16:16
34	Ellie Florence	Edinburgh Southern H	16:18
35	Kate Thomson	Livingston & Dist	16:37
36	Charis Adjelo	Livingston & Dist	16:43
37	Dawn Kerr	Central AC	16:55
38	Claire Fox	Dundee Hawkhill	17:02
39	Eilidh Nolan	Corstorphine AAC	17:15
40	Danielle Hynd	Pitreavie AAC	17:32
41	Robyn Binnington	Fife AC	18:19
42	Cally May	Montrose & Dist	19:59
43	A McKechnie	Fife AC	22:17
44	Mollie Hepburn	Aberdeen AAC	25:01

### Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Edinburgh Southern H (11)	1	Emily Stewart	12:46
	3	Emily Dudgeon	13:00
	7	Sarah Brown	13:33
2nd Central AC (43)	4	Lorna Cameron	13:02
	16	Rebecca Hay	14:23
	23	Mairi Gillespie	15:14
3rd Falkirk Victoria H (54)	2	Megan McLeish	12:55
	25	Jill Brooks	15:22
	27	Julie Duffy	15:36
4th City of Edinburgh (58)	8,20,30		
5th Fife AC (64)	5,18,41		
6th Aberdeen AAC (69)	12,13,44		
7th Pitreavie AAC (77)	11,26,40		
8th Dundee Hawkhill (78)	19,21,38		

## East District Cross Country Championships - Stirling 11/12/2004 Under 13 Boys Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Jonathan Wolf	City of Edinburgh	11:59
2	Roger Poolman	George Heriots	12:00
3	Rory Anderson	Teviotdale Harriers	12:03
4	Edward Dudgeon	City of Edinburgh	12:05
5	Robbie Simpson	Banchory Stone	12:10
6	Craig McDowall	Livingston & Dist	12:17
7	Craig Robinson	Pitreavie AAC	12:27
8	Adam Osbourne	Lasswade AAC	12:28
9	Fraser Scott	Corstorphine AAC	12:30
10	Anthony Young	Pitreavie AAC	12:32
11	Graeme MacGregor	Falkirk Victoria H	12:32
12	Davy Rowan	City of Edinburgh	12:38
13	Grant McEwan	George Heriots	12:43
14	Euan Martin	Falkirk Victoria H	12:46
15	Jamie Stevenson	Falkirk Victoria H	12:48
16	Darren Weir	Falkirk Victoria H	12:49
17	Anthony Gillespie	Central AC	12:57
18	Fraser Mann	City of Edinburgh	13:00
19	David Hutchison	Central AC	13:02
20	Ross Milne	Central AC	13:08
21	Roddy Irvine	Central AC	13:11
22	Alex Fair	Teviotdale Harriers	13:11
23	Christopher Clarke	Central AC	13:13
24	Ian Tourney	Pitreavie AAC	13:26
25	Alastair Price	Corstorphine AAC	13:26
26	Callum Tawse	Aberdeen AAC	13:32
27	Ross Barratt	Lasswade AAC	13:34

28	Stuart McKemmie	City of Edinburgh	13:37
29	Andrew Christie	Corstorphine AAC	13:40
30	Peter Henderson	Pitreavie AAC	13:41
31	Mark Perfect	Lasswade AAC	13:48
32	D Martin	Gala Harriers	13:50
33	Martin McInnes	City of Edinburgh	13:50
34	Zander Lyon	Lasswade AAC	13:53
35	Michael Lindin	Pitreavie AAC	13:57
36	I Ronaldson	Fife AC	14:00
37	M Morgan	Fife AC	14:02
38	Craig Paulin	City of Edinburgh	14:11
39	Zack Jones	Lothian RC	14:14
40	Graeme Anderson	Lasswade AAC	14:17
41	Peter Munnoch	Pitreavie AAC	14:18
42	Matthew Thomson	Livingston & Dist	14:20
43	David Smith	George Heriots	14:20
44	Lewis Stephen	Aberdeen AAC	14:23
45	Liam Gibson	Teviotdale Harriers	14:24
46	Johnathan Dewar	Falkirk Victoria H	14:28
47	Cameron Gourlay	Aberdeen AAC	14:44
48	Finlay Park	Aberdeen AAC	14:52
49	Calum McGaw	Pitreavie AAC	15:01
50	Joshua Yates	George Heriots	15:18
51	Grant MacDonald	Lothian RC	16:04
52	Gregor Faulds	Falkirk Victoria H	16:09

### Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st City of Edinburgh (17)	1	Jonathan Wolf	11:59
	4	Edward Dudgeon	12:05
	12	Davy Rowan	12:38
2nd Falkirk Victoria H (40)	11	Graeme MacGregor	12:32
	14	Euan Martin	12:46
	15	Jamie Stevenson	12:48
3rd Pitreavie AAC (41)	7	Craig Robinson	12:27
	10	Anthony Young	12:32
	24	Ian Tourney	13:26
4th Central AC (56)	17,19,20		
5th George Heriots (58)	2,13,43		
6th Corstorphine AAC (63)	9,25,29		
7th Lasswade AAC (66)	8,27,31		
8th Teviotdale Harriers (70)	3,22,45		
9th Aberdeen AAC (117)	26,44,47		

## East District Cross Country Championships - Stirling 11/12/2004 Under 15 Girls Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Catriona Sinclair	Edinburgh Southern H	16:54
2	Jennifer Kibble	Fife AC	17:17
3	Rebecca Burns	Pitreavie AAC	17:23
4	Christie Noble	Aberdeen AAC	17:27
5	Elizabeth MacLeish	Dundee Hawkhill	17:28
6	Freya Prentice	Aberdeen AAC	17:53
7	Paula Davies	Aberdeen AAC	18:09
8	Laura Hepburn	Aberdeen AAC	18:13
9	Mhairi Inglis	Lothian RC	18:13
10	Alice Loudon	Edinburgh Southern H	18:23
11	Alexandra Benham	Lasswade AAC	18:29
12	Yasmine Tosh	Dundee Hawkhill	18:41
13	Siobhan Prise	Aberdeen AAC	18:45
14	Emma Gordon	Lasswade AAC	18:52
15	Rachel Hunter	Central AC	18:57
16	Suzi McGougan	Falkirk Victoria H	19:08
17	Jenny Tan	Fife AC	19:10
18	N McIntosh	Fife AC	19:11
19	Kelly Brewster	Pitreavie AAC	19:19
20	Lorna Miller	Edinburgh Southern H	19:20
21	Megan McConnell	Falkirk Victoria H	19:28
22	Emma Todd	Fife AC	19:40
23	Anne Krol	Edinburgh Southern H	19:41
24	Sarah Ross	Pitreavie AAC	19:42
25	Mhairi Hunter	City of Edinburgh	20:01
26	Sophia Ruiz-Beltran	Falkirk Victoria H	20:18
27	Jill McGory	Aberdeen AAC	20:28
28	Tanya Marshall	Linlithgow AAC	20:35
29	Shona Thomson	Livingston & Dist	21:03
30	Ruth Stephen	Aberdeen AAC	21:05
31	Aillie Scobie	Fife AC	21:08
32	Levi Young	Pitreavie AAC	21:10
33	Martha Aitken	Carnethy HRC	21:25
34	Ashley Alexander	Lasswade AAC	21:37
35	Stacey Duffy	Dundee Hawkhill	21:43
36	Jennifer Bradshaw	Linlithgow AAC	22:08
37	Laura Thomson	Livingston & Dist	23:25
38	Gemma Milne	Central AC	23:30

### Under 15 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Aberdeen AAC (17)	4	Christie Noble	17:27
	6	Freya Prentice	17:53
	7	Paula Davies	18:09
2nd Edinburgh Southern H (31)	1	Catriona Sinclair	16:54
	10	Alice Loudon	18:23
	20	Lorna Miller	19:20
3rd Fife AC (37)	2	Jennifer Kibble	17:17
	17	Jenny Tan	19:10
	18	N McIntosh	19:11
4th Pitreavie AAC (46)	3,19,24		
5th Dundee Hawkhill (52)	5,12,35		
6th Lasswade AAC (59)	11,14,34		
7th Falkirk Victoria H (63)	16,21,26		

## East District Cross Country Championships - Stirling 11/12/2004 Under 17 Women Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Siobhan Coleman	Pitreavie AAC	15:51
2	Megan Smith	Corstorphine AAC	17:41
3	Roslyn Campbell	Edinburgh Southern H	17:49
4	Carly Hall	Dundee Hawkhill	17:53
5	Rowena Bell-Scott	Central AC	18:13
6	Emma Cloggie	Banchory Stone	18:21
7	Jenny Sheal	Lasswade AAC	18:32
8	Rebecca O'Brien	Corstorphine AAC	18:40
9	Kim Paterson	Pitreavie AAC	18:43
10	Anna Fleming	Aberdeen AAC	19:23
11	Katie McGregor	Edinburgh Southern H	19:51
12	Eleanor Long	Edinburgh Southern H	20:20
13	Kim Gibson	Falkirk Victoria H	22:07

14	C Jarvis	Fife AC	22:37
----	----------	---------	-------

### Under 17 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Edinburgh Southern H (26)	3	Roslyn Campbell	17:49
	11	Katie McGregor	19:51
	12	Eleanor Long	20:20

## East District Cross Country Championships - Stirling 11/12/2004 Under 15 Boys Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Matthew Gillespie	Central AC	14:29
2	Jamie Smith	City of Edinburgh	14:45
3	Douglas Newsom	Pitreavie AAC	14:51
4	Ian Towle	Montrose & Dist	14:55
5	Chris O'Hare	City of Edinburgh	14:58
6	Lewis Paulin	City of Edinburgh	15:03
7	Craig Angus	Dundee Hawkhill	15:19
8	James Joy	Aberdeen AAC	15:23
9	Andrew Evans	Fife AC	15:42
10	Fraser McDonald	Aberdeen AAC	15:46
11	Tom Fleming	Pitreavie AAC	15:48
12	Sean Reilly	Central AC	15:48
13	Ewan Riley	Aberdeen AAC	16:00
14	Stewart Fraser	Teviotdale Harriers	16:14
15	David Kee	Central AC	16:19
16	Ryan Cavers	Teviotdale Harriers	16:24
17	Ryan Ritchie	Fife AC	16:24
18	Adam Mackenzie	City of Edinburgh	16:25
19	Jonathan Campbell	Falkirk Victoria H	16:39
20	Mark Ibbotson	Aberdeen AAC	16:44
21	Robert Inglis	Lothian RC	16:46
22	Martin Brash	Lasswade AAC	16:54
23	Christopher Hardwick	Arbroath & Dist	16:56
24	Niall Waddell	Corstorphine AAC	16:59
25	Jonathan Neville	George Heriots	17:07
26	Alan Love	Falkirk Victoria H	17:08
27	Jamie Thomson	Aberdeen AAC	17:08
28	Frankie Scott	Fife AC	17:08

29	Aidan Drysdale	Falkirk Victoria H	17:12
30	Jordon Thomson	Lasswade AAC	17:14
31	S Ronaldson	Fife AC	17:24
32	Joseph Libby	Perth Strathtay	17:27
33	Colin MacDonald	Lothian RC	17:35
34	Samuel Kelway	Dundee Hawkhill	17:48
35	Thomas Joy	Aberdeen AAC	18:06
36	Andrew Simpson	Montrose & Dist	18:08
37	Magnus Olafsson	Pitreavie AAC	18:11
38	Ross Corbett	Teviotdale Harriers	18:17
39	Adam Michie	Pitreavie AAC	18:51
40	Graham Dickson	George Heriots	18:54
41	Lewis Just	George Heriots	18:54
42	James Mildred	George Heriots	19:47
43	Scott Anderson	Lasswade AAC	19:56
44	Neil Gray	Fife AC	20:01
45	Craig Knowles	Corstorphine AAC	20:07
46	Thomas Downs	Falkirk Victoria H	20:29
47	Alistair Grant	George Heriots	21:21
48	Christopher Simpson	Montrose & Dist	21:55
49	Ehmer Aziz	George Heriots	22:20
50	Benjamin Mildred	George Heriots	22:28
51	Ross Sheppard	Falkirk Victoria H	22:33
52	Mark Shand	George Heriots	22:51

### Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st City of Edinburgh (13)	2	Jamie Smith	14:45
	5	Chris O'Hare	14:58
	6	Lewis Paulin	15:03
2nd Central AC (28)	1	Matthew Gillespie	14:29
	12	Sean Reilly	15:48
	15	David Kee	16:19
3rd Aberdeen AAC (31)	8	James Joy	15:23
	10	Fraser McDonald	15:46
	13	Ewan Riley	16:00
4th Pitreavie AAC (51)	3,11,37		
5th Fife AC (54)	9,17,28		
6th Teviotdale Harriers (68)	14,16,38		
7th Falkirk Victoria H (74)	19,26,29		
8th Montrose & Dist (88)	4,36,48		
9th Lasswade AAC (95)	22,30,43		
10th George Heriots (106)	25,40,41		

## East District Cross Country Championships - Stirling 11/12/2004 Senior Women Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Morag MacLarty (U20)	Central AC	19:28
2	Lyn Wilson	Carnethy HRC	19:30
3	Susan Ridley (F35)	Edinburgh Southern H	20:01
4	Toni McIntosh	Central AC	20:20
5	Hazel Dean (F40)	Central AC	20:23
6	Jill Tait/Mykura	Carnethy HRC	20:26
7	Sarah Blake (U20)	Penicuik Harriers	20:30
8	Fiona Lothian (F35)	Fife AC	20:37
9	Jennifer MacLean	City of Edinburgh	20:39
10	Sonia Armitage (F40)	Aberdeen AAC	20:50
11	Ruth Chamberlain	City of Edinburgh	20:55
12	Fiona Matheson (F40)	Falkirk Victoria H	20:59
13	Sarah Legge	EZ Carnegie	21:01
14	Anneliese Heard	Central (Ind)	21:04
15	Janet Laing (F35)	City of Edinburgh	21:11
16	Kate Jenkins	Carnethy HRC	21:14
17	Avril Gardner	Livingston & Dist	21:20
18	Heather Brookes (U20)	Dundee Hawkhill	21:21
19	Andrea Cameron (F35)	Perth Road Runners	21:29
20	Catherine Ferry	City of Edinburgh	21:32
21	Ainsley Normand	Central AC	21:34
22	Rosalyn Alexander	EZ Carnegie	21:38
23	Nicola Murray	Lasswade AAC	21:41
24	Claire Waterhouse	Central AC	21:43
25	Lynsey Murray (U20)	Dundee Hawkhill	21:49
26	Fabienne Thompson (F35)	EZ Carnegie	21:54
27	Lisa Finlay (F35)	Dundee Road R	22:04
28	Jane Mccrorie	Central AC	22:08
29	Claire Gordon	Hunters Bog T	22:22
30	Mhairi Walker	Livingston & Dist	22:24
31	Alison Whyte (F35)	Pitreavie AAC	22:25
32	Rachel Fagan	Gala Harriers	22:28
33	Erni Hamilton (F40)	Perth Road Runners	22:34
34	Jennifer Barker	Edinburgh Uni	22:37
35	Emily Finnie (U20)	Edinburgh Southern H	22:37
36	Tracey Stamp	EZ Carnegie	22:44
37	Jane Waterhouse (F50)	Central AC	22:45
38	Fiona Thompson (U20)	Central AC	22:50
39	Sharyn Ramage (F40)	City of Edinburgh	22:56
40	Maggie Keegan	Carnethy HRC	22:57
41	Fiona Dagleish	Gala Harriers	22:59
42	Isobel Knox	Hunters Bog T	22:59
43	Phyllis Mitchell (F45)	Corstorphine AAC	23:08
44	Saran Jones (F40)	Lothian RC	23:14
45	Lorna Rice (F35)	Lasswade AAC	23:29
46	Caroline Lawless (F40)	Falkirk Victoria H	23:35
47	Margaret McLaren (F45)	Fife AC	23:37
48	Ingrid Machell (F35)	Metro Aberdeen	23:45
49	Susana Gonzalez-Sanchez	Ferranti AAC	23:49
50	Sarah Cullen	Fife AC	23:50
51	Sue Carter (F40)	Metro Aberdeen	23:53
52	Linda Gentleman (F45)	Falkirk Victoria H	23:55
53	Karen Dobbie (F35)	Edinburgh Southern H	23:59
54	Sue McDowell (F45)	Livingston & Dist	24:01
55	Rosie Stenhouse	Fife AC	24:03
56	Deborah McDonald (F45)	Hunters Bog T	24:09
57	Hilary Spenceley (F45)	Carnethy HRC	24:16
58	Jocelyn Scott (F50)	Fife AC	24:16

59	Ruth Forrest	Edinburgh Uni	24:16
60	Kirsten MacDonald	City of Edinburgh	24:38
61	Sandra Rathjen	Hunters Bog T	24:52
62	Caroline Strain (F35)	Wee County H	25:01
63	Sarah Gillespie	Pitreavie AAC	25:28
64	Kim MacGregor (F45)	Fife AC	25:30
65	Moira Nicol (F40)	Ferranti AAC	25:30
66	S Thomson (F35)	Fife AC	25:38
67	Christine Buckley (F35)	Hunters Bog T	25:56
68	Caroline Toshack	City of Edinburgh	26:02
69	Anne Nimmo (F50)	Carnethy HRC	26:04
70	Lorraine Brown (F40)	Fife AC	26:17
71	Angela Foss	Gala Harriers	26:19
72	Johanna Paananen	Fife AC	26:26
73	Sheila Bauchop (F50)	Perth Road Runners	26:29
74	Deirdre O'Neill	Metro Aberdeen	26:29
75	Gail Murdoch (F35)	EZ Carnegie	26:45
76	Lindsay Stother	Wee County H	26:46
77	Mary Kerr (F35)	Central AC	26:50
78	Mary Ennis (F45)	Musselburgh AC	27:23
79	Hazel Sneddon (F35)	City of Edinburgh	27:45
80	Susan Lennon (F35)	Perth Road Runners	27:48
81	Janice Smith (F45)	Hunters Bog T	27:52
82	Margaret Robertson (F50)	Dundee Road R	27:58
83	Karen Renton (F40)	Gala Harriers	28:19
84	Niamh Troy (F35)	Hunters Bog T	28:39
85	Linda McGinley (F45)	Corstorphine AAC	29:02
86	Amanda Aitken	Wee County H	29:07
87	Davina Downie	Ferranti AAC	29:45
88	Catriona Duncan (F50)	Fife AC	30:00
89	Innes Bracegirdle (F45)	Fife AC	30:02
90	Lorna Sibbett (F35)	Fife AC	30:02
91	Susan Waddell (F40)	Corstorphine AAC	30:24
92	Jane Binnie (F50)	Wee County H	31:59
93	Kirsty Baird	EZ Carnegie	32:56
94	Louise Harris (F40)	Central AC	33:27

### Teams

	<i>Club</i>	<i>Positions</i>			<i>Total</i>
1	Central AC	1	4	5	10
2	Carnethy HRC	2	6	16	24
3	City of Edinburgh	9	11	15	35
4	EZ Carnegie	13	22	26	61
5	Edinburgh Southern H	3	35	53	91
6	Livingston & Dist	17	30	54	101
7	Fife AC	8	47	50	105
8	Falkirk Victoria H	12	46	52	110
9	Perth Road Runners	19	33	73	125
10	Hunters Bog T	29	42	56	127
11	Gala Harriers	32	41	71	144
12	Metro Aberdeen	48	51	74	173
13	Ferranti AAC	49	65	87	201
14	Corstorphine AAC	43	85	91	219
15	Wee County H	62	76	86	224

# East District Cross Country Championships - Stirling 11/12/2004 Under 17 Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Kris Gauson	City of Edinburgh	17:29
2	Michael Gillespie	Central AC	17:33
3	Darren Steel	City of Edinburgh	18:10
4	Craig McInnes	City of Edinburgh	18:38
5	Alex Thoirs	Aberdeen AAC	18:45
6	Mark Haskett	Aberdeen AAC	18:48
7	Steven Rusling	Aberdeen AAC	19:01
8	Calum McKenzie	Corstorphine AAC	19:07
9	Paul Benham	Lasswade AAC	19:26
10	Richard Crighton	Aberdeen AAC	19:28
11	Elliot Simpson	Fife AC	19:36
12	Ross Finlayson	Lasswade AAC	19:42
13	Philip Salter	Fife AC	19:58
14	Stuart Chisholm	Pitreavie AAC	20:07
15	Gary Smith	Falkirk Victoria H	20:17
16	Luke Yates	George Heriots	20:21
17	W. Thomas Salter	Fife AC	20:30
18	Colin McCluskie	Linlithgow AAC	20:41
19	Darren Thomson	Lothian RC	20:51
20	James Taylor	Aberdeen AAC	20:55
21	Hugh Brechin	George Heriots	20:57
22	Scott Aitkin	Dundee Hawkhill	21:17
23	Michael Burns	Pitreavie AAC	21:26
24	Kevin Wilson	George Heriots	21:35
25	Graham Harvey	Central AC	21:52
26	Andrew Brookes	Dundee Hawkhill	22:11
27	Philip Kingscott	Lothian RC	22:15
28	Iain Batho	George Heriots	22:23
29	Dean Crawford	Falkirk Victoria H	23:01
30	Andrew Hay	City of Edinburgh	23:22
31	Nicholas Gunn	George Heriots	23:56

## Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st City of Edinburgh (8)	1	Kris Gauson	17:29
	3	Darren Steel	18:10
	4	Craig McInnes	18:38
2nd Aberdeen AAC (18)	5	Alex Thoirs	18:45
	6	Mark Haskett	18:48
	7	Steven Rusling	19:01
3rd Fife AC (41)	11	Elliot Simpson	19:36
	13	Philip Salter	19:58
	17	W. Thomas Salter	20:30
4th George Heriots (61)	16,21,24		

## East District Cross Country Championships - Stirling 11/12/2004 Senior Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Robert Russell	Central AC	26:33
2	John Newsom (U20)	Pitreavie AAC	26:46
3	Donald Naylor	Hunters Bog T	26:54
4	Andrew Liston	Fife AC	27:10
5	Kris Berry (U20)	Corstorphine AAC	27:29
6	Alasdair Anthony	Central AC	27:42
7	Darren Shinnie (U20)	Aberdeen AAC	27:42
8	David Cavers (M40)	Teviotdale Harriers	28:00
9	Matthew Bell	City of Edinburgh	28:03
10	Graham Bee	Fife AC	28:11
11	David Knight	Perth Road Runners	28:13
12	James McMullen	Edinburgh Uni	28:14
13	Malcolm Beattie	Aberdeen AAC	28:15
14	Euan Jardine	Gala Harriers	28:29
15	Alan Wales (U20)	Aberdeen AAC	28:32
16	John Murray	Lasswade AAC	28:37
17	Ross Houston	Central AC	28:39
18	Barney Philips	Lasswade AAC	28:58
19	Barry McCleery	Pitreavie AAC	29:00
20	Keith Farquhar (M40)	Metro Aberdeen	29:07
21	Martin Ferguson (M40)	City of Edinburgh	29:11
22	Ross Milne	Lothian RC	29:15
23	Nicholas Milovsorov (M40)	Metro Aberdeen	29:22
24	Alasdair H. Stewart (U20)	Falkirk Victoria H	29:22
25	Lars Ottemoller	City of Edinburgh	29:26
26	Adrian Davis (M40)	Fife AC	29:28
27	Michael McQuaid (M40)	Falkirk Victoria H	29:31
28	Patrice Jumelle	Haddington ELP	29:36
29	Mark Johnston	City of Edinburgh	29:37
30	S Wilkinson	City of Edinburgh	29:38
31	Michael Wright (U20)	Central AC	29:39
32	Ian Duguid	Ferranti AAC	29:43
33	Andrew Ronald	Falkirk Victoria H	29:45
34	Adam Ward (M40)	City of Edinburgh	29:47
35	Benjamin Hukins	Aberdeen AAC	29:48
36	Richard Wainford	Aberdeen AAC	29:50
37	Stephen Cottom	Lothian RC	29:51
38	Ian Overton	Fife AC	29:54
39	Hugh D. McKay (M40)	Fife AC	29:54
40	Matthew Strachan (M40)	Dundee Hawkhill	29:54
41	Alex Milne	Central AC	29:54
42	Ian Stewart (M45)	EZ Carnegie	29:57
43	John Lenehan (U20)	Metro Aberdeen	30:00
44	Neil Gunstone	Dundee Hawkhill	30:04
45	Stephen Maniam	City of Edinburgh	30:06
46	James McLay (U20)	George Heriots	30:08
47	Robert Thornhill	Aberdeen AAC	30:14
48	Lewis Millar	Central AC	30:20
49	R Whyte (U20)	City of Edinburgh	30:20
50	Mike Harvey (M40)	EZ Carnegie	30:26
51	Bryan Clark	Corstorphine AAC	30:30
52	Andrew Hunter (M40)	EZ Carnegie	30:33
53	Craig Walker	Central AC	30:34
54	Murray MacLarty (U20)	Central AC	30:38
55	John Stevenson (M40)	Falkirk Victoria H	30:42
56	Tom Scott (M55)	Fife AC	30:48
57	Gavin Hogarth	Stirling Univ AC	30:50
58	Steve Laing (M45)	Central AC	30:54

59	John Borthwick	Gala Harriers	31:02
60	Bryce Aitken (M45)	Fife AC	31:04
61	Neil Young	Fife AC	31:04
62	Billy Minto (M40)	Hunters Bog T	31:08
63	A Swanson	City of Edinburgh	31:10
64	Stephen Mason	Dundee Hawkhill	31:16
65	Duncan McGougan (M40)	Falkirk Victoria H	31:16
66	Steven Wales	City of Edinburgh	31:20
67	John Steel (M40)	City of Edinburgh	31:22
68	Kevin Tulloch (M40)	Metro Aberdeen	31:29
69	Chris O'Brien	Corstorphine AAC	31:31
70	Fergus Johnston	Gala Harriers	31:31
71	John Murdoch (M40)	Fife AC	31:40
72	Allan Wilson	Dundee Hawkhill	31:42
73	Andy Fife	City of Edinburgh	31:45
74	Forbes Reid	Metro Aberdeen	31:47
75	Steven Lawrie	Lothian RC	31:49
76	Scott Pilkington (U20)	Corstorphine AAC	31:49
77	Alistair McColl (U20)	Corstorphine AAC	31:49
78	Sam Andrew	Metro Aberdeen	31:56
79	Paul Walker	Corstorphine AAC	31:58
80	Neil Roberton	Falkirk Victoria H	32:07
81	Ben Mitchell	Lasswade AAC	32:07
82	Robert Hutchison (M40)	Central AC	32:09
83	Graeme Lister (U20)	Pitreavie AAC	32:11
84	Martin Ryan (M50)	Perth Road Runners	32:14
85	Neil Martin (M40)	Fife AC	32:19
86	Robert Stott (M40)	Central AC	32:21
87	Mark Seymour	Edinburgh Uni	32:24
88	Graeme Fletcher (M40)	Corstorphine AAC	32:24
89	Mickey Breen (U20)	Dundee Road R	32:24
90	Derek Phillips (M45)	Perth Road Runners	32:27
91	Martin Crawford	Central AC	32:31
92	Peter Jennings (M45)	Metro Aberdeen	32:34
93	Tony Lunn	Gala Harriers	32:37
94	Tom Ferrington	Corstorphine AAC	32:37
95	Craig Ross (M45)	Dundee Hawkhill	32:37
96	Graeme Stewart	Dundee Road R	32:37
97	William Jarvie (M45)	Portobello RC	32:37
98	Stephen Borland (M45)	Dundee Hawkhill	32:40
99	Kevin Andison (U20)	City of Edinburgh	32:43
100	Martin Caldwell (M50)	Corstorphine AAC	32:43
101	David Eades	Lothian RC	32:43
102	Timothy Norwood	Corstorphine AAC	32:53
103	Alan McIntosh (M40)	Lothian RC	32:55
104	Alan Lawson (M55)	Dundee Road R	32:58
105	Alistair Marshall (U20)	Linlithgow AAC	32:59
106	Keith Charlton (M40)	Aberdeen AAC	32:59
107	Philip Williams	Central AC	33:02
108	John Blair (M40)	City of Edinburgh	33:08
109	William Higgins (M45)	Falkirk Victoria H	33:08
110	Peter Simpson (M45)	EZ Carnegie	33:16
111	Colin Hutt	City of Edinburgh	33:18
112	Mike Connor	Ferranti AAC	33:18
113	Michael Mitchell	Fife AC	33:24
114	Jonathan Ferry	City of Edinburgh	33:26
115	Trevor Ridley (M50)	Ferranti AAC	33:30
116	Alexander Agnew (M50)	Lothian RC	33:32
117	Ron Mill (M45)	Fife AC	33:33

## East District Cross Country Championships - Stirling 11/12/2004 Senior Men Results

118	Fraser Purves	Central AC	33:33	177	Alastair Bagnall (M45)	Fife AC	36:47
119	Martin Quinn (M45)	Wee County H	33:38	178	Gordon McPherson (M50)	Wee County H	36:53
120	John Agnew (M40)	City of Edinburgh	33:40	179	Phil Smithard (M55)	EZ Carnegie	36:58
121	James Baird (M45)	Haddington ELP	33:44	180	Colin Simpson (M45)	Pitreavie AAC	37:00
122	Stephen Cassells (M45)	Aberdeen AAC	33:44	181	Stuart Forrester (M45)	Pitreavie AAC	37:03
123	Robin Murray (M45)	Gala Harriers	33:48	182	Hugh Kerr	Central AC	37:05
124	Christopher Northam (M50)	Livingston & Dist	33:52	183	Darren Kinsella	Metro Aberdeen	37:05
125	John Martin (M45)	Falkirk Victoria H	33:56	184	George Murdoch	EZ Carnegie	37:10
126	Harry Mulholland (M40)	Lothian RC	33:58	185	Bill Knox (M50)	Teviotdale Harriers	37:10
127	David Armitage (M50)	Aberdeen AAC	34:01	186	Fraser Kingscott (U20)	Lothian RC	37:18
128	Stephen Ferguson (M45)	Perth Road Runners	34:01	187	Alistair Laurie (M40)	Gala Harriers	37:22
129	Stuart Kerr (M45)	Dundee Hawkhill	34:03	188	Lewis Lawson (M40)	EZ Carnegie	37:26
130	Grant Wilkie	Corstorphine AAC	34:03	189	Trevor Andrews (M45)	Wee County H	37:26
131	Ronald Nolan	City of Edinburgh	34:06	190	Andreas Wilhelm	Harmeny AC	37:26
132	Mark Roberts	Hunters Bog T	34:09	191	Neil Campbell (M40)	EZ Carnegie	37:26
133	Ian Beattie	Central AC	34:13	192	Keith Weston (M55)	Ferranti AAC	37:26
134	William Spates	Fife AC	34:17	193	Paddy McDonald (M50)	Haddington ELP	37:26
135	Stephen Reid (M40)	Ferranti AAC	34:21	194	Ian Campbell	Hunters Bog T	37:28
136	Lachlan Thomson (U20)	Musselburgh AC	34:21	195	Frederick McCain (M55)	Haddington ELP	37:34
137	David Hunter (M40)	Gala Harriers	34:29	196	Malcolm Gowans	Gala Harriers	37:41
138	Daryl Philip	Lasswade AAC	34:35	197	Mike Thomson (M50)	Wee County H	37:46
139	Sidney Pask (M55)	Wee County H	34:35	198	Ewan Bell-Scott (M50)	Central AC	38:12
140	David Mitchell (M40)	Dundee Hawkhill	34:35	199	David Hay (M45)	Central AC	38:12
141	Kenton Jones (M40)	Lothian RC	34:43	200	Thomas Ross (M55)	Fife AC	38:18
142	Ivor Normand	Hunters Bog T	34:45	201	Neil Muir (M40)	Perth Road Runners	38:18
143	Richard Docherty	Lothian RC	34:45	202	David Edgar (M45)	Portobello RC	38:37
144	Barry Davie	Pitreavie AAC	34:45	203	Laurence Anderson (M45)	Fife AC	38:40
145	Mark Harley (U20)	Fife AC	34:48	204	Robin Thomas (M45)	Hunters Bog T	38:50
146	Struan King	Gala Harriers	34:48	205	James Alexander (M40)	Lothian RC	38:57
147	Robin Livingstone (M45)	Perth Road Runners	34:54	206	Nigel Fowler	Fife AC	39:05
148	Steven Thomson (M40)	Livingston & Dist	35:02	207	Brian Peachey (M50)	Fife AC	39:10
149	Frank McLaren (M50)	Fife AC	35:16	208	Robert Halliday (M45)	Teviotdale Harriers	39:13
150	Bill Smith	Fife AC	35:19	209	Robert Auckland (M40)	Banchory Stone	39:17
151	Ian Poolman	Fife AC	35:21	210	Andrew Griffiths (M50)	City of Edinburgh	39:28
152	Brian Howie (M50)	City of Edinburgh	35:21	211	Martin Clarke (M45)	Gala Harriers	39:34
153	Graham Capper (M45)	Gala Harriers	35:24	212	Michael Cowie (M50)	EZ Carnegie	39:37
154	Douglas Gunstone (M50)	Fife AC	35:24	213	Mel Edwards (M60+)	Aberdeen AAC	39:37
155	Ian Leggett (M60+)	Livingston & Dist	35:33	214	Stephen Pattison (M45)	Musselburgh AC	39:43
156	Walter Fairnie (M40)	Ferranti AAC	35:36	215	Steven Blair (M40)	Corstorphine AAC	39:49
157	Alister Biggar	Teviotdale Harriers	35:40	216	David Francis (M55)	Fife AC	39:52
158	William Day (M55)	Falkirk Victoria H	35:42	217	Stephen Greer (M45)	EZ Carnegie	39:54
159	Hugh Miller	Lothian RC	35:49	218	Alex Bell (M45)	Ferranti AAC	39:56
160	Brian Carr (M50)	Haddington ELP	35:51	219	Richard Moir	Lothian RC	40:22
161	Mel Scobie (M55)	Fife AC	35:58	220	Mark Bryson	Gala Harriers	40:30
162	Andrew Laycock	City of Edinburgh	36:03	221	John McArthur (M60+)	EZ Carnegie	40:39
163	Ross Anderson (M40)	Ferranti AAC	36:07	222	James Taylor (M45)	Fife AC	40:43
164	Christopher Satow (U20)	Edinburgh Uni	36:10	223	David Nugent (M40)	Metro Aberdeen	40:43
165	Stephen McNally (M50)	Central AC	36:10	224	Kenneth Mcleod	Dundee Road R	40:55
166	David Henderson (M40)	Corstorphine AAC	36:17	225	Alan McLeod (M55)	Dundee Road R	40:55
167	Thomas Bowie (M55)	EZ Carnegie	36:19	226	David Wright	Hunters Bog T	41:19
168	Neil Jones	Ferranti AAC	36:19	227	James Drummond (M50)	Central AC	41:26
169	Derek Fraser (M40)	Gala Harriers	36:22	228	David Fulton	Edinburgh Uni	41:31
170	Jonathan Whitehead (M45)	City of Edinburgh	36:22	229	Eric Stevenson (M50)	City of Edinburgh	41:59
171	Thomas Knox (M40)	Gala Harriers	36:24	230	Ian Marshall (M55)	Hunters Bog T	41:59
172	David Darroch (M45)	Gala Harriers	36:24	231	Alan Grierson	Lothian RC	42:16
173	Ian Johnston (M45)	EZ Carnegie	36:29	232	Alastair Robertson (M60+)	Fife AC	42:45
174	Martin Sneddon	City of Edinburgh	36:40	233	Graham Bennison (M55)	Fife AC	43:13
175	John Millar (M50)	Central AC	36:42	234	Sandy MacFarlane (M40)	Perth Road Runners	43:19
176	Alan Gall (M45)	Central AC	36:47	235	Michael Pearson (M60+)	Penicuik Harriers	43:47



## East District Cross Country Championships - Stirling 11/12/2004 Senior Men Results

236	Michael Browne (M55)	Penicuik Harriers	43:52
237	William Rose	Lasswade AAC	44:53
238	Michael Kuzyszyn (M50)	Fife AC	45:07
239	Owen Greene	Fife AC	45:27

### Teams

	<i>Club</i>	<i>Positions</i>						<i>Total</i>
1	Central AC	1	6	17	31	41	48	144
2	City of Edinburgh	9	21	25	29	30	34	148
3	Aberdeen AAC	7	13	15	35	36	47	153
4	Fife AC	4	10	26	38	39	56	173
5	Falkirk Victoria H	24	27	33	55	65	80	284
6	Metro Aberdeen	20	23	43	68	74	78	306
7	Corstorphine AAC	5	51	69	76	77	79	357
8	Dundee Hawkhill	40	44	64	72	95	98	413
9	Lothian RC	22	37	75	101	103	116	454
10	Gala Harriers	14	59	70	93	123	137	496
11	EZ Carnegie	42	50	52	110	167	173	594
12	Pitreavie AAC	2	19	83	144	180	181	609
13	Perth Road Runners	11	84	90	128	147	201	661
14	Ferranti AAC	32	112	115	135	156	163	713
15	Hunters Bog T	3	62	132	142	194	204	737

### Under 20 Teams

	<i>Club</i>	<i>Positions</i>			<i>Total</i>
1	Corstorphine AAC	2	11	12	25

### Veterans Teams

	<i>Club</i>	<i>Positions</i>			<i>Total</i>
1	Metro Aberdeen	2	4	20	26
2	Fife AC	5	8	14	27
3	City of Edinburgh	3	7	19	29
4	EZ Carnegie	10	11	12	33
5	Falkirk Victoria H	6	13	18	37
6	Central AC	15	22	25	62
7	Dundee Hawkhill	9	29	31	69
8	Perth Road Runners	23	27	51	101
9	Lothian RC	33	40	49	122
10	Corstorphine AAC	26	32	71	129
11	Aberdeen AAC	35	45	50	130
12	Ferranti AAC	39	53	65	157
13	Gala Harriers	46	54	62	162
14	Livingston & Dist	47	59	64	170
15	Wee County H	42	55	81	178
16	Teviotdale Harriers	1	85	103	189
17	Haddington ELP	44	67	91	202
18	Hunters Bog T	17	100	120	237