

## AT Mays & Pat Spence Trophies

The A.T. Mays and Pat Spence Memorial Trophy are awarded to the clubs that score the lowest aggregate number of points in the 5 men's and women's races respectively at the National Cross Country Championships. The Pat Spence Trophy was first presented in season 1976-7 and the A.T. Mays Trophy was first presented in season 1988-9.

### AT Mays

2019-20	Giffnock North AC			2021-2	Giffnock North AC	2022-3	Giffnock North AC	2023-4	Giffnock North AC
2014-5	Ronhill Cambuslang H	2015-6	Ronhill Cambuslang H	2016-7	Cambuslang H	2017-8	Aberdeen AAC	2018-9	Cambuslang H
2009-10	Central AC	2010-1	Central AC	2011-2	Ronhill Cambuslang H	2012-3	Ronhill Cambuslang H	2013-4	Ronhill Cambuslang H
2004-5	Ronhill Cambuslang H	2005-6	Ronhill Cambuslang H	2006-7	Kilbarchan AAC	2007-8	Central AC	2008-9	Kilbarchan AAC
1999-2000	Ronhill Cambuslang H	2000-1	Ronhill Cambuslang H	2001-2	Ronhill Cambuslang H	2002-3	Ronhill Cambuslang H	2003-4	Ronhill Cambuslang H
1994-5	Cambuslang H	1995-6	Cambuslang H	1996-7	Cambuslang H	1997-8	Fife AC	1998-9	Ronhill Cambuslang H
1989-90	ESPC	1990-1	Cambuslang H	1991-2	Cambuslang H	1992-3	Cambuslang H	1993-4	Cambuslang H
								1988-9	Cambuslang H

### Pat Spence

2019-20	Edinburgh AC			2021-2	Giffnock North AC	2022-3	Giffnock North AC	2023-4	Giffnock North AC
2014-5	Edinburgh AC	2015-6	Edinburgh AC	2016-7	Central AC	2017-8	Giffnock North AAC	2018-9	Giffnock North AC
2009-10	Giffnock North AAC	2010-1	VP-City of Glasgow AC	2011-2	Edinburgh AC	2012-3	Edinburgh AC	2013-4	Edinburgh AC
2004-5	Kilbarchan AAC	2005-6	Kilbarchan AAC	2006-7	Kilbarchan AAC	2007-8	Giffnock North AAC	2008-9	Edinburgh AC
1999-2000	City of Glasgow AC	2000-1	Giffnock North AAC	2001-2	Pitreavie AAC	2002-3	City of Glasgow AC	2003-4	Edinburgh Southern H
1994-5	City of Glasgow AC	1995-6	City of Glasgow AC	1996-7	City of Glasgow AC	1997-8	City of Glasgow AC	1998-9	Giffnock North AAC
1989-90	IBM Spango Valley AAC	1990-1	IBM Spango Valley AAC	1991-2	City of Glasgow AC	1992-3	City of Glasgow AC	1993-4	Dundee Hawkhill H
1984-5		1985-6		1986-7		1987-8	IBM Spango Valley AAC	1988-9	Ayr Seaforth AAC
1979-80	Victoria Park AAC	1980-1	Victoria Park AAC	1981-2		1982-3		1983-4	