

East District Cross Country Championships - Cupar 6/12/2008 Under 13 Girls Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>				
				22	Kirsty M Reynolds	Dundee Hawkhill	17:40
1	Eilidh Prise	Aberdeen AAC	14:39	23	Iona Tavendale	Perth Strathtay	17:49
2	Kathryn Gillespie	Central AC	15:00	24	Farren Parkins	Central AC	17:54
3	Rosanna Stewart	Dundee Hawkhill	15:21	25	Lauren Arbuckle	Lothian RC	17:56
4	Louise Mercer	Teviotdale Harriers	15:30	26	Hannah Cameron	Edinburgh AC	17:58
5	Eilidh Reid	Pitreavie AAC	15:36	27	Emily Greenan	Central AC	18:09
6	Alexandra Hunter	Edinburgh AC	15:37	28	Kerry Morris	Musselburgh AC	18:11
7	Roisin Bonucchi	Central AC	15:39	29	Helen Ainslie	Falkirk Victoria H	18:15
8	Amy Smith	Lasswade AAC	15:50	30	Roanna Fraser	Central AC	18:18
9	Katey Turner	Pitreavie AAC	15:55	31	Rachel Hunter	Pitreavie AAC	18:32
10	Kerry Sandilands	Gala Harriers	16:10	32	Georgina Loudon	Edinburgh AC	18:35
11	Anna Hyde	Edinburgh AC	16:25	33	Amy McAlpine	Pitreavie AAC	18:39
12	Emily Strathdee	Edinburgh AC	16:27	34	Joanna Prentice	Edinburgh AC	18:55
13	Aneila Mellish	Dundee Hawkhill	16:29	35	Alison Broadhurst	Harmeny AC	18:57
14	Catherine Mercer	Teviotdale Harriers	16:50	36	Claire Prentice	Edinburgh AC	18:59
15	Kelsey Stewart	Banchory Stone	17:04	37	Isla Burns	Central AC	19:00
16	Alison Brown	Gala Harriers	17:12	38	Abbie Watson	Central AC	19:03
17	Katherine Mitchell	Falkirk Victoria H	17:18	39	Alice Horsburgh	Lothian RC	19:17
18	Sophie Collins	Moorfoot Runners	17:19	40	Stephanie Pennycook	Fife AC	19:20
19	Laura Clarke	Central AC	17:25	41	Beth Curtis	Dundee Hawkhill	19:21
20	Fiona Mathieson	Lasswade AAC	17:34	42	Samantha Eadie	Falkirk Victoria H	19:36
21	Keri Greig	Falkirk Victoria H	17:34				

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Central AC (28)	2	Kathryn Gillespie	15:00
	7	Roisin Bonucchi	15:39
	19	Laura Clarke	17:25
2nd Edinburgh AC (29)	6	Alexandra Hunter	15:37
	11	Anna Hyde	16:25
	12	Emily Strathdee	16:27
3rd Dundee Hawkhill (38)	3	Rosanna Stewart	15:21
	13	Aneila Mellish	16:29
	22	Kirsty M Reynolds	17:40
4th Pitreavie AAC (45)	5,9,31		
5th Falkirk Victoria H (67)	17,21,29		

East District Cross Country Championships - Cupar 6/12/2008 Under 13 Boys Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Jake Kerr	Edinburgh AC	13:23
2	Rowan Marr	Gala Harriers	13:44
3	Ben Potrykus	Pitreavie AAC	13:50
4	Robert Bough	Edinburgh AC	14:00
5	Rora Muir	Dunfermline & W Fife	14:10
6	Aidan Thompson	Pitreavie AAC	14:13
7	Gregor Burns	Edinburgh AC	14:15
8	Alec I Young	Aberdeen AAC	14:20
9	Jack Harrison	Edinburgh AC	14:27
10	Logan Rees	Fife AC	14:34
11	Matthew Galloway	Corstorphine AAC	14:39
12	Murray Angus	Dundee Hawkhill	14:48
13	Euan Berry	Fife AC	15:06
14	Jacob Adkin	Moorfoot Runners	15:06
15	Michael Cameron	Edinburgh AC	15:06
16	Jamie Cousin	Lasswade AAC	15:38
17	Michael Gillespie	Perth Strathtay	15:55
18	Nathan Betton	Central AC	15:56
19	Liam Rae	Aberdeen AAC	15:58
20	James Killean	Fife AC	16:06
21	Liam Young	Pitreavie AAC	16:07
22	Ruari Kirkwood	Falkirk Victoria H	16:09
23	Aidan Hilton	Falkirk Victoria H	16:23
24	Robert N Walton	Aberdeen AAC	16:39
25	James Pennycook	Fife AC	16:49
26	Ben Phelps	George Heriots	16:54
27	Philip Wright	Central AC	16:56
28	Cameron Jeffrey	George Heriots	17:13
29	Baillie McRoberts	Falkirk Victoria H	17:20
30	Alistair Cranston	George Heriots	17:24
31	Domenico Angiolini	Central AC	17:28
32	Jacob Hunter	Edinburgh AC	17:34
33	Liam McCabe	Central AC	17:51
34	Andrew Loudon	Edinburgh AC	18:58
35	John Archer	Musselburgh AC	19:16
36	Alexander Wilkie	Corstorphine AAC	19:35
37	Calum Robertson	Edinburgh AC	19:53
38	Daniel Johnston	Corstorphine AAC	21:02

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Edinburgh AC (12)	1	Jake Kerr	13:23
	4	Robert Bough	14:00
	7	Gregor Burns	14:15
2nd Pitreavie AAC (30)	3	Ben Potrykus	13:50
	6	Aidan Thompson	14:13
	21	Liam Young	16:07
3rd Fife AC (43)	10	Logan Rees	14:34
	13	Euan Berry	15:06
	20	James Killean	16:06
4th Aberdeen AAC (51)	8,19,24		
5th Falkirk Victoria H (74)	22,23,29		
6th Central AC (76)	18,27,31		
7th George Heriots (84)	26,28,30		
8th Corstorphine AAC (85)	11,36,38		

East District Cross Country Championships - Cupar 6/12/2008 Under 15 Girls Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Alice Haining	Gala Harriers	19:29
2	Kathryn Pennel	Pitreavie AAC	19:44
3	Halina Rees	Fife AC	20:08
4	Rachael Dunn	Edinburgh AC	20:24
5	Iona Brodie	Dundee Hawkhill	20:41
6	Rachel Adamson	Central AC	20:45
7	Louisa Stewart	Dundee Hawkhill	20:47
8	Kate Murdoch	Aberdeen AAC	21:16
9	Tatiana Spens	Edinburgh AC	21:21
10	Olivia Mackenzie	Edinburgh AC	21:25
11	Lucy Mitchell	Falkirk Victoria H	21:31
12	Hannah Jones	Gala Harriers	21:31
13	Sarah Hamilton	Falkirk Victoria H	21:34
14	Rachel Smith	Banchory Stone	21:37
15	Katie Bain	Aberdeen AAC	21:50
16	Micaela Brown	Pitreavie AAC	21:52
17	Grace Collison-Owen	Fife AC	22:05
18	Caitlin Gray	Edinburgh AC	22:11
19	Olivia Collison-Owen	Fife AC	22:13
20	Emily Jones	Gala Harriers	22:19
21	Georgina Black	Dundee Hawkhill	22:52
22	Blair Wood	Edinburgh AC	22:57
23	Isabelle Bough	Corstorphine AAC	22:59
24	Lucy Morris	Gala Harriers	23:11
25	Julie Cook	Central AC	23:17
26	Lisa Christy	Corstorphine AAC	23:22
27	Amy Manson	Falkirk Victoria H	23:41
28	Madeleine Sweeney-Baird	Lasswade AAC	23:43
29	Shona Buchanan	Central AC	23:47
30	Abbie Buchan	Aberdeen AAC	23:50

31	Amy Hendry	Central AC	23:50
32	Flora Ogilvy	Fife AC	23:59
33	Laura Robertson	Edinburgh AC	24:13
34	Jane Ainslie	Falkirk Victoria H	24:17
35	Charlotte Brown	Gala Harriers	24:17
36	Martha Douglas	Gala Harriers	24:36
37	Rachel Wyse	Lasswade AAC	25:28
38	Molly Tweedle	Central AC	25:28
39	Claire White	Gala Harriers	25:58
40	Cairy McNeil	Central AC	26:30
41	Claire Barr	Falkirk Victoria H	27:09

Under 15 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Edinburgh AC (23)	4	Rachael Dunn	20:24
	9	Tatiana Spens	21:21
	10	Olivia Mackenzie	21:25
2nd Gala Harriers (33)	1	Alice Haining	19:29
	12	Hannah Jones	21:31
	20	Emily Jones	22:19
3rd Dundee Hawkhill (33)	5	Iona Brodie	20:41
	7	Louisa Stewart	20:47
	21	Georgina Black	22:52
4th Fife AC (39)	3,17,19		
5th Falkirk Victoria H (51)	11,13,27		
6th Aberdeen AAC (53)	8,15,30		
7th Central AC (60)	6,25,29		

East District Cross Country Championships - Cupar 6/12/2008 Under 17 Women Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Sarah Kelly	Dundee Hawkhill	19:08
2	Emily Stewart	Dundee Hawkhill	19:19
3	Emily Dudgeon	Edinburgh AC	19:25
4	Ellie Buchan	Aberdeen AAC	20:17
5	Kerry Prise	Aberdeen AAC	20:24
6	Scout Adkin	Moorfoot Runners	20:31
7	Rhona Auckland	Banchory Stone	20:47
8	Rachel Armitage	Aberdeen AAC	21:03
9	Samantha Blair	Edinburgh AC	21:19
10	Catriona Buchanan	Central AC	21:39
11	Rosie Hastings	Central AC	21:47
12	Rachael McIlwraith	Lothian RC	22:08
13	Amanda Campbell	Livingston & Dist	22:39
14	Megan Albon	Banchory Stone	23:24
15	Shoni Tavendale	Perth Strathtay	23:39
16	Lana Turnbull	Lothian RC	23:53

17	Claire Florence	Edinburgh AC	25:03
18	Eilidh Nolan	Corstorphine AAC	28:23

Under 17 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Aberdeen AAC (17)	4	Ellie Buchan	20:17
	5	Kerry Prise	20:24
	8	Rachel Armitage	21:03
2nd Edinburgh AC (29)	3	Emily Dudgeon	19:25
	9	Samantha Blair	21:19
	17	Claire Florence	25:03

East District Cross Country Championships - Cupar 6/12/2008 Under 15 Boys Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Michael Overend	Dundee Hawkhill	17:46
2	Jake Wightman	Edinburgh AC	17:59
3	Jamie Crowe	Dundee Hawkhill	18:21
4	Tom Watson	Central AC	18:40
5	Ben Stevenson	Falkirk Victoria H	18:42
6	Ross Milne	Central AC	18:52
7	Craig Wallace	Aberdeen AAC	18:58
8	Ryan McIntosh	Fife AC	19:01
9	Christopher Galloway	Corstorphine AAC	19:01
10	Sam Wightman	Edinburgh AC	19:16
11	Michael Ferguson	Banchory Stone	19:17
12	Adam Harris	Fife AC	19:25
13	Callum Smith	Corstorphine AAC	19:31
14	Peter Cameron	Edinburgh AC	19:49
15	Shaun Dempsey	Dundee Hawkhill	20:00
16	Josh Noble	Teviotdale Harriers	20:02
17	Ciaran Turton	Edinburgh AC	20:09
18	Alexander Coubrough	Central AC	20:45
19	Sandy Thin	George Heriots	20:56
20	Ewan Paton	Fife AC	21:13
21	Mark Govan	Falkirk Victoria H	21:21
22	Dugald Hepburn	Corstorphine AAC	21:34
23	Ruaridh Miller	Edinburgh AC	21:35
24	Scott McAlpine	Pitreavie AAC	21:36
25	Gordon Milne	Central AC	21:37
26	Sam Fraser	Central AC	21:42
27	Jamie Andrew	Banchory Stone	21:50
28	Fergus McGaw	Carnegie H	21:53
29	Alex Jardine	Perth Strathtay	21:58
30	Roddy Irvine	Central AC	22:05
31	Craig Nolan	Corstorphine AAC	22:29
32	Andrew Forsyth	Perth Strathtay	22:42
33	Patrick Gillespie	Perth Strathtay	23:47
34	Keith Learmonth	Teviotdale Harriers	29:43

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Dundee Hawkhill (19)	1	Michael Overend	17:46
	3	Jamie Crowe	18:21
	15	Shaun Dempsey	20:00
2nd Edinburgh AC (26)	2	Jake Wightman	17:59
	10	Sam Wightman	19:16
	14	Peter Cameron	19:49
3rd Central AC (28)	4	Tom Watson	18:40
	6	Ross Milne	18:52
	18	Alexander Coubrough	20:45
4th Fife AC (40)	8,12,20		
5th Corstorphine AAC (44)	9,13,22		
6th Perth Strathtay (94)	29,32,33		

East District Cross Country Championships - Cupar 6/12/2008 Senior Women Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>				
1	Freya Murray	Edinburgh AC	25:52	54	Fiona Kelsall (F35)	Central AC	33:01
2	Edel Mooney	Lothian RC	26:59	55	Jane Dunlop	Dundee Road R	33:32
3	Lyn Wilson (F35)	Carnethy HRC	27:01	56	Katja Eravisto	Edinburgh AC	33:37
4	Rosie Smith	Hunters Bog T	28:04	57	Stephanie Loach	Central AC	33:42
5	Jennifer MacLean (F35)	Edinburgh AC	28:06	58	Karen Dobbie (F40)	Edinburgh AC	33:50
6	Megan Wright (F35)	Hunters Bog T	28:15	59	Leanne Haining (F40)	Gala Harriers	33:57
7	Fiona Thompson	Central AC	28:18	60	Saran Jones (F45)	Lothian RC	34:13
8	Helen Sharpe	Fife AC	28:21	61	Lorna Dewar (F45)	Falkirk Victoria H	34:46
9	Sarah Inglis (U20)	Lothian RC	28:27	62	Gail Murdoch (F40)	Carnegie H	34:52
10	Sarah Hood	Edinburgh AC	28:27	63	Margaret McLaren (F50)	Fife AC	34:57
11	Susan Ridley (F40)	Edinburgh AC	28:30	64	Hilary Ritchie (F45)	Fife AC	35:04
12	Alison Docherty	Central AC	28:33	65	Nikki Harrison	Fife AC	35:05
13	Niamh Devlin	Edinburgh AC	28:44	66	Johanna Paananen (F35)	Fife AC	35:08
14	Claire Gordon	Hunters Bog T	28:54	67	Alexandra Campbell (U20)	Moorfoot Runners	35:19
15	Emma Waterhouse	Central AC	29:01	68	Hendrickje Windisch	St Andrews Uni	35:19
16	Julia Orr	Dundee Hawkhill	29:10	69	Claire Gilchrist (F40)	Ferranti AAC	35:24
17	Shona McIntosh	Hunters Bog T	29:18	70	Beverley Christy (F45)	Corstorphine AAC	35:26
18	Dianne Lauder	Gala Harriers	29:20	71	Helena Sim (F45)	Carnegie H	35:43
19	Laura Brown	Dundee Hawkhill	29:46	72	Kerry Porter (F35)	Corstorphine AAC	35:51
20	Claire Ward	Hunters Bog T	30:00	73	Paula Davies (U20)	Aberdeen AAC	35:57
21	Hazel Dean (F45)	Central AC	30:12	74	Margaret Spalding	Hunters Bog T	36:02
22	Angela Howe (F35)	Fife AC	30:21	75	Anne Hay (F45)	Dunbar R C	36:09
23	Sonia Armitage (F45)	Aberdeen AAC	30:25	76	Jill Horsburgh (F45)	Lothian RC	36:20
24	Katy Anderson	Gala Harriers	30:29	77	Sandra Rathjen (F35)	Hunters Bog T	36:27
25	Joanne Thom	Edinburgh AC	30:31	78	Liz Killean (F40)	Fife AC	36:29
26	Jacqui Higginbottom (F40)	Carnethy HRC	30:35	79	Lorna Rice (F35)	Lasswade AAC	36:36
27	Janette Stevenson (F50)	Falkirk Victoria H	30:36	80	Christine Bowie (F45)	Anster Haddies	36:44
28	Lianne Logan	Edinburgh AC	30:39	81	Julia Drewer	Ferranti AAC	36:52
29	Fiona Rudkin	Aberdeen AAC	30:52	82	Jocelyn Scott (F50)	Fife AC	36:54
30	Siobhan Prise (U20)	Aberdeen AAC	30:57	83	Eve Ritchie	Corstorphine AAC	37:00
31	Sarah Wiseman	Central AC	31:00	84	Lorna Eades (F40)	Lothian RC	37:07
32	Sarah Legge (F35)	Fife AC	31:02	85	Kate Friend (F40)	Carnethy HRC	37:14
33	Marietta Beal (F35)	Edinburgh AC	31:07	86	Anne Lloyd-Evans (U20)	Fife AC	37:18
34	Jennifer Emsley	Central AC	31:12	87	Innes Bracegirdle (F50)	Fife AC	37:29
35	Rhona Buchan (F40)	Aberdeen AAC	31:21	88	Elizabeth Gilchrist (F60+)	Ferranti AAC	37:55
36	Morgan Windram-Geddes	Fife AC	31:35	89	Fiona Walker (F40)	Fife AC	38:07
37	Fabienne Thompson (F40)	Carnegie H	31:37	90	Margaret Turnbull (F50)	Lothian RC	38:21
38	Jane Hart (F35)	Hunters Bog T	31:42	91	Susana Gonzalez-Sanchez (F35)	Ferranti AAC	38:25
39	Vicky Frew	Edinburgh AC	31:45	92	Anita Laidlaw	Fife AC	38:44
40	Fionn Nairn (F45)	Hunters Bog T	31:51	93	Morna Fleming (F50)	Carnegie H	39:57
41	Catharine Sinclair (F40)	Fife AC	31:58	94	Gardner Moore	St Andrews Uni	40:03
42	Megan Crawford (U20)	St Andrews Uni	32:03	95	Charlotte Kirby (F40)	Fife AC	40:11
43	Jane Waterhouse (F50)	Central AC	32:07	96	Lorna Broadhurst (F45)	Harmeny AC	40:33
44	Alayne Finlay	Central AC	32:20	97	Elaine Thomson	Falkirk Victoria H	40:33
45	Lauren Stoddart (U20)	Edinburgh AC	32:23	98	Christine Eadie (F40)	Falkirk Victoria H	40:43
46	Eilidh Wardlaw	Hunters Bog T	32:27	99	Susan Walker (F45)	Carnegie H	41:11
47	Lynne Murray (F40)	Lothian RC (Ind)	32:37	100	Gillian McCracken (F40)	Carnegie H	41:17
48	Rose Nicholson	Hunters Bog T	32:39	101	Lesley Halstead (F35)	Carnegie H	42:23
49	Morag Macniven	Edinburgh AC	32:44	102	Tracy Chalmers	Anster Haddies	42:51
50	Megan Smith (U20)	Corstorphine AAC	32:46	103	Julie Humphreys (F45)	Carnegie H	44:07
51	Louise Provan	Fife AC	32:49	104	Debbie Hay (F40)	Anster Haddies	44:20
52	Lorna Sibbett (F40)	Fife AC	32:55	105	Jacqueline Murray (F45)	Anster Haddies	44:39
53	Morag Taggart (F45)	Dundee Road R	32:58				

East District Cross Country Championships - Cupar 6/12/2008 Under 17 Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Andrew Crichton	Edinburgh AC	24:18
2	Fraser Scott	Corstorphine AAC	24:29
3	Ross Matheson	Lasswade AAC	24:41
4	Andrew Butchart	Central AC	24:53
5	Robbie Simpson	Banchory Stone	24:55
6	Scott Green	Central AC	25:20
7	George Poolman	George Heriots	25:57
8	Steven Lyall	Dundee Hawkhill	26:12
9	Andrew Christy	Corstorphine AAC	26:20
10	Reuben Toy	Dundee Hawkhill	26:39
11	Owen Miller	Dunfermline & W Fife	26:55
12	Ben Smith	Edinburgh AC	27:08
13	Edward Dudgeon	Edinburgh AC	27:08
14	Paul Dempsey	Dundee Hawkhill	27:20
15	Adam Guthrie	Dundee Hawkhill	27:23
16	Howell Craske	Dundee Hawkhill	27:33
17	Alastair Robertson	Lothian RC	27:56
18	Adam Jack	Edinburgh AC	28:03
19	Mark S Buchan	Fife AC	28:05
20	Craig McDowall	Livingston & Dist	28:14

21	Nikhil Mair	Edinburgh AC	28:20
22	Andrew Hood	Fife AC	28:29
23	Tom Ryan	Edinburgh AC	29:02
24	Liam Hutson	Fife AC	29:05
25	Stewart Clark	Banchory Stone	29:44
26	Euan Martin	Falkirk Victoria H	29:48
27	Peter Loudon	Edinburgh AC	29:50
28	Marc Robson	Edinburgh AC	29:52
29	Callum Wilson	Edinburgh AC	30:23
30	Douglas Lambie	Perth Strathtay	30:30
31	Ross Christie	George Heriots	30:34
32	Calum McGaw	Carnegie H	30:39
33	Craig Ritchie	Perth Strathtay	30:53
34	Michael Jardine	Perth Strathtay	31:01
35	Craig Robinson	Pitreavie AAC	31:14
36	David MacKinlay	Central AC	31:36
37	Grant McEwan	George Heriots	32:42
38	David Lindsay	Central AC	33:18
39	Sandy MacLarty	Central AC	37:09
40	Fraser Gunn	George Heriots	39:17

Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Edinburgh AC (26)	1	Andrew Crichton	24:18
	12	Ben Smith	27:08
	13	Edward Dudgeon	27:08
2nd Dundee Hawkhill (32)	8	Steven Lyall	26:12
	10	Reuben Toy	26:39
	14	Paul Dempsey	27:20
3rd Central AC (46)	4	Andrew Butchart	24:53
	6	Scott Green	25:20
	36	David MacKinlay	31:36
4th Fife AC (65)	19,22,24		
5th George Heriots (75)	7,31,37		
6th Perth Strathtay (97)	30,33,34		

East District Cross Country Championships - Cupar 6/12/2008 Senior Women Team Results

	<i>Club</i>	<i>Positions</i>			<i>Total</i>
1	Edinburgh AC	1	5	10	16
2	Hunters Bog T	4	6	14	24
3	Central AC	7	12	15	34
4	Fife AC	8	22	32	62
5	Lothian RC	2	9	60	71
6	Aberdeen AAC	23	29	30	82
7	Gala Harriers	18	24	59	101
8	Carnethy HRC	3	26	85	114
9	Carnegie H	37	62	71	170
10	Falkirk Victoria H	27	61	97	185
11	Corstorphine AAC	50	70	72	192
12	St Andrews Uni	42	68	94	204
13	Ferranti AAC	69	81	88	238
14	Anster Haddies	80	102	104	286

East District Cross Country Championships - Cupar 6/12/2008 Senior Men Results

	<i>Name</i>	<i>Club</i>	<i>Time</i>				
				59	Andrew Ronald (M40)	Falkirk Victoria H	40:23
1	Robert Russell	Central AC	34:08	60	Desmond Crowe (M45)	Dundee Hawkhill	40:24
2	Daniel Mulhare	Lasswade AAC	34:47	61	Cameron Strachan (U20)	Aberdeen AAC	40:27
3	Scott Fraser	Edinburgh Uni	34:59	62	Frank Boyne (M40)	Aberdeen AAC	40:29
4	Scott McDonald (U20)	Central AC	35:32	63	Craig Grieve (M35)	Teviotdale Harriers	40:29
5	Neil Renault	Medway & Maidstone	35:36	64	Allan Fotheringham (M40)	Carnegie H	40:36
6	Barney Phillips	Lasswade AAC	35:43	65	Brian Cruickshank (M40)	Fife AC	40:38
7	Richie Nicoll	Dundee Hawkhill	35:50	66	Christopher O'Brien	Corstorphine AAC	40:39
8	Ross Houston	Central AC	35:57	67	Martin Gore	Lasswade AAC	40:46
9	Alasdair Anthony	Central AC	36:03	68	Charles Haskett (M50)	Dundee Hawkhill	40:48
10	Douglas Selman	Corstorphine AAC	36:10	69	Will Hensman	Central AC	40:54
11	Matthew Bell	Edinburgh AC	36:33	70	David Burgess (M35)	Anster Haddies	40:56
12	Lewis Millar	Central AC	36:42	71	Jez Tomlinson (M45)	Fife AC	40:56
13	Sean Reilly (U20)	Central AC	36:52	72	Stephen Moore (M40)	Falkirk Victoria H	40:58
14	Benjamin Hukins	Aberdeen AAC	36:55	73	Andrew Laycock (M40)	Edinburgh AC	41:00
15	Ales Drahokoupil	Edinburgh Uni	37:02	74	Raymond Jaffray (M40)	Teviotdale Harriers	41:04
16	Yujiro Iida	Edinburgh Uni	37:04	75	Paul Houston	Harmeny AC	41:06
17	Keith Hood (M35)	Corstorphine AAC	37:06	76	Tom Scott (M55)	Fife AC	41:09
18	Neil Thin (M45)	Edinburgh AC	37:10	77	Grant Wilkie (M40)	Corstorphine AAC	41:14
19	Ross Milne	Lothian RC	37:16	78	Kirk Smith (M40)	Lasswade AAC	41:17
20	Tom Ferrington	Corstorphine AAC	37:23	79	Stephen Booth	Edinburgh AC	41:33
21	Ray Ward	Hunters Bog T	37:38	80	Rory Leslie (U20)	Aberdeen AAC	41:34
22	Neil Young (M35)	Fife AC	37:45	81	Ian Rowland (M45)	Dunbar R C	41:35
23	Craig A McBurney (M40)	Hunters Bog T	37:47	82	David Duguid (M40)	Aberdeen AAC	41:47
24	Graeme Murdoch	Gala Harriers	37:47	83	Craig Ross (M50)	Fife AC	41:50
25	Duncan Coombs	Edinburgh Uni	37:47	84	Bill Fairmaner (M40)	Fife AC	41:55
26	Mark Haskett (U20)	Aberdeen AAC	37:47	85	Stuart Hay (M45)	Dunbar R C	42:05
27	Thomas Lawrence (M35)	Carnegie H	37:47	86	John Kay (M45)	Fife AC	42:11
28	Alistair Hart (M35)	Hunters Bog T	37:47	87	Ged Keane (M40)	Dundee Hawkhill	42:20
29	Scott Pilkington	Corstorphine AAC	37:47	88	Roger Van Gompel (M35)	Dundee Hawkhill	42:25
30	Ross Fulton (U20)	Aberdeen AAC	37:47	89	Peter Humphreys (M40)	Carnegie H	42:26
31	Roger Alsop (M40)	Edinburgh AC	37:47	90	Terry Mitchell (M45)	Fife AC	42:27
32	Robert Wiseman	Central AC	37:56	91	Barry Davie	Pitreavie AAC	42:30
33	Bryan Clark	Corstorphine AAC	38:01	92	Martin Laing (M50)	Fife AC	42:32
34	Ian Stewart (M50)	Carnegie H	38:04	93	Mike Harvey (M45)	Carnegie H	42:34
35	Paul McCloskey	Pitreavie AAC	38:11	94	Russell Hall (U20)	St Andrews Uni	42:34
36	Michael Wright	Central AC	38:23	95	George Gilhooley (M45)	Dunbar R C	42:38
37	Darrell Hastie (U20)	Teviotdale Harriers	38:27	96	Calum McKenzie (U20)	Corstorphine AAC	42:38
38	Grant Stewart	Edinburgh AC	38:28	97	Bryce Aitken (M45)	Fife AC	42:38
39	Graham Beal (M35)	Edinburgh AC	38:29	98	Matthew MacPherson	Fife AC	42:47
40	Euan Jardine	Gala Harriers	38:33	99	Antony Robinson	Dundee Hawkhill	42:59
41	David Cavers (M45)	Teviotdale Harriers	38:34	100	Steve Laing (M50)	Central AC	42:59
42	Alasdair Stewart	Falkirk Victoria H	38:37	101	Richard Meade	Edinburgh AC	43:06
43	Lars Ottemoller (M35)	Edinburgh AC	38:40	102	Robert Turner (M35)	Harmeny AC	43:07
44	Robert Inglis (U20)	Lothian RC	38:57	103	Alistair Macdonald (M45)	Dundee Hawkhill	43:14
45	Niall Sheehan	Lasswade AAC	38:57	104	Craig Love (M35)	Dundee Hawkhill	43:16
46	Christopher Russell (M35)	Fife AC	38:59	105	Ross Finlayson	Lasswade AAC	43:22
47	Alexander Davidson	Falkirk Victoria H	39:21	106	Steven King (M35)	Carnegie H	43:25
48	David Wright	Hunters Bog T	39:31	107	Frank Popham (M35)	Fife AC	43:28
49	Lewis Lawson (M45)	Carnegie H	39:32	108	Scott Nelson (M40)	Lothian RC	43:30
50	Matthew White (U20)	Dundee Hawkhill	39:41	109	Richard Connor	Lasswade AAC	43:30
51	Ben Mitchell (M35)	Lasswade AAC	39:50	110	David Murray (M50)	Falkirk Victoria H	43:33
52	Kris Berry	Corstorphine AAC	39:52	111	Jon Rathjen (M35)	Hunters Bog T	43:38
53	David Knight (M35)	Perth Road Runners	39:54	112	Graham Kirby (M40)	Fife AC	43:47
54	Steven Wales (M35)	Edinburgh AC	40:01	113	Jacob Howe (M35)	Fife AC	43:49
55	Myles Bax	St Andrews Uni	40:12	114	Liam McCabe (M45)	Central AC	43:52
56	Adam Priestley	Edinburgh AC	40:16	115	Marek Jurasinski	Edinburgh AC	43:53
57	M Fraser	Edinburgh AC	40:17	116	Roger Clark (M35)	Carnegie H	43:57
58	David Eiser	Central AC	40:21	117	John Christy (M45)	Corstorphine AAC	44:01

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118	Peter Simpson (M45)	Carnegie H	44:10	176	David Armstrong (M50)	George Heriots	48:54
119	Stephen Ferguson (M50)	Perth Road Runners	44:18	177	Andrew Le Good (M50)	Pitreavie AAC	48:59
120	Neil Maclachlan	Pitreavie AAC	44:23	178	Daryl Beggs	Fife AC	49:08
121	Benjamin Shaps (U20)	St Andrews Uni	44:30	179	Alistair Wright (M50)	Gala Harriers	49:10
122	Chris Martin (U20)	St Andrews Uni	44:32	180	John Denholm (M55)	Falkirk Victoria H	49:13
123	Ian Johnston (M50)	Carnegie H	44:38	181	Andrew Milne (M40)	Fife AC	49:13
124	Craig Hunter (M50)	Hunters Bog T	44:41	182	Peter Buchanan (M45)	Ochil Hill Runners	49:20
125	Stephen Borland (M50)	Dundee Hawkhill	44:50	183	Thomas White (M50)	Harmeny AC	49:30
126	Stuart Hunter (M40)	Cosmic Hillbashers	44:53	184	William Gallacher (M55)	Edinburgh AC	49:30
127	Scott Innes (M35)	Edinburgh AC	44:58	185	Alan McLeod (M60+)	Fife AC	49:33
128	Fraser Purves (M35)	Central AC	45:01	186	Douglas Gunstone (M55)	Fife AC	49:38
129	Michael Anderson (M35)	Corstorphine AAC	45:01	187	Eddie Sanders (M55)	Fife AC	49:44
130	Martin Caldwell (M55)	Corstorphine AAC	45:07	188	Keith Weston (M60+)	Ferranti AAC	49:57
131	Andrew Brierley (M40)	Fife AC	45:13	189	Simon Grieshaber (M40)	Perth Road Runners	50:06
132	Daniel Beckett	Hunters Bog T	45:21	190	Magnus Inglis	Gala Harriers	50:29
133	Christopher McHardy	Central AC	45:24	191	Alasdair Hood (M50)	Fife AC	50:33
134	Colin Beveridge	Pitreavie AAC	45:33	192	David Hay (M55)	Central AC	50:33
135	Archibald Duncan (M60+)	Pitreavie AAC	45:42	193	Andreas Wilhelm (M35)	Individual	50:33
136	David Eades (M40)	Lothian RC	45:43	194	Nairn McWilliams	Edinburgh Uni	50:38
137	Alister Biggar (M35)	Teviotdale Harriers	45:47	195	Stewart Leckie (M45)	Fife AC	50:46
138	Bruce Malcolm (M40)	Corstorphine AAC	45:47	196	Christopher Peggie	Corstorphine AAC	51:18
139	Bill Smith (M35)	Fife AC	45:53	197	Daniel Newman (M40)	Fife AC	51:50
140	Alistair Laurie (M45)	Gala Harriers	45:53	198	Ian Hawkins (M45)	Fife AC	51:57
141	John Murray	Lasswade AAC	46:00	199	Steven Blair (M40)	Corstorphine AAC	51:59
142	Martin Hulme (M55)	Corstorphine AAC	46:00	200	Eric Stevenson (M55)	Edinburgh AC	52:39
143	John Martin (M50)	Falkirk Victoria H	46:05	201	Allan Gibson (M55)	Anster Haddies	53:00
144	Stuart Kerr (M50)	Dundee Hawkhill	46:06	202	Frederick McCain (M60+)	Haddington ELP	53:25
145	Alan Kerr (M50)	Harmeny AC	46:09	203	Campbell Reid (M35)	Carnegie H	53:31
146	Anthony Lunn (M40)	Gala Harriers	46:14	204	Alan Coltman (M40)	Teviotdale Harriers	53:35
147	Stuart Watson (M45)	Central AC	46:16	205	John Millar (M55)	Central AC	54:04
148	Hugh Buchanan (M45)	Central AC	46:16	206	Robin Thomas (M50)	Hunters Bog T	54:06
149	David Sleigh (M40)	Fife AC	46:26	207	Douglas Cameron (U20)	George Heriots	54:50
150	Philip Hendry (M45)	Central AC	46:33	208	William Gault (M60+)	Central AC	54:54
151	Martin Ferguson (M40)	Edinburgh AC	46:33	209	David Norrie (M50)	Perth Road Runners	54:57
152	James MacEwan (M40)	Ochil Hill Runners	46:38	210	Bill Knox (M55)	Teviotdale Harriers	55:31
153	Gavin Orr (M35)	Harmeny AC	46:38	211	Ian Shield (M55)	Anster Haddies	55:41
154	Ron McCraw (M50)	Ochil Hill Runners	46:53	212	James Taylor (M50)	Fife AC	55:59
155	Jan-Bert Van Den Berg (M45)	Corstorphine AAC	46:55	213	Stephen Greer (M50)	Carnegie H	56:06
156	Stephen Mason (M40)	Dundee Hawkhill	46:58	214	Robert Thornton (M50)	Fife AC	56:46
157	Derek Simpson	Pitreavie AAC	46:59	215	Paul Elliot	Lasswade AAC	56:56
158	David Berrill	Lothian RC	46:59	216	Andrew Wright (M60+)	Fife AC	57:14
159	Douglas Robertson (M45)	Fife AC	46:59	217	John Gavin (M55)	Ferranti AAC	57:22
160	Walter Fairnie (M45)	Ferranti AAC	47:17	218	Kenneth Mcleod	Fife AC	57:58
161	Steven Pennycook (M45)	Fife AC	47:23	219	Graham Bennison (M60+)	Fife AC	59:12
162	Paul Thompson (M40)	Harmeny AC	47:28	220	James Drummond (M55)	Central AC	59:51
163	Ross Moreland	Anster Haddies	47:50	221	Robert Stark (M60+)	Fife AC	1:00:31
164	Rupert Nash	Hunters Bog T	47:53	222	James Spalding (M50)	Central AC	1:06:20
165	Kenneth Stewart (M45)	Corstorphine AAC	47:59	223	Mark Kassyk (M50)	Lothian RC	1:07:47
166	Alastair Bagnall (M50)	Fife AC	48:14				
167	Alan McFadden (M45)	Lasswade AAC	48:15				
168	Trevor Ridley (M55)	Ferranti AAC	48:15				
169	Graeme Crane	Pitreavie AAC	48:21				
170	Ian Campbell (M40)	Hunters Bog T	48:21				
171	R Mathieson	Edinburgh AC	48:33				
172	John Fulham (M35)	Carnegie H	48:37				
173	Sam I Graves (M60+)	Fife AC	48:41				
174	Colin MacKintosh (M45)	Anster Haddies	48:48				
175	David Law (M45)	Corstorphine AAC	48:48				

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Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Central AC (47)	1	Robert Russell	34:08
	4	Scott McDonald (U20)	35:32
	8	Ross Houston	35:57
	9	Alasdair Anthony	36:03
	12	Lewis Millar	36:42
	13	Sean Reilly (U20)	36:52
2nd Corstorphine AAC (161)	10	Douglas Selman	36:10
	17	Keith Hood (M35)	37:06
	20	Tom Ferrington	37:23
	29	Scott Pilkington	37:47
	33	Bryan Clark	38:01
	52	Kris Berry	39:52
3rd Edinburgh AC (180)	11	Matthew Bell	36:33
	18	Neil Thin (M45)	37:10
	31	Roger Alsop (M40)	37:47
	38	Grant Stewart	38:28
	39	Graham Beal (M35)	38:29
	43	Lars Ottemoller (M35)	38:40
4th Lasswade AAC (249)	2,6,45,51,67,78		
5th Aberdeen AAC (273)	14,26,30,61,62,80		
6th Hunters Bog T (355)	21,23,28,48,111,124		
7th Carnegie H (356)	27,34,49,64,89,93		
8th Dundee Hawkhill (360)	7,50,60,68,87,88		
9th Fife AC (363)	22,46,65,71,76,83		
10th Falkirk Victoria H (473)	42,47,59,72,110,143		
11th Teviotdale Harriers (556)	37,41,63,74,137,204		
12th Pitreavie AAC (672)	35,91,120,134,135,157		
13th Lothian RC (688)	19,44,108,136,158,223		
14th Gala Harriers (719)	24,40,140,146,179,190		
15th Harmeny AC (820)	75,102,145,153,162,183		

Masters Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Edinburgh AC (18)	2	Neil Thin (M45)	37:10
	7	Roger Alsop (M40)	37:47
	9	Graham Beal (M35)	38:29
2nd Carnegie H (26)	5	Thomas Lawrence (M35)	37:47
	8	Ian Stewart (M50)	38:04
	13	Lewis Lawson (M45)	39:32
3rd Fife AC (37)	3	Neil Young (M35)	37:45
	12	Christopher Russell (M35)	38:59
	22	Brian Cruickshank (M40)	40:38
4th Teviotdale Harriers (58)	10,20,28		
5th Hunters Bog T (64)	4,6,54		
6th Dundee Hawkhill (79)	18,23,38		
7th Corstorphine AAC (90)	1,30,59		
8th Falkirk Victoria H (96)	17,26,53		
9th Dunbar R C (112)	32,36,44		
10th Lasswade AAC (143)	14,31,98		
11th Central AC (170)	46,57,67		
12th Perth Road Runners (193)	15,61,117		
13th Harmeny AC (215)	47,80,88		
14th Anster Haddies (253)	24,103,126		
15th Gala Harriers (264)	76,81,107		
16th Lothian RC (269)	52,72,145		
17th Ochil Hill Runners (286)	87,89,110		
18th Ferranti AAC (308)	93,99,116		

Under 20 Teams

	<i>Pos</i>	<i>Name</i>	<i>Time</i>
1st Aberdeen AAC (15)	3	Mark Haskett (U20)	37:47
	4	Ross Fulton (U20)	37:47
	8	Cameron Strachan (U20)	40:27
2nd St Andrews Uni (35)	10	Russell Hall (U20)	42:34
	12	Benjamin Shaps (U20)	44:30
	13	Chris Martin (U20)	44:32