

**Scottish Cross Country Championships Individual Medallists (Junior Men)**

**Livingstone Trophy – First Presented 1987-8**

**Scottish Athletics Federation/Scottish Athletics Limited**

2019-20	Freddie Carcas	Edinburgh AC	23.42	Hamish Hickey	Central AC	23.45	Tom Graham–Marr	Central AC	23.54
2018-9	Freddie Carcas	Edinburgh AC	24.49	Max Milarvie	Edinburgh University H & H	25.08	Hamish Hickey	Central AC	25.13
2017-8	Sol Sweeney	Glasgow University H & H	24.34	Tristan Rees	Glasgow University H & H	24.55	Freddie Carcas	Edinburgh AC	25.00
2016-7	Broc Drury	Aberdeen AAC	25.45	Euan Gillham	Kilbarchan AAC	25.54	Jamie Williamson	Springburn H	25.59
2015-6	Jonathan Glen	Inverclyde AC	27.13	Euan Gillham	Kilbarchan AAC	27.35	Aiden Thompson	Central AC	27.43
2014-5	Jonathan Glen	Inverclyde AC	25.47	Aiden Thompson	Central AC	25.54	Euan Gillham	Kilbarchan AAC	26.13
2013-4	Jake Wightman	Edinburgh AC	26.54	Dale Colley	Central AC	27.15	Ryan Thomson	Ronhill Cambuslang H	27.24
2012-3	Ross Matheson	Laswade AAC	25.49	David Vernon	VP City of Glasgow	25.52	Dale Colley	Falkirk Victoria H	26.53
2011-2	Luke Traynor	Giffnock North AAC	26.18	Ross Matheson	Laswade AAC	26.34	David Vernon	VP City of Glasgow	26.49
2010-1	Ross Matheson	Laswade AAC	26.11	Matthew Gillespie	Shettleston H	26.15	David Vernon	VP City of Glasgow	26.41
2009-10	Callum Hawkins	Kilbarchan AAC	25.34	Matthew Gillespie	Shettleston H	25.37	Scott McDonald	Central AC	26.08
2008-9	Derek Hawkins	Kilbarchan AAC	24.47	Tsegai Tewelde	Shettleston H	24.51	Scott McDonald	Central AC	25.09
2007-8	Connor McNulty	Kilbarchan AAC	25.43	Scott Hawkins	Kilbarchan AAC	25.49	Michael Gillespie	Central AC	25.53
2006-7	Tom Russell	Stroud AC	25.32	Connor McNulty	Kilbarchan AAC	26.55	Michael Gillespie	Central AC	26.17
2005-6	Alastair Hay	Central AC	24.52	Connor McNulty	Kilbarchan AAC	25.21	Tom Russell	Stroud AC	25.43
2004-5	John Newsom	Pitreavie AAC	27.24	Tom Russell	Stroud AC	27.57	Kris Berry	Corstorphine AAC	28.14
2003-4	John Newsom	Pitreavie AAC	23.37	Christopher Berry	Corstorphine AAC	23.51	Alastair Hay	Central AC	24.00
2002-3	Andrew Lemoncello	Fife AC	26.01	Kerr Johnstone	Falkirk Victoria H	26.46	Jasmair Pal	Ronhill Cambuslang H	27.03
2001-2	Andrew Lemoncello	Fife AC	26.53	Scott Campbell	George Heriots Sch	26.56	Derek Watson	Victoria Park AAC	27.49
2000-1	Derek Watson	Victoria Park AAC	27.05	Andrew Lemoncello	Fife AC	27.19	Robert Russell	Central AC	27.43
1999-2000	Gareth Melvin	Ronhill Cambuslang H	29.56	Scott Campbell	George Heriots Sch	30.18	John McLoone	Kirkintilloch O	30.24
1998-9	James Hendry	Springburn H	28.02	Wesley Fraser	Nithsdale AC	28.15	John McLoone	Kirkintilloch O	28.24
1997-8	Graham Reid	Clydesdale H	25.30	Jonathon Stewart	Fife AC	25.51	Jamie Hendry	Springburn H	25.56
1996-7	Jamie Hendry	Springburn H	26.36	Iain Reid	Cambuslang H	27.08	Jamie Reid	Cambuslang H	27.15
1995-6	Alan Milligan	FMC Carnegie H	25.49	Jon Duncan	Edinburgh University H & H	26.35	Chris Smith	Aberdeen AAC	26.37
1994-5	Daniel Leggete	Fife AC	29.08	Alan Buckley	Hunters Bog T	29.18	David Connelly	Shettleston H	29.33
1993-4	Stephen Cook	Inverness H	23.24	Malcolm Bain	Stornaway AC	23.33	John Brooks	Lochaber AC	23.50
1992-3	Philip Mowbray	Edinburgh University H & H	23.41	Christian Nicholson	Edinburgh University H & H	24.08	Christopher Greehalgh	Victoria Park AAC	24.17

**Scottish Cross Country Union (Under 20)**

1991-2	Philip Mowbray	Edinburgh University H & H	23.28	Jeff Pyrah	Edinburgh University H & H	23.57	Gordon Reid	JW Kilmarnock H	24.23
1990-1	Andrew Russell	Glasgow University H & H	27.29	Gordon Reid	JW Kilmarnock H	27.41	Steven Wright	Aberdeen University AC	27.45
1989-90	Malcolm Campbell	Clydebank AC	30.07	Glen Stewart	Clydebank AC	30.21	Michael McCartney	Edinburgh SPC AC	30.51
1988-9	Clark Murphy	Pitreavie AAC	31.23	Ian Tierney	East Kilbride AAC	31.41	Steven Murray	J W Kilmarnock AAC	31.57
1987-8	Clark Murphy	Pitreavie AAC	26.21	Terry Reid	Dundee Hawkhill H	27.05	Mark Wallace	Victoria Park AAC	27.17
1986-7	Alastair Russell	Law & District AC	26.10	Tom Hanlon	Edinburgh Southern H	26.19	David Donnet	Springburn H	26.31
1985-6	Steven Begen	Springburn H	25.53	Robert Carey	Annan & District AC	26.05	Tom Hanlon	Edinburgh Southern H	26.30
1984-5	Robert Quinn	Kilbarchan AAC	24.31	Steven Marshall	Dundee University	24.46	Richard Archer	St Andrews U	25.02

1983-4	Robert Quinn	Kilbarchan AAC	26.52	Alan Puckrin	Kilbarchan AAC	27.00	David McShane	Cambuslang H	27.16
1982-3	John McNeill	Law & District AC	28.13	Alan Wilson	Glasgow University H & H	28.27	Peter Conaghan	Ayrshire AC	28.37
1981-2	Callum Henderson	Tayside AAC	26.18	Gordon Mitchell	Falkirk Victoria H	26.41	Ralph Riach	East Kilbride AAC	27.03
1980-1	Alastair Douglas	Victoria Park AAC	25.00	Colin Hume	Edinburgh Southern H	25.28	Colin McIntyre	Edinburgh University H & H	25.30
1979-80	Graham Williamson	Springburn H	25.45	Peter Fox	Clyde Valley AC	26.01	George Braidwood	Bellahouston H	26.14
1978-9	Brian McSloy	Strathclyde University AC	25.30	Graham Williamson	Springburn H	25.39	Alastair Douglas	Victoria Park AAC	25.53
1977-8	Nat Muir	Shettleston H	24.20	Douglas Hunter	Edinburgh AC	25.21	Andrew Smith	Shettleston H	25.37
1976-7	Nat Muir	Shettleston H	27.59	John Graham	Clyde Valley AC	28.27	John Robson	Edinburgh Southern H	29.08
1975-6	Nat Muir	Shettleston H	22.52	Paul Kenney	Dundee University	23.12	John Graham	Clyde Valley AC	23.37
1974-5	Allister Hutton	Edinburgh Southern H	24.28	Lawrie Reilly	Victoria Park AAC	24.39	Paul Kenney	Dundee University	24.57
1973-4	Lawrie Reilly	Victoria Park AAC	24.19	Allister Hutton	Edinburgh Southern H		William Sheridan	Glasgow University H & H	
1972-3	Jim Brown	Monkland H	24.14	Lawrie Spence	Strathclyde Univ	24.25	Lawrie Reilly	Victoria Park AAC	24.35
1971-2	Jim Brown	Monkland H	25.30	Paul Bannon	Shettleston H	25.59	Ronald MacDonald	Monkland H	26.40
1970-1	Ronald MacDonald	Monkland H	27.18	Jim Brown	Monkland H	27.18	Ian Gilmour	Birmingham University	27.29
1969-70	Colin Falconer	Springburn H	26.12	John Ferguson	Ayr Seaforth AC	26.41	Forbes Irvine	Cambridge U	26.47
1968-9	Norman Morrison	Shettleston H	24.02	Alan Beaney	Springburn H	24.06	Brian Morrison	Irvine AC	24.14
1967-8	John Myatt	Strathclyde University AC	26.27	Edward Knox	Springburn H	26.39	Bill Mullet	Shettleston H	26.57
1966-7	Edward Knox	Springburn H	28.03	Alistair Blamire	Edinburgh University H & H	28.04	John Myatt	Strathclyde University AC	28.33

#### Scottish Cross Country Union (18-21)

1965-6	Ian McCafferty	Motherwell YMCA H	25.34	Edward Knox	Springburn H	26.23	Alistair Blamire	Edinburgh University H & H	26.32
1964-5	Ian McCafferty	Motherwell YMCA H	23.52	Roger Young	Edinburgh University H & H	24.07	Alex Brown	Motherwell YMCA H	24.59

#### National Cross Country Union of Scotland (18-21)

1963-4	Mel Edwards	Aberdeen University	25.00	Ian McCafferty	Motherwell YMCA H	25.13	J Lachlan Stewart	Vale of Leven AC	25.20
1962-3	A Fergus Murray	Edinburgh University H & H	23.55	Michael Ryan	St Modan's AAC	24.26	Alex Brown	Motherwell YMCA H	24.27
1961-2	Alasdair Heron	Edinburgh Southern H	30.25	Jim Douglas	Teviotdale H	30.35	Michael Ryan	St Modan's AAC	30.45
1960-1	James McLatchie	Doon H	30.22	Michael Ryan	St Modan's AAC	30.29	James Alder	Morprth H	31.22
1959-60	John Linaker	Pitreevie AAC	29.43	James Alder	Morprth H	30.34	S Duncan	Aberdeen AAC	31.21
1958-9	William Goodwin	Bellahouston H	33.58	John Linaker	Pitreevie AAC	34.44	David Carter	St Andrews University AC	35.10
1957-8	John Wright	Clydesdale H	34.13	George Govan	Shettleston H	34.40	W McHenry	Greenock Wellpark H	34.42
1956-7	John Wright	Clydesdale H	31.50	D Togwell	Edinburgh Eastern H	32.38	John Rooney	Springburn H	32.52
1955-6	Patrick McParland	Springburn H	31.26	John Wright	Clydesdale H	31.36	George Govan	Shettleston H	32.04
1954-5	John McLaren	Shotts Miners Welfare	33.07	Adrian Jackson	Edinburgh University H & H	33.28	John Russell	Victoria Park AAC	33.35
1953-4	John McLaren	Shotts Miners Welfare	32.42	Adrian Jackson	Edinburgh University H & H	32.46	Andrew Brown	Motherwell YMCA H	33.01
1952-3	Alan Breckenridge	Victoria Park AAC	32.58	James Finlayson	Hamilton H	33.06	Norman Austin	Castle Douglas AAC	33.07
1951-2	David Nelson	Motherwell YMCA H	33.10	Donald Henson	Victoria Park AAC	34.00	Andrew Brown	Motherwell YMCA H	34.03
1950-1	Edward Bannon	Shettleston H	33.06	Gilbert Adamson	West Kilbride ASC	33.42	George Walker	Edinburgh University H & H	34.36
1949-50	Gilbert Adamson	West Kilbride ASC	37.15	Walter Lennie	Vale of Leven	37.59	George Walker	Edinburgh University H & H	