

Scottish Cross Country Championships Individual Medallists (Senior Women)

Mary Semple Trophy – First Presented 1970-1

Scottish Athletics Federation/Scottish Athletics Limited

2019-20	Mhairi MacLennan	Inverness H	39.44	Annabel Simpson	Fife AC	40.14	Moira Stewart	Cambuslang H	40.46
2018-9	Stephanie Twell	Kilbarchan AAC	38.38	Moira Stewart	Cambuslang H	38.51	Morag Millar	Central AC	39.00
2017-8	Mhairi MacLennan	Edinburgh University H & H	37.49	Stephanie Pennycook	Edinburgh University H & H	38.00	Anna Tait	VP City of Glasgow	38.36
2016-7	Morag MacLarty	Central AC	38.32	Elizabeth Potter	VP City of Glasgow	39.39	Sarah Inglis	Lothian RC	39.50
2015-6	Elizabeth Potter	VP City of Glasgow	29.45	Fionnuala Ross	Shettleston Harriers	30.35	Rosie Smith	Hunter Bog T	30.59
2014-5	Madeleine Murray	Edinburgh AC	28.54	Rosie Smith	Hunter Bog T	28.58	Morag MacLarty	Central AC	29.19
2013-4	Rhona Auckland	Edinburgh University H & H	28.09	Susan Partridge	VP City of Glasgow	28.16	Elizabeth Potter	VP City of Glasgow	28.24
2012-3	Elizabeth Potter	VP City of Glasgow	28.14	Rosie Smith	Hunter Bog T	28.20	Susan Partridge	VP City of Glasgow	28.27
2011-2	Freya Murray	Edinburgh AC	28.50	Rosie Smith	Hunter Bog T	29.30	Abbey McGhee	VP City of Glasgow	30.03
2010-1	Freya Murray	Edinburgh AC	28.38	Elsbeth Curran	Kilbarchan AAC	29.42	Rosie Smith	Hunter Bog T	29.54
2009-10	Freya Murray	Edinburgh AC	27.41	Emma Raven	Central AC	29.25	Rosie Smith	Hunter Bog T	29.27
2008-9	Freya Murray	Edinburgh AC	27.24	Toni McIntosh	Ayr Seaforth AAC	28.52	Lyn Wilson	Carnethy Hill RC	29.01
2007-8	Susan Partridge	City of Glasgow AC	28.01	Catriona Morrison	Edinburgh AC	28.24	Freya Murray	Edinburgh AC	28.33
2006-7	Freya Murray	Edinburgh AC	29.40	Catriona Morrison	U/A	29.55	Angela Mudge	Carnethy Hill RC	30.13
2005-6	Freya Murray	Edinburgh Southern H	28.00	Collette Fagan	City of Glasgow AC	28.13	Lyn Wilson	Carnethy Hill RC	28.47
2004-5	Collette Fagan	City of Glasgow AC	30.41	Lyn Wilson	Carnethy Hill RC	31.40	Gill Keddie	City of Glasgow AC	31.55
2003-4	Elizabeth McColgan	Dundee Hawkhill H	25.56	Catriona Morrison	Stirling Univ AC	26.44	Angela Mudge	Carnethy Hill RC	27.05
2002-3	Susan Partridge	City of Glasgow AC	29.00	Gillian Palmer	Edinburgh University H & H	29.32	Collette Fagan	City of Glasgow AC	29.39
2001-2	Gillian Palmer	Edinburgh University H & H	30.07	Alison Higgins	JW Kilmarnock	30.37	Fiona Lothian	Fife AC	30.54
2000-1	Ellen Leggate	Fife AC	30.30	Lindsay McMahon	JW Kilmarnock	30.33	Sheila Fairweather	Glasgow University H & H	30.45
1999-2000	Hayley Haining	City of Glasgow AC	31.19	Angela Mudge	Carnethy Hill RC	31.57	Anne Buckley	Hunters Bog T	33.07
1998-9	Angela Mudge	Carnethy Hill RC	21.38	Tracey Brindley	Aberdeen AAC	21.58	Fiona Lothian	Fife AC	22.09
1997-8	Fiona Lothian	Fife AC	23.57	Angela Mudge	Carnethy Hill RC	24.01	Catriona Morrison	Glasgow University H & H	24.25
1996-7	Hayley Haining	City of Glasgow AC	23.26	Fiona Lothian	Fife AC	24.00	Anne Buckley	Hunters Bog T	24.06
1995-6	Debra Kilner	Aberdeen AAC	24.54	Susan Ridley	Edinburgh Woolen Mill	25.05	Audrey Sym	City of Glasgow AC	25.05
1994-5	Vikki McPherson	City of Glasgow AC	25.20	Elizabeth Riley	Metro Aberdeen RC	25.37	Susan Ridley	Edinburgh Woolen Mill	26.05
1993-4	Susan Ridley	Edinburgh Woolen Mill	22.49	Nicola Brown	Tynedale	23.11	Marlene Gemmell	Strathkelvin AC	23.29
1992-3	Vikki McPherson	Glasgow University H & H	24.01	Susan Ridley	Edinburgh Woolen Mill	24.21	Alison Rose	Edinburgh Woolen Mill	24.41

Scottish Women's Cross Country Union

1991-2	Vikki McPherson	Glasgow University H & H	19.41	Alison Rose	Edinburgh Woolen Mill	20.15	Susan Ridley	Edinburgh Woolen Mill	20.22
1990-1	Hayley Haining	Glasgow University H & H	24.05	Vicky Vaughan	Pitreavie AAC	24.23	Vikki McPherson	Glasgow University H & H	24.28
1989-90	Anne Ridley	Shaftsbury Barnet AC	22.06	Hayley Haining	Nith Valley AC	22.08	Alison Harker	Edinburgh Woolen Mill	22.13
1988-9	Sandra Branney	Glasgow AC	22.46	Alison Jenkins	Edinburgh Woolen Mill	23.03	Lynn Harding	Houghton H	23.06
1987-8	Sandra Branney	Glasgow AC	23.46	Lynn Harding	Houghton H	23.51	Louise van Dyck	Essex	24.14
1986-7	Karen McLeod	Edinburgh AC	24.11	Christine Haskett (Price)	Dundee Hawkhill H	24.35	Alison Jenkins	Edinburgh Woolen Mill	24.37
1985-6	Jean Lorden	Edinburgh Woolen Mill	22.33	Christine Haskett (Price)	Dundee Hawkhill H	22.42	June Standing	Crawley H	22.46
1984-5	Lynn McDougall	Glasgow AC	24.59	Yvonne Murray	Edinburgh AC	25.21	Christine Haskett (Price)	Dundee Hawkhill H	25.37
1983-4	Elise Lyon	Wycombe Phoenix AC	22.08	Andrea Everett	Glasgow AC	22.17	Kirsty Husband	Edinburgh Southern H	22.18
1982-3	Fiona McQueen	Glasgow AC	21.33	Kathryn Mearns	Aberdeen AAC	21.49	Jean Lorden	Edinburgh Southern H	21.58
1981-2	Christine Haskett (Price)	Bolton United H	20.48	Elizabeth Lynch (McColgan)	Dundee Hawkhill H	21.08	Jean Lorden	Edinburgh University H&H	21.17
1980-1	Alison Wright	Edinburgh Southern H	21.57	Barbara Murray (Harvie)	Aberdeen University	22.22	Christine Haskett (Price)	Bolton United H	22.31
1979-80	Christine McMeeKin	Glasgow AC	25.06	Fiona McQueen	Glasgow AC	25.27	Barbara Murray (Harvie)	Aberdeen Univ	25.35
1978-9	Judith Shepherd	Glasgow AC	21.42	Kerry Robinson	Pitreavie AAC	22.05	Fiona McQueen	Glasgow AC	22.54
1977-8	Judith Shepherd	Glasgow AC	15.09	Margaret Coomber	Cambridge H	15.14	Kerry Robinson	Pitreavie AAC	15.22
1976-7	Christine Haskett (Price)	Stretford AC	20.26	Margaret Coomber	Cambridge H	20.43	Ruby Young	Shettleston H	21.16
1975-6	Christine Haskett (Price)	Stretford AC	21.03	Moirra O'Boyle	Victoria Park AAC	22.06	Margaret Coomber	Cambridge H	22.36
1974-5	Christine Haskett (Price)	Stretford AC	22.12	Anne Barass	Aldershot F&D	22.37	Margaret Coomber	Cambridge H	22.43
1973-4	Moirra O'Boyle	Victoria Park AAC	22.04	Christine Haskett (Price)	Stretford AC	22.26	Anne Barass	Aldershot F&D	22.48
1972-3	Christine Haskett (Price)	Stretford AC	22.53	Margaret Coomber	Cambridge H	23.24	Anne Barass	Aldershot F&D	23.34
1971-2	Margaret Coomber (McSherry)	Cambridge H	19.54	Christine Haskett (Price)	Dundee Hawkhill H	20.06	Anne Barass	Aldershot F&D	20.54
1970-1	Christine Haskett (Price)	Dundee Hawkhill H	22.26	Margaret McSherry	Cambridge H	23.31	Anne Barass	Aldershot F&D	23.39
1969-70	Margaret McSherry	Cambridge H	26.00	Christine Haskett (Price)	Dundee Hawkhill H	26.00	Shenna Fitzmaurice	Aldershot F&D	27.02
1968-9	Mary Speedman	Maryhill LAC	20.52	Margaret McSherry	Cambridge H	20.52	Sue Foster	Aldershot F&D	21.05
1967-8	Dale Greig	Tannahill H	23.14	Doreen King	Western AAC	23.23	Shenna Fitzmaurice	Aldershot F&D	24.18
1966-7	Leslie Watson	Maryhill LAC	27.53	Dale Greig	Tannahill H	28.03	Catherine Kelly	Maryhill LAC	28.47
1965-6	Leslie Watson	Maryhill LAC	24.54	Dale Greig	Tannahill H	25.02	Margaret Crawford	Maryhill LAC	25.43
1964-5	Georgina Buchanan	Western AAC	23.29	Leslie Watson	Maryhill LAC	23.44	Dale Greig	Tannahill H	23.49
1963-4	Dale Greig	Tannahill H	20.34	Georgina Buchanan	Western AAC	21.30	Margaret Crawford	Maryhill LAC	21.46
1962-3	Georgina Buchanan	Western AAC	16.41	Dale Greig	Tannahill H	16.48	Margaret Crawford	Maryhill LAC	17.06
1961-2	Dale Greig	Tannahill H	27.41	Georgina Buchanan	Maryhill LAC	120y	Patrica McCluskey	Greenock Rankin Park H	120y
1960-1	Patrica McCluskey	Greenock Rankin Park H	20.11	Dale Greig	Tannahill H	21.00	Rena Wylie	Doon H	21.02
1959-60	Dale Greig	Tannahill H	21.09	Patrica McCluskey	Tannahill H	21.10	Doreen Fulton	Springburn H	21.19
1958-9	Aileen Paterson	Aberdeen AAC	18.14	Barbara Tait	Edinburgh H	18.24	Dale Greig	U/A	18.27
1957-8	Ina Mooney	Jordanhill TC	12.36	Dale Greig	Bellahouston H	12.44	Helen Cherry	Bellahouston H	12.45
1956-7	Morag O'Hare	Maryhill H	12.50	Betty Rodger	Shotts	12.57	Helen Cherry	Bellahouston H	13.12
1955-6	Aileen Drummond	Maryhill H	16.26	Doreen Fulton	Springburn H	16.30	J Herdman	Edinburgh Southern H	16.31
1954-5	Aileen Drummond	Maryhill H	18.39	Catherine Boyes	Maryhill H	18.52	Elizabeth McLeod	Unattached	19.08
1953-4	Aileen Drummond	Maryhill H	14.52	Margaret Wadler	Athenian AC	15.17	E(Betty) Moffat	Athenian AC	15.52
1952-3	Jean Webster	Athenian AC	12.10	E(Betty) Moffat	Athenian AC	45y	Margaret Wadler	Athenian AC	17y
1951-2	E(Betty) Moffat	Edinburgh H	6.43	Jean Webster	Edinburgh H	6.43	Elizabeth Young	Irvine AC	
1950-1	Elizabeth Young	Irvine Y.M.C.A	11.53	Maureen McNab	Bellahouston H	15y	Molly Sams	Bellahouston H	100y

Scottish Women's AAA

1937-8	Mildred Storrar	Dundee Hawkhill H	20.50	Georgina Ballantine	Clydesdale H	21.21	Barbara Anderson	Bellahouston H	21.38
1936-7	Jean Tait	Clydesdale H	12.06	Barbara Anderson	Clydesdale H	12.23	Lisa Hunter	Clydesdale H	12.39
1935-6	Mildred Storrar	Dundee Hawkhill H	15.33	Jean Tait	Clydesdale H	15.37	May Martin	Clydesdale H	14.00
1934-5	Mildred Storrar	Dundee Hawkhill H	19.14	Violet Murray	Dundee Hawkhill H	19.31	B Miller	Greenock Glenpark H	19.36
1933-4	Mildred Storrar	Dundee Hawkhill H	9.46	Constance Johnston	Maryhill H	9.47	Jean Tait	Clydesdale H	10.21
1932-3	Constance Johnston	Maryhill H	12.14	R Cunningham	Maryhill H	12.42	Jean Tait	Clydesdale H	12.53
1931-2	Nan Robson	Dundee Hawkhill H	12.31	Constance Johnston	Maryhill H	12.55	Barbara Anderson	Shettleston H Ladies	13.24