

Scottish 100K Road Championships Individual Medallists (Women)

Scottish Athletics Federation/Scottish Athletics Limited

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|------------|---------------------------------|---------------------|-----------------|----------|------------------------|-----------------|----------|-------------------------|---------------------|----------|
| 24/03/2024 | Perth | Sheena Logan | Fife AC | 8:19:26 | Catherine Cowie | Portobello RC | 8:26:31 | Fiona Gibson | Dundee Hawkhill H | 10:22:05 |
| 02/04/2023 | Craigavon, NI | Emma Murray | JSK RC | 8:26:36 | Amanda Woodrow | Edinburgh AC | 8:39:04 | Catherine Cowie | Portobello RC | 8:52:58 |
| 03/04/2022 | Perth | Joanna Murphy | U/A | 7.41.12 | Alison McGill | Fife AC | 8.02.34 | Lynne Allen | Kirkintilloch O | 8.41.40 |
| 21/08/2021 | Co Kildare | Joanna Murphy | U/A | 7.50.05 | Nikki Gibson | Edinburgh AC | 8.44.46 | Alison McGill | Fife AC | 9.33.35 |
| 2020 | No Championship Covid-19 | | | | | | | | | |
| 24/03/2019 | Perth | Sophie Mullins | Fife AC | 8.03.39 | Morgan Windram | Fife AC | 8.21.36 | Lynne Allen | Kirkintilloch O | 8.33.26 |
| 31/03/2018 | Redwick | No Finishers | | | | | | | | |
| 21/05/2017 | Hull | Rosie Bell | Strathaven S | 9.02.32 | Teresa Majeed | U/A | 9.10.04 | Morgan Windram–Geddes | Fife AC | 9.21.00 |
| 27/03/2016 | Perth | Sophie Mullins | Fife AC | 8.30.22 | Charlotte Black | Shetland AAC | 8.47.57 | Fionna Ross | Harmeny AC | 8.49.33 |
| 02/05/2015 | Redwich | Rosie Bell | Strathaven S | 8.48.58 | Charlotte Black | Shetland AAC | 9.33.18 | Keziah Higgins | Carnegie H | 9.48.44 |
| 03/05/2014 | Gravesend | Rosie Bell | Strathaven S | 8.57.52 | Only 1 Finisher | | | | | |
| 31/03/2013 | Perth | Charlotte Black | Shetland AAC | 8.54.50 | Isobel Knox | Hunters Bog T | 9.13.12 | Pauline Walker | Carnegie H | 11.32.53 |
| 22/07/2012 | Monmouthshire | Isobel Knox | Hunters Bog T | 9.13.12 | Gail Murdoch | Carnegie H | 9.25.57 | Sandra Bowers | Winchester | 9.48.58 |
| 27/03/2011 | Perth | Gail Murdoch | Carnegie H | 8.45.56 | Isobel Knox | Hunters Bog T | 8.56.15 | Deborah Martin-Consani | Garscube H | 9.03.09 |
| 05/09/2010 | Perth | Gail Murdoch | Carnegie H | 9.33.43 | Only 1 Finisher | | | | | |
| 28/03/2009 | Galway | Sandra Bowers | Winchester | 8.28.58 | Isobel Knox | Hunters Bog T | 8.43.14 | Gail Murdoch | Carnegie H | 9.02.03 |
| 18/05/2008 | Cardiff | Sandra Bowers | Winchester | 8.57.18 | Elaine Calder | Strathaven S | 9.13.39 | Pauline Walker | Carnegie H | 9.18.18 |
| 20/05/2007 | Edinburgh | Sandra Bowers | Road RC | 9.04.44 | Elaine Calder | Strathaven S | 9.28.53 | Pauline Walker | Carnegie H | 9.45.39 |
| 02/04/2006 | Gloucester | Deborah Cox | City of Glasgow | 9.29.46 | Pauline Walker | Carnegie H | 10.12.28 | Only 2 Finishers | | |
| 02/04/2005 | Dublin | Deborah Cox | City of Glasgow | 9.12.04 | Pauline Walker | Carnegie H | 9.17.18 | Only 2 Finishers | | |
| 27/06/2004 | Cardiff | Deborah Cox | City of Glasgow | 10.56.36 | Only 1 Finisher | | | | | |
| 06/07/2003 | Edinburgh | Lynne Luz | Carnegie H | 9.28.06 | Deborah Cox | City of Glasgow | 11.10.07 | Only 2 Finishers | | |
| 01/09/2002 | Cardiff | Lynne Luz | Carnegie H | 10.46.04 | Only 1 Finisher | | | | | |
| 01/09/2002 | Cardiff | Lynne Luz | Carnegie H | 10.46.04 | Only 1 Finisher | | | | | |
| 15/07/2001 | Edinburgh | Kendra White | Qualers | 9.27.15 | Only 1 Finisher | | | | | |
| 09/07/2000 | Edinburgh | Jackie Leak | Chilton | 9.00.15 | Victoria Musgrove | Wrexham | 9.20.44 | Carol Cadger | Perth Strathtay H | 9.23.09 |
| 18/07/1999 | Edinburgh | Kate Todd | JW Kilmarnock H | 9.23.51 | Only 1 Finisher | | | | | |
| 19/07/1998 | Edinburgh | Eleanor Robinson | Border H | 8.35.54 | Only 1 Finisher | | | | | |
| 20/07/1997 | Edinburgh | Eleanor Robinson | Border H | 8.25.39 | Kate Todd | JW Kilmarnock H | 8.49.34 | Mary Howard | Steel City Striders | 10.50.10 |
| 21/07/1996 | Edinburgh | Eleanor Robinson | Border H | 9.02.45 | Kate Todd | JW Kilmarnock H | 9.06.45 | Hilary Walker | Serpentine AC | 9.23.08 |
| 30/07/1995 | Edinburgh | Hilary Walker | Serp | 8.26.28 | Isobel Clark | Arbroath F | 10.55.56 | Only 2 Finishers | | |
| 31/07/1994 | Edinburgh | Ruth Fletcher | Tynedale H&AC | 9.22.48 | Isobel Clark | Arbroath F | 10.42.36 | Only 2 Finishers | | |
| 26/09/1993 | Edinburgh | Isobel Clark | Arbroath F | 10.16.36 | Only 1 Finisher | | | | | |
| 27/09/1992 | Edinburgh | Katherine Crilley | Serpentine H | 11.45.53 | Only 1 Finisher | | | | | |

Scottish 100K Road Championships Individual Medallists (Women Masters)

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|------------|--------------------------|-----------------|--------------|---------|-----------------|----------------|----------|------------------|-------------------|----------|
| 24/03/2024 | Perth | Sheena Logan | Fife AC | 8:19:26 | Catherine Cowie | Portobello RC | 08:26:31 | Fiona Gibson | Dundee Hawkhill H | 10:22:05 |
| 02/04/2023 | Craigavon, NI | No Finishers | | | | | | | | |
| 03/04/2022 | Perth | Alison McGill | Fife AC | 8.02.34 | Jo Newens | Road Runners C | 8.49.23 | Fiona Gibson | Dundee Hawkhill H | 10.14.46 |
| 21/08/2021 | Co Kildare | | | | | | | | | |
| 2020 | No Championship Covid-19 | | | | | | | | | |
| 24/03/2019 | Perth | No Finishers | | | | | | | | |
| 2018 | No Championship | | | | | | | | | |
| 21/05/2017 | Hull | Rosie Bell | Strathaven S | 9.02.32 | Only 1 Finisher | | | | | |
| 27/03/2016 | Perth | Charlotte Black | Shetland AAC | 8.47.57 | Rosie Bell | Strathaven S | 9.00.38 | Fiona Rennie | Carnegie H | 11.31.35 |
| 02/05/2015 | Redwich | | | | | | | | | |
| 03/05/2014 | Gravesend | | | | | | | | | |
| 31/03/2013 | Perth | Charlotte Black | Shetland AAC | 9.13.12 | Isobel Knox | Hunters Bog T | 9.25.57 | Pauline Walker | Carnegie H | 9.48.58 |
| 22/07/2012 | Monmouthshire | Gail Murdoch | Carnegie H | 9.25.57 | Sandra Bowers | Winchester | 9.48.58 | Only 2 Finishers | | |
| 27/03/2011 | Perth | Gail Murdoch | Carnegie H | 8.45.56 | Pauline Walker | Carnegie H | 9.49.52 | Only 2 Finishers | | |
| 05/09/2010 | Perth | Gail Murdoch | Carnegie H | 9.33.43 | Only 1 Finisher | | | | | |