

| | Stage 1 | | Stage 2 | | Stage 3 | | Stage 4 | | Stage 5 | | Stage 6 | | Stage 7 | | Stage 8 | |
|--------------------------|----------------|--------------|-------------------|--------------|-----------------|--------------|---------------------|--------------|-------------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|
| 1 Shettleston H | 25:22 | 1 | 56:30 | 1 | 01:19:02 | 1 | 01:49:06 | 1 | 02:15:44 | 1 | 02:51:07 | 1 | 03:19:54 | 1 | 03:44:32 | 1 |
| | A Wood* | 25:22 | R Wotherspoon | 31:08 | I Donald | 22:32 | H Summerhill | 30:04 | G Everett* | 26:38 | RC Wallace | 35:23 | E Bannon | 28:47 | T Malone | 24:38 |
| 2 Bellahouston H | 27:37 | 15 | 57:23 | 5 | 01:19:33 | 4 | 01:50:21 | 3 | 02:19:26 | 3 | 02:53:24 | 3 | 03:23:50 | 2 | 03:49:23 | 2 |
| | D Wright | 27:37 | J Connolly | 29:46 | H Fenion | 22:10 | D Dickson | 30:48 | R Gordon | 29:05 | R Black | 33:58 | F Cowan | 30:26 | W Goodwin | 25:33 |
| 3 Glasgow University | 27:19 | 12 | 57:10 | 4 | 01:19:30 | 3 | 01:50:22 | 4 | 02:19:37 | 4 | 02:54:37 | 4 | 03:24:24 | 3 | 03:50:24 | 3 |
| | J Bogan | 27:19 | C Laing | 29:51 | K Rogers | 22:20 | WS Hunter | 30:52 | J Gray | 29:15 | TD Gifford | 35:00 | R Hartley | 29:47 | T Denstad | 26:00 |
| 4 Greenock Wellpark H | 27:04 | 9 | 58:07 | 9 | 01:21:54 | 8 | 01:53:02 | 6 | 02:22:02 | 6 | 02:57:18 | 6 | 03:27:15 | 5 | 03:52:21 | 4 |
| | D McConnachie | 27:04 | W Stoddart | 31:03 | C Aitken | 23:47 | P McConnachie | 31:08 | J Stevenson | 29:00 | G King | 35:16 | F Whitley | 29:57 | T Stevenson | 25:06 |
| 5 Motherwell YMCA | 26:51 | 8 | 57:46 | 8 | 01:21:23 | 6 | 01:53:06 | 7 | 02:21:46 | 5 | 02:54:51 | 5 | 03:26:14 | 4 | 03:53:08 | 5 |
| | R MacKay | 26:51 | D Simpson | 30:55 | W McKnight | 23:37 | J Poulton | 31:43 | W Marshall | 28:40 | AH Brown | 33:05 | G Henderson | 31:23 | T Grantham | 26:54 |
| 6 Aberdeen AAC | 27:10 | 10 | 59:58 | 17 | 01:24:10 | 16 | 01:55:44 | 12 | 02:25:37 | 12 | 02:58:31 | 9 | 03:28:50 | 6 | 03:54:50 | 6 |
| | R Duncan | 27:10 | R Donald | 32:48 | C Donald | 24:12 | D Whiting | 31:34 | P Duffy | 29:53 | S Taylor | 32:54 | A Howie | 30:19 | G Wilson | 26:00 |
| 7 Vale of Leven AC | 26:43 | 7 | 57:43 | 6 | 01:21:24 | 7 | 01:54:13 | 9 | 02:24:29 | 10 | 02:58:42 | 10 | 03:28:51 | 7 | 03:55:26 | 7 |
| | R Campbell | 26:43 | B Gallacher | 31:00 | A Kinloch | 23:41 | A MacKay | 32:49 | R Ewing | 30:16 | P Moy | 34:13 | H Erlean | 30:09 | J Friel | 26:35 |
| 8 Teviotdale H | 26:25 | 3 | 59:24 | 12 | 01:22:32 | 11 | 01:54:01 | 8 | 02:23:26 | 9 | 02:58:29 | 8 | 03:30:38 | 11 | 03:55:32 | 8 |
| | RK Harley | 26:25 | G Meikle | 32:59 | JM Hamilton | 23:08 | P Roden | 31:29 | D Campbell | 29:25 | WB Mather | 35:03 | D Jeffrey | 32:09 | R Renton | 24:54 |
| 9 Springburn H | 26:37 | 5 | 56:35 | 2 | 01:20:20 | 5 | 01:51:34 | 5 | 02:22:27 | 7 | 02:57:39 | 7 | 03:29:54 | 8 | 03:55:46 | 9 |
| | T O'Reilly | 26:37 | E Sinclair | 29:58 | R Sinclair | 23:45 | J McCormack | 31:14 | A Cowie | 30:53 | M Logie | 35:12 | J Murphy | 32:15 | A Fulton | 25:52 |
| 10 Edinburgh University | 27:21 | 13 | 59:35 | 13 | 01:22:18 | 10 | 01:54:16 | 10 | 02:23:23 | 8 | 02:59:08 | 11 | 03:30:12 | 9 | 03:55:48 | 10 |
| | R Clark | 27:21 | MG Elder | 32:14 | AJ Yates | 22:43 | D Dingwall | 31:58 | M Craven | 29:07 | AW Cameron | 35:45 | JJ Cater | 31:04 | JM Hartley | 25:36 |
| 11 St Andrews University | 28:33 | 19 | 59:55 | 15 | 01:25:12 | 19 | 01:56:29 | 16 | 02:25:40 | 13 | 03:01:33 | 15 | 03:30:57 | 12 | 03:56:42 | 11 |
| | T Newberry | 28:33 | T Willcocks | 31:22 | T Gomersell | 25:17 | DJ Foster | 31:17 | D Jeffery | 29:11 | D Macgregor | 35:53 | P Judge | 29:24 | AM Beattie | 25:45 |
| 12 Victoria Park AAC | 27:41 | 16 | 59:56 | 16 | 01:23:51 | 14 | 01:55:57 | 14 | 02:26:30 | 15 | 03:00:20 | 13 | 03:30:24 | 10 | 03:57:20 | 12 |
| | R Calderwood | 27:41 | N Ellis | 32:15 | R Kane | 23:55 | J Lindsay | 32:06 | W Gault | 30:33 | W Kerr | 33:50 | P Keenan | 30:04 | J Ewing | 26:56 |
| 13 Greenock Glenpark H | 28:38 | 20 | 01:01:14 | 20 | 01:24:54 | 18 | 01:56:12 | 15 | 02:25:05 | 11 | 03:00:44 | 14 | 03:33:53 | 15 | 03:59:34 | 13 |
| | D Childs | 28:38 | J Grant | 32:36 | L Mitchell | 23:40 | J Callaghan | 31:18 | W Murraay | 28:53 | R Cox | 35:39 | J Spence | 33:09 | D Kennedy | 25:41 |
| 14 Edinburgh Eastern H | 27:12 | 11 | 59:05 | 11 | 01:23:25 | 13 | 01:55:32 | 11 | 02:25:41 | 14 | 03:00:15 | 12 | 03:33:09 | 13 | 03:59:47 | 14 |
| | W Ramage | 27:12 | WH Watson | 31:53 | A King | 24:20 | T Chalmers | 32:07 | E Clark | 30:09 | G Devlin | 34:34 | J Guild | 32:54 | WJ Phillip | 26:38 |
| 15 Clydesdale H | 28:17 | 18 | 01:00:21 | 18 | 01:24:33 | 17 | 01:58:16 | 19 | 02:27:35 | 16 | 03:02:39 | 16 | 03:33:45 | 14 | 03:59:56 | 15 |
| | J Wright | 28:17 | D McKenzie | 32:04 | R McAusland | 24:12 | J McDonald | 33:43 | P Younger | 29:19 | JC O'Boyle | 35:04 | P Ballance | 31:06 | J MacLachlan | 26:11 |
| 16 Cambuslang H | 27:29 | 14 | 58:49 | 10 | 01:22:15 | 9 | 01:55:47 | 13 | 02:27:46 | 17 | 03:03:48 | 17 | 03:36:49 | 16 | 04:04:37 | 16 |
| | E Reilly | 27:29 | G Eadie | 31:20 | E McHugh | 23:26 | A Fleming | 33:32 | J Dunn | 31:59 | W Kelly | 36:02 | S Laird | 33:01 | D Knox | 27:48 |
| 17 Beith H | 26:32 | 4 | 59:44 | 14 | 01:23:18 | 12 | 01:57:11 | 17 | 02:28:56 | 18 | 03:05:17 | 18 | 03:37:36 | 17 | 04:04:52 | 17 |
| | I Harris | 26:32 | D Kerr | 33:12 | T Gilbert | 23:34 | J Sloss | 33:53 | J McLeish | 31:45 | A Napier | 36:21 | W Parker | 32:19 | TK Philips | 27:16 |
| 18 Maryhill H | 26:41 | 6 | 57:44 | 7 | 01:24:06 | 15 | 01:57:58 | 18 | 02:28:56 | 19 | 03:07:00 | 19 | 03:38:36 | 18 | 04:07:13 | 18 |
| | W Black | 26:41 | JA Gibson | 31:03 | D Bruce | 26:22 | T Ruth | 33:52 | R Macdonald | 30:58 | JE Farrell | 38:04 | R Wright | 31:36 | J Farrell | 28:37 |
| 19 Garscube H | 28:13 | 17 | 01:00:30 | 19 | 01:27:13 | 20 | 02:00:11 | 20 | 02:30:56 | 20 | 03:09:34 | 20 | 03:42:50 | 19 | 04:10:04 | 19 |
| | S Horn | 28:13 | D Spencer | 32:17 | A Warton | 26:43 | G Dickson | 32:58 | J Linn | 30:45 | A Kidd | 38:38 | WJ Ross | 33:16 | A Dovearn | 27:14 |
| 20 Edinburgh Southern H | 26:16 | 2 | 56:48 | 3 | 01:19:29 | 2 | 01:50:11 | 2 | 02:18:57 | 2 | 02:53:08 | 2 | | | | |
| | C Fraser | 26:16 | N Ross | 30:32 | R Kinghorn | 22:41 | W Lyall | 30:42 | R McFall | 28:46 | K Ballantyne | 34:11 | | | | |
| Stage Records | AJ Wood | 25:22 | J McGhee | 29:39 | P McNab | 21:56 | J McLaren | 29:14 | GE Everett | 26:38 | I Binnie | 32:32 | E Bannon | 28:34 | F Stevenson | 24:22 |
| | Shettleston H | 1960 | Shettleston H | 1959 | Springburn H | 1936 | Victoria Park | 1957 | Shettleston H | 1960 | Victoria Park | 1954 | Shettleston H | 1956 | Monkland H | 1930 |