
SCOTTISH NORTH DISTRICT CHAMPIONSHIPS

Elgin

BRITISH ultra-distance international Simon Pride cruised to a third successive title in the men's race while Forres Harriers topped the medal board with three individual victories and one team success, Fraser Clyne reports.

Pride, gearing up for a serious attempt to improve his marathon PB early in the New Year, was always in control and finished more than 200m clear of four-time winner Alan Reid with 1987 and 1988 champion Ross Arbuckle a further 190m adrift in third.

Pride and Arbuckle also led Keith & District to the team title for the fifth season in a row with Frank Barton (fourth), Mike Turner (ninth), Willie Johnstone (23rd) and Mike Stewart (24th) their other scorers. Barton collected the M40 prize for the fourth time.

Simon McIntyre was an easy winner of the U20 title while Keith McIntyre was equally untroubled in lifting the U17 award.

Twins Ian and Alex O'May finished first and fourth respectively in the U15 race to help

Forres Harriers secure the team title with third placed Kyle Hay completing the winning line-up. There was further success for Forres when Mark Mitchell pocketed the U13 gold while runner-up Ruaridh McLennan led Black Isle to the team prize.

Siobhan Evans won the women's title for the first time, 80m ahead of veteran Anne McLean, who led Inverness Harriers to their fifth successive team victory. Ann Smart (third) and Janet Gregor (fourth) were the other counters.

Jennifer Main, U15 champion 12 months ago, stepped up an age division and collected the U17 gold on this occasion.

Shetland AAC made the long journey to the mainland more than worthwhile by picking up a batch of medals in the younger age group races. Claire Wilson added to her growing list of honours by winning the U15 title a year after striking U13 gold while Emily Carrick, Emma Gray and Kerry Burgess gave the Northern Isles side its first team victory in the U13 championship.

Men

1 S Pride (Keith) 38:31; 2 A Reid (P'head) 39:16; 3 R Arbuckle (Keith) 39:52; 4 F Barton (Keith, M40) 40:38; 5 A Wright (I'ness) 41:09; 6 S Mackenzie (I'ness) 41:23; 7 N MacLeod (I'ness) 41:32; 8 M Flynn (Moray, M40) 41:37; 9 M Turner (Keith) 41:42; 10 G Shearer (Ork) 42:22

M40: 3 D Cowie (Forres) 42:26

M50: R MacLennan (I'ness)

TEAM: 1 Keith & District 64; 2 Inverness Harriers 84; 3 Forres Harriers 89

U20

1 S McIntyre (I'ness) 34:32; 2 A Campbell (Black I) 37:26; 3 T Golabek (Black I) 38:01

U17

1 K McIntyre (Fraser) 22:49; 2 J Stephen (Black I) 23:09; 3 DJ MacAulay (Nairn) 23:13; 4 A Milne (Moray) 24:49; 5 J Mitchell (Forres) 25:33; 6 B Crawford (Fraser) 29:08

U15

1 I O'May (Forres) 18:24; 2 S Rodger (Lochaber) 18:41; 3 K Hay (Forres) 19:15; 4 A OMay (Forres) 19:18; 5 B McLelland (Black I) 19:25; 6 A Sanderson (Moray) 19:30

TEAM: 1 Forres Harriers 8; 2 Black Isle 25; 3 Inverness Harriers 27

U13

1 M Mitchell (Forres) 13:07; 2 R McLennan (Black I) 13:30; 3 J MacLean (Sway) 13:40; 4 R Cooper (I'ness) 14:03; 5 G Sweeney (Moray) 14:23; 6 S Wilson (Black I) 14:41

TEAM: 1 Black Isle 17; 2 Moray RR 24; 3 Inverness Harriers 28

Women

1 S Evans (Forres) 27:20; 2 A MacLean (I'ness, W35) 27:37; 3 A Smart (I'ness, W35) 28:35; 4 J Gregor (I'ness) 29:03; 5 K Boocock (I'ness) 29:32; 6 A Rodgers (Nairn) 29:35; 7 A Forrest (I'ness) 30:25; 8 C McLennan (I'ness, U20) 30:29; 9 J Downie (Nairn, M40) 30:52; 10 S Gunn (I'ness) 31:14

TEAM: 1 Inverness Harriers 9; 2 Inverness Harriers B 20

U17

1 J Main (I'ness) 20:26; 2 F Spence (I'ness) 21:36; 3 J Logie (Moray) 22:20

U15

1 C Wilson (Shet) 13:56; 2 M Spence (I'ness) 14:49; 3 S Gibb (Fraser) 15:24; 4 S Reynolds (Elg) 15:33; 5 G Massie (Fraser) 15:36; 6 F Duthie (Fraser) 17:30

TEAM: Fraserburgh 14

U13

1 E Carrick (Shet) 12:20; 2 E Gray (Shet) 12:36; 3 L Tait (Elg) 12:48; 4 R MacKenzie (I'ness) 13:09; 5 K Burgess (Shet) 13:22; 6 R McIntosh (Elg) 13:40

TEAM: 1 Shetland 8; 2 Elgin AAC 18