

**Self Transendence 100K Heriot Watt Edinburgh 20th May 2007  
inc UK and Scottish Championships and Anglo Celtic Plate**

Pos	Name	Club	Country	Cat	50K	100K
1	Jez Bragg	Road Runners Club	England	M	3.31.04	7.04.46
2	Paul Harwood	Leamington	England	M	3.22.35	7.36.12
3	Brain Cole	Royal Navy/Marines	England	M	3.31.55	7.40.35
4	Martin Rea	North Belfast H.	Eire	M	3.33.40	8.08.28
5	Paul Hart	Dumfries RC	Scotland	M	3.45.43	8.10.27
6	Adela Salt	Trentham RC	England	F	3.50.24	8.14.39
7	Mark Shephard	Team Kennet	Wales	M	3.50.11	8.20.01
8	Colin Gell	Sale H	England	M	3.43.50	8.26.23
9	John Pares	Buckley AC	Wales	M40	3.53.42	8.39.05
10	Andy Eccles	Wigan Phoenix		M45	3.55.07	8.40.39
11	Charles Noble	Fraserburgh RC		M55	3.49.35	8.43.00
12	Dara O'Kearney	Raheny Shamrock AC	Eire	M40	4.04.59	8.43.30
13	Andrew Rankin	Unattached		M	3.56.02	8.52.36
14	Stephen Mason	Dundee Hawkhill H		M	4.05.31	8.53.56
15	Sandra Bowers	Road Runners Club	Scotland	F	4.14.04	9.04.44
16	Colin Mathieson	Fife AC	Scotland	M50	4.14.04	9.05.59
17	Louise Cooper	Belgrave H	England	F	4.08.12	9.21.39
18	Elaine Calder	Strathaven Striders	Scotland	F40	4.16.38	9.28.53
19	Pauline Walker	Carnegie H	Scotland	F40	4.38.50	9.45.39
20	Samuel Kilpatrick	Road Runners Club		M45	4.19.49	9.48.06
21	Bill Watson	Haddington ELP	Scotland	M45	4.11.51	9.53.52
22	Kelly Cummins	Unattached		F	4.36.08	9.54.12
23	Grant Jeans	Unattached		M	4.02.03	9.57.59
24	David Thomas	MS Gorseeinon	Wales	M	4.36.58	10.39.40
25	Tony Holling	Port Talbot	Wales	M50	4.29.45	10.54.01
26	Jeremy Mower	Gloucester	Wales	M40	4.42.17	10.54.01
<b>DNF</b>						
					<b>50K</b>	
36.38K	Les Hill	Dumfries RC	Scotland	M45		2.58.14
52.28K	Matt Lynas	Thames Hare & Hounds		M40	3.22.35	3.31.52
52.28K	Ian Anderson	Kniveshire H		M	3.46.26	4.00.35
56.26K	Andy Farquharson	Kent AC	Scotland	M40	3.29.58	4.27.41
68.19K	Thomas Maguire	Unattached	Eire	M	3.31.22	4.55.58
80.12K	Heather Foundling Hawker	Honiton RC	England	F40	3.54.16	6.36.20
80.12K	Jim Rogers	East Hull H.	England	M40	3.54.23	6.50.41
84.07K	Colin Deasy	Coventry Godiva H		M40	3.39.16	7.51.41
84.07K	Ray McCurdy	100 Marathon Club		M50	NT	11.30.00

Anglo Celtic Plate	Men 3 to score on time
England	22.21.33
Scotland	27.10.18
Wales	27.18.56
Anglo Celtic Plate	Women 2 to score on time
England	17.36.18
Scotland	18.33.17