

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Edinburgh University	27:01	1	56:35	2	01:17:40	1	01:46:45	1	02:13:08	1	02:45:22	1	03:13:32	1	03:36:53	1
	A Blamire	27:01	A Wight	29:34	I Hathorn	21:05	D Logue	29:05	I Young	26:23	GB Jones	32:14	J Wight	28:10	C Elson	23:21
2 Victoria Park AAC	28:10	9	57:07	5	01:18:27	2	01:47:48	3	02:14:10	2	02:48:35	4	03:17:02	3	03:40:35	2
	I Binnie	28:10	H Barrow	28:57	A Smith	21:20	J McLaren	29:21	A Johnston	26:22	P McLagan	34:25	D Austin	28:27	I MacPherson	23:33
3 Motherwell YMCA	27:45	6	56:53	3	01:19:08	4	01:46:58	2	02:15:27	3	02:47:50	2	03:17:12	4	03:41:42	3
	P Duffy	27:45	AH Brown	29:08	W Marshall	22:15	AP Brown	27:50	D Simpson	28:29	I McCafferty	32:23	R McKay	29:22	J Poulton	24:30
4 Aberdeen AAC	29:02	16	58:30	9	01:21:19	11	01:50:20	7	02:17:05	4	02:48:34	3	03:17:01	2	03:41:46	4
	D Ritchie	29:02	A Wood	29:28	G Reid	22:49	W Ewing	29:01	S Taylor	26:45	M Edwards	31:29	I McKenzie	28:27	I Mitchell	24:45
5 Edinburgh Southern H	27:33	5	56:26	1	01:18:42	3	01:49:09	4	02:17:49	5	02:50:32	5	03:20:22	5	03:44:19	5
	G Brown	27:33	K Ballantyne	28:53	A Cameron	22:16	A Matson	30:27	G Stark	28:40	D Macgregor	32:43	J McKay	29:50	J White	23:57
6 Edinburgh AC	27:31	4	56:56	4	01:19:32	5	01:49:44	5	02:17:53	6	02:50:04	6	03:20:55	6	03:45:01	6
	F Steele	27:31	A Leitch	29:25	J Convery	22:36	J Fairgrieve	30:12	G Hay	28:09	J Alder	32:11	A Stewart	30:51	W Kerr	24:06
7 Shettleston H	28:41	15	58:27	8	01:19:55	6	01:49:53	6	02:18:19	7	02:50:55	7	03:21:10	7	03:45:09	7
	J Travers	28:41	W Scally	29:46	N Morrison	21:28	L Meneely	29:58	H Mitchell	28:26	H Summerhill	32:36	M McMahon	30:15	J Mahood	23:59
8 Teviotdale H	27:20	2	58:10	6	01:21:57	12	01:53:40	12	02:22:46	11	02:56:33	11	03:25:00	8	03:50:29	8
	W Raeburn	27:20	G Meikle	30:50	W Riddell	23:47	A Roden	31:43	J Huggan	29:06	W Mather	33:47	J Douglas	28:27	R Johnston	25:29
9 Dundee Hawkhill H	27:57	7	58:44	10	01:21:01	7	01:52:15	9	02:20:27	9	02:55:49	10	03:26:27	10	03:50:43	9
	N McGowan	27:57	R Coleman	30:47	A Birse	22:17	R Heron	31:14	D McLean	28:12	P Kearns	35:22	K Guild	30:38	RR Saines	24:16
10 Bellahouston H	28:26	12	59:20	12	01:21:14	10	01:51:57	8	02:20:10	8	02:54:27	8	03:25:34	9	03:51:18	10
	M McLean	28:26	R Irving	30:54	J Wood	21:54	S Irvine	30:43	I Kerr	28:13	B Goodwin	34:17	N Wilson	31:07	W Armour	25:44
11 Springburn H	28:01	8	58:24	7	01:21:08	9	01:52:36	11	02:22:01	10	02:54:31	9	03:27:06	11	03:51:51	11
	D Middleton	28:01	D Tees	30:23	H Gorman	22:44	J Ballantyne	31:28	J Keenan	29:25	E Knox	32:30	A Picken	32:35	M Logie	24:45
12 Aberdeen University	28:27	13	01:00:25	16	01:22:35	14	01:54:18	13	02:23:00	12	02:58:37	13	03:30:06	13	03:54:58	12
	D McFarquhar	28:27	R Hay	31:58	A Patrick	22:10	J Aberdein	31:43	J Maycock	28:42	R Jenner	35:37	R Orr	31:29	C Youngson	24:52
13 Greenock Wellpark H	28:31	14	59:36	13	01:22:24	13	01:55:27	15	02:25:01	15	02:58:22	12	03:29:09	12	03:55:22	13
	J Bottomley	28:31	W Stoddart	31:05	J Stevenson	22:48	P McConnachie	33:03	M Pollard	29:34	F Whitley	33:21	K Shepherd	30:47	A McLernan	26:13
14 Dumbarton AAC	28:13	10	58:45	11	01:21:05	8	01:52:24	10	02:23:09	13	02:59:23	14	03:32:48	15	03:58:02	14
	G Grant	28:13	C Martin	30:32	A Adams	22:20	R Mills	31:19	M Lidwell	30:45	J Connelly	36:14	A Milroy	33:25	J Brown	25:14
15 Greenock Glenpark H	29:40	19	01:00:07	15	01:23:33	15	01:54:28	14	02:25:50	16	03:00:40	15	03:32:03	14	03:58:22	15
	T Dobbin	29:40	W Murray	30:27	J Callaghan	23:26	J Spence	30:55	I Hopkins	31:22	R Hodelet	34:50	D Kennedy	31:23	D Childs	26:19
16 Glasgow University	29:11	17	01:00:58	17	01:24:03	16	01:58:01	18	02:28:53	18	03:04:47	18	03:35:59	17	04:00:14	16
	I McFarlane	29:11	J Bogan	31:47	W McDonald	23:05	G Orr	33:58	A Gillespie	30:52	R Baillie	35:54	M Prentice	31:12	T Gifford	24:15
17 Clydesdale H	28:23	11	59:48	14	01:24:51	17	01:56:08	16	02:24:43	14	03:01:31	16	03:33:54	16	04:00:39	17
	D Gemmell	28:23	I Donald	31:25	W Hislop	25:03	C O'Boyle	31:17	B McAusland	28:35	R Shields	36:48	J McCall	32:23	J Wright	26:45
18 Paisley H	27:25	3	01:01:47	19	01:25:19	18	01:57:47	17	02:28:42	17	03:05:33	17	03:38:17	18	04:04:18	18
	M Bradley	27:25	G McEwan	34:22	T Thomson	23:32	P McAtier	32:28	J Harkins	30:55	J Simpson	36:51	W McCubbin	32:44	H Leggat	26:01
19 Monkland H	30:58	20	01:01:41	18	01:26:36	19	01:59:54	19	02:31:50	19	03:05:02	19	03:38:24	19	04:06:52	19
	W Russell	30:58	W Drysdale	30:43	W Evans	24:55	W McBrinn	33:18	T Callaghan	31:56	J Johnstone	33:12	J McGuinness	33:22	J Geddes	28:28
20 Strathclyde University	29:24	18	01:04:11	20	01:29:08	20	02:02:55	20	02:32:31	20	03:09:47	20	03:45:04	20	04:15:38	20
	R Sandilands	29:24	J Docherty	34:47	I Thomson	24:57	J Docherty	33:47	C Maciver	29:36	W Eadie	37:16	D Milne	35:17	R Thomson	30:34