

**Scottish Cross Country Championships Individual Medallists (U17 Men)**

**Goodwin Bowl - First Presented 1981-2**

**Scottish Athletics Federation/Scottish Athletics Limited**

2019-20	Lucas Cairns	Inverness H	21.15	Cameron Fordyce	UA	21.32	Jack Patton	Kilbarchan AAC	21.41
2018-9	Hamish Armit	Giffnock North AAC	21.04	Jack Trainer	Garscube H	21.45	Kane Elliott	Falkirk Victoria H	22.00
2017-8	Cameron Wright	Kilbarchan AAC	21.07	Christian Graham	Lasswade AAC	21.25	Calum Young	Giffnock North AAC	21.28
2016-7	Freddie Carcas	Edinburgh AC	21.25	Ryan Gray	Inverclyde AC	22.24	Cameron Watson	Inverclyde AC	22.26
2015-6	Tristan Rees	Fife AC	22.59	Sol Sweeney	Perth Strathtay H	23.19	James Donald	Dundee Hawkhill H	23.41
2014-5	Connor McLean	Stornoway RC	21.18	Alexander Carcas	Edinburgh AC	21.34	Euan Campbell	Stornoway RC	21.36
2013-4	Jonathan Glen	Inverclyde AC	23.13	Gavin McArdle	Kilbarchan AAC	23.19	Euan Gillham	Kilbarchan AAC	23.32
2012-3	Lewis Boyle	VP City of Glasgow	23.15	Jonathan Glen	Inverclyde AC	23.24	Ryan Thomson	Ronhill Cambuslang H	23.25
2011-2	Neil Gourley	Giffnock North AAC	24.26	Max Aitchison	VP City of Glasgow	24.34	Finlay Rae	Ayr Seaforth AAC	24.34
2010-1	Grant Sheldon	Ronhill Cambuslang H	24.12	Grant Muir	Giffnock North AC	24.28	Neil Gourley	Giffnock North AAC	24.33
2009-10	Ross Matheson	Lasswade AAC	22.32	Jack Hamilton	Ronhill Cambuslang H	23.08	Scott Green	Central AC	23.15
2008-9	Callum Hawkins	Kilbarchan AAC	22.09	Ross Matheson	Lasswade AAC	22.35	David Vernon	Nithsdale AC	22.55
2007-8	Chris O'Hare	Edinburgh AC	20.47	Matthew Graham	Kirkintilloch O	21.02	Fraser Scott	Corstorphine AAC	21.18
2006-7	Scott Hawkins	Kilbarchan AAC	21.17	Matthew Graham	Kirkintilloch O	21.26	Chris O'Hare	City of Edinburgh	21.44
2005-6	Michael Gillespie	Central AC	22.56	Mark Haskett	Aberdeen AAC	23.24	Matthew Turner	Mid Argyll	23.39
2004-5	Connor McNulty	Kilbarchan AAC	22.35	Derek Hawkins	Kilbarchan AAC	23.20	Kyle Cowie	Moray RR	23.23
2003-4	William Duncan	Aberdeen AAC	22.00	Connor McNulty	Kilbarchan AAC	22.11	Darren Shinnie	Aberdeen AAC	22.22
2002-3	William Duncan	Aberdeen AAC	21.46	David Butcher	Greenock Glenpark H	21.56	Darren Shinnie	Aberdeen AAC	22.09
2001-2	Alan Wales	Aberdeen AAC	21.30	Darren Main	Giffnock North AC	21.50	William Docherty	Kilbarchan AAC	21.53
2000-1	Darren Main	Annan & Dist	22.14	Robin Macintosh	City of Edinburgh	22.31	Thomas Grant	Law & Dist	22.34
1999-2000	Derek Watson	Victoria Park AAC	22.24	Andrew Lemoncello	Fife AC	22.30	Mark Doherty	Inverclyde AC	22.33
1998-9	Kerr Johnstone	Falkirk Victoria H	19.49	Andrew Lemoncello	Fife AC	19.55	Kevin McKenna	Inverclyde AC	20.01
1997-8	Andrew Cassells	Fife AC	21.40	Robert Docherty	Greenock Glenpark H	22.06	Martin Graham	Shettleston H	22.10
1996-7	Jonathon Stewart	Fife AC	22.51	Graham Ferguson	Cambuslang H	23.10	Mark Smith	Fife AC	23.20
1995-6	Jamie Hendry	Springburn H	23.45	Mark Smith	Tayside AAC	23.50	David Greig	Kilbarchan AAC	23.54
1994-5	Andrew Sandilands	Stonehouse AC	24.30	Jamie Hendry	Springburn H	24.42	Denis McGinley	Clydesdale H	24.49
1993-4	Brian Robinson	Ayr Seaforth AC	20.26	David Connelly	Shettleston H	20.32	Michael Nolan	Carmlington	20.42
1992-3	Thomas Winters	Edinburgh AC	20.45	Alan Reynolds	Cambuslang H	20.52	Alan Milligan	FMC Carnegie H	20.58

**Scottish Cross Country Union**

1991-2	Craig Clelland	Cambuslang H	21.32	Geof Browitt	Penicuik H	21.36	Alastair Moonie	BT Pitreavie AAC	24.23
1990-1	Mark McBeth	Cambuslang H	21.43	Garry Willis	AC Moir Ayr Seaforth AC	21.56	Edward Toner	JW Kilmarnock H	22.33
1989-90	Mark McBeth	Cambuslang H	25.16	Grant Graham	Victoria Park AAC	25.39	Stuart Cook	Queen Victoria Sch	25.46
1988-9	Malcolm Campbell	Clydebank AC	24.35	Stewart Barnett	Victoria Park AAC	25.01	Alan McBeith	East Kilbride AAC	25.31
1987-8	Malcolm Campbell	Clydebank AC	22.48	Stuart Rankin	Falkirk Victoria H	23.22	Ian Gillespie	Clydebank AC	23.30
1986-7	Terry Reid	Dundee Hawkhill H	20.44	Clark Murphy	Pitreavie AAC	20.54	Daniel McGinley	Clydebank AC	21.07
1985-6	Alastair Russell	Law & District AC	22.21	Sam Wallace	Cambuslang H	22.41	Raymond Roley	Cambuslang H	23.12

1984-5	Alastair Russell	Law & District AC	19.12	Tom Hanlon	Edinburgh Southern H	19.16	Alan Swann	Shettleston H	19.22
1983-4	Steven Begen	Springburn H	22.19	Patrick Morris	Cambuslang H	22.35	Tom Hanlon	Edinburgh Southern H	22.37
1982-3	Robert Quinn	Kilbarchan AAC	22.39	Steven Begen	Springburn H	22.51	Steven Marshall	Clyde Valley AC	23.04
1981-2	David McShane	Cambuslang H	22.14	Richard McKirdy	East Kilbride AAC	22.24	Alan Puckrin	Kilbarchan AAC	22.40
1980-1	Gavin McMillan	Ayrshire AAC	20.03	George Mitchell	Falkirk Victoria H	20.10	Colin Wallace	Kilbarchan AAC	20.13
1979-80	Ross Copestake	Dundee Hawkhill H	22.14	Adrian Callan	Springburn H	22.28	Colin Wallace	Clyde Valley AC	22.35
1978-9	Peter Fox	Clyde Valley AC	18.50	Gary Millar	Clydesdale H	19.12	Christopher Voice	Shettleston H	19.32
1977-8	Alastair Douglas	Victoria Park AAC	21.22	David Bryson	Edinburgh Southern H	21.39	Peter Fox	Clyde Valley AC	21.45
1976-7	Graham Williamson	Springburn H	21.48	Alastair Douglas	Victoria Park AAC	21.53	Colin Keir	Edinburgh AC	22.22
1975-6	Andrew Smith	Shettleston H	18.43	Brain McSloy	Clyde Valley AC	18.51	Terry Young	Central Region AC	18.53
1974-5	Nat Muir	Shettleston H	20.30	Charles Haskett	Dundee Hawkhill H	20.47	Ken McCartney	Law & Dist AC	20.56
1973-4	John Graham	Motherwell YMCA H		Nat Muir	Shettleston H		Alan Gourley	Beith H	
1972-3	Mark Watt	Shettleston H	20.12	John Graham	Motherwell YMCA H	20.20	John Fleming	Springburn H	20.39
1971-2	Jim Lawson	Springburn H	22.09	Jim Thompson	Law & District AC	22.13	I Porteous	Elmwood HS	22.33
1970-1	Lawrie Reilly	Victoria Park AAC	15.53	William Rowan	Ayr Seaforth AC	15.57	Paul Bannon	Shettleston H	16.05
1969-70	Ronald MacDonald	Monkland H	15.51	Jim Brown	Bellshill YMCA H	15.55	Lawrie Spence	Greenock Glenpark H	15.55
1968-9	John Lees	Edinburgh AC	13.32	Ronald MacDonald	Monkland H	13.44	Jim Brown	Bellshill YMCA H	13.45
1967-8	Ian Picken	Springburn H	16.30	R Hailey	Ailsa H	16.32	John Lees	Edinburgh AC	16.43
1966-7	James Cook	Garscube H	17.20	D Ness	Larkhall YMCA	17.28	George Jarvie	Springburn H	17.34
1965-6	Martin McMahon	Shettleston H	16.06	Robert Linaker	Pitreavie AAC	16.09	Gavin Hay	Edinburgh AC	16.16
1964-5	Edward Knox	Springburn H	14.35	John Fairgrieve	Edinburgh AC	15.09	Colin Martin	Dumbarton AAC	15.18

#### National Cross Country Union of Scotland

1963-4	Eddie Knox	Springburn H	14.48	Duncan Middleton	Springburn H	15.02	Richard Wedlock	Shettleston H	15.10
1962-3	Ian McCafferty	Motherwell YMCA H	14.12	Ian Young	Springburn H	14.23	Richard Carroll	Edinburgh AC	14.27
1961-2	Alex Brown	Motherwell YMCA H	15.18	Ian McCafferty	Motherwell YMCA H	15.23	Hugh Barrow	Victoria Park AAC	15.23
1960-1	Jim Finn	Monkland H	15.53	George Brownlee	Edinburgh Southern H	16.03	Hugh Barrow	Victoria Park AAC	16.07
1959-60	Jim Finn	Monkland H	15.11	W Fleming	St Modan's AAC	15.23	Michael Ryan	St Modan's AAC	15.23
1958-9	A Fleming	St Modan's AAC	17.00	J Johnstone	Monklands H	17.03	William Rennie	Shettleston H	17.14
1957-8	N Biggs	South Shields H	16.22	John Linaker	Kirkcaldy YMC	16.39	D Gifford	Garcube H	16.45
1956-7	J Messer	Edinburgh Northern H	16.19	W Thomas	Irvine YMCA H	16.23	E Smith	Victoria Park AAC	16.29
1955-6	William Goodwin	Bellahouston H	15.05	Jackie Hislop	Clydesdale H	15.28	William Thomson	Irvine YMCA H	15.36
1954-5	William Goodwin	Bellahouston H	16.40	John Wright	Clydesdale H	16.54	James Ewing	Victoria Park AAC	16.59
1953-4	Ian Cloudsley	Shettleston H	16.33	W Hunter Watson	Edinburgh University H & H	16.35	J Dodds	Gala H	16.39
1952-3	Patrick McParland	Springburn H	16.06	Ian Tierney	Cambuslang H	16.17	R Campbell	Vale of Leven AAC	16.18
1951-2	John Lyle	Cambuslang H	13.50	D Dunn	Edinburgh Rovers & Scouts AC		R Campbell	Vale of Leven AAC	
1950-1	John Finlayson	Hamilton H	16.39	T Connelly	Gala H	17.01	L Lapsley	West Kilbride ASC	17.13
1949-50	John Finlayson	Hamilton H	17.14	R Quigley	H.M.S. Caledonia	17.25	I Morrison	Edinburgh Scouts	17.33
1948-9	Gilbert Adamson	West Kilbride ASC		John Stevenson	Greenock Wellpark H		B Hailey	Doon H	
1947-8	Harry Fenion	Lochwinnoch AAC	17.12	Gilbert Adamson	West Kilbride ASC	17.26	W Grieve	Kirkcaldy YMCA	17.50
1946-7	Wilfred Young	Victoria Park AAC	16.08	Stuart Lawson	Maryhill H	16.10	AT Bell	Victoria Park AAC	16.33
1938-9	Alan Haddow	West of Scotland H	16.21	G Strachan	Edinburgh Rover Scouts	16.32	W Tod	Kilmarnock H	16.37
1937-8	Robert Reid	Doon H	16.55	Alan Haddow	West of Scotland H	17.27	R Mulgrew	Garscube H	17.35

1936-7	Robert Reid	Doon H	19.09	J Muir	West of Scotland AC	19.23	G Johnstone	West of Scotland AC	19.33
1935-6	George Craig	Shettleston H	14.55	G Keiller	Dundee Hawkhill H	15.10	J Wilson	Greenock Glenpark H	15.23
1934-5	George Craig	Shettleston H	16.26	H McClymont	Ayr	16.39	G Keiller	Dundee Hawkhill H	16.42
1933-4	A Whitecross	Dundee Thistle H	16.16	W Black	Glasgow YMCA	16.22	S Kennedy	Shawfield H	16.23
1932-3	J J McDonald	St Peters AC	17.02	Alastair Falconer	Canon ASC	17.32	A MacGregor	Plebian H	17.35