

SCOTTISH NORTHERN DISTRICT CHAMPIONSHIPS

Elgin

ROSS ARBUCKLE won his first senior title 16 years ago, but the veteran international showed he is still capable of beating the best the North of Scotland has to offer by chalking up yet another success, *Fraser Clyne reports.*

The 41 year-old veteran international, who won in 1987, 1988 and again last year, dominated the

six-mile race from the start and never looked to be in any danger of losing.

Jane Barker bounced back from two recent league defeats to retain the women's title with a hard-fought victory over Scottish hill-running international Dawn Scott.

Men

1 R Arbuckle (Keith, M40) 35:41; 2 A Reid (P'head) 36:31; 3 B Foreman (Moray, M40) 36:38; 4 F Barton (Keith, M40) 36:43; 5 M Flynn (Moray, M40) 37:03; 6 G Sim (Moray, M50) 37:10; 7 M Stewart (Keith) 37:17; 8 K Greig (Forres, U20) 37:19; 9 J Whittet (Keith) 37:49; 10 B Law (Forres) 37:56

M50: 2 D Cowie (Forres) 38:24; 3 E Paterson (Moray) 38:45

TEAM: 1 Keith & District AC 61; 2 Forres H 72; 3 Moray RR 76

VET TEAM: Moray RR 14

U17

1 M Mitchell (Forres) 21:30; 2 K Cowie (Moray) 21:53; 3 M MacKenzie (S'way) 23:45; 4 S Raeburn (Elg) 23:59; 5 C MacRae (Banff) 24:58; 6 J Murray (S'way) 26:59

TEAM: Stornoway 18

U15

1 J Keenan (S'way) 16:03; 2 I MacDonald (N Uist) 16:26; 3 S Watson (Ross C) 16:53; 4 R Thomson (Banff) 17:09; 5 K Wilson (Moray) 17:39; 6 A MacKenzie (S'way) 17:48

TEAM: 1 Stornoway 17; 2 North Uist 18

U13

1 G Cameron (Forres) 12:53; 2 D Pyott (I'ness) 13:01; 3 G Mitchell (Moray) 13:02; 4 C Cowie (Moray) 13:06; 5 J Davidson (Moray) 13:26; 6 C Smith (S'way) 13:43

TEAM: 1 Moray RR 12; 2 Inverness H 19; 3 Forres H 21

Women

1 J Barker (Moray, W35) 25:10; 2 D Scott (L'aber) 25:23; 3 S Evans (Forres) 26:28; 4 E Reid (I'ness) 26:49; 5 M MacIver (I'ness, W35) 28:16; 6 K Boocock (I'ness, W35) 28:35; 7 N MacDonald (L'aber) 29:02; 8 M Fuller (I'ness, W35) 29:43; 9 S Houston (Moray, W45) 29:48; 10 J Nicol (Forres) 29:51

W45: 2 B Bowie (Moray) 30:23; 3 L Cowie (Moray) 30:36

TEAM: 1 Inverness H 15; 2 Moray RR 22; 3 Forres H 27

U17

1 C MacLeod (S'way) 19:18; 2 K Archibald (Moray) 20:31; 3 S MacKenzie (L'aber) 20:44; 4 S Redford (Banff) 20:53; 5 M MacDougall (N Uist) 22:11

U15

1 E MacKenzie (S'way) 19:28; 2 E Mackay (I'ness) 20:26; 3 E Wilson (Banff) 21:15; 4 E Higgs (Forres) 21:41; 5 R Pirie (Forres) 22:07; 6 S Furlong (I'ness) 22:11

TEAM: 1 Inverness H 15

U13

1 L Sharp (Moray) 13:27; 2 E Duncan (Forres) 13:38; 3 L Johnstone (N Uist) 14:00; 4 C MacArthur (I'ness) 14:09; 5 L MacLeod (I'ness) 14:11; 6 C Whiteford (Ross C) 15:07

TEAM: 1 North Uist 14; 2 Inverness H 23; 3 Stornoway 47