

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Shettleston H	27:15	4	56:49	5	1:17:56	2	1:46:05	1	2:12:47	1	2:44:33	1	3:13:30	1	3:36:34	1
	M McMahon	27:15	N Morrison	29:34	T Patterson	21:07	R Wedlock	28:09	W Scally	26:42	JL Stewart	31:46	L Meneely	28:57	H Summerhill	23:04
2 Aberdeen AAC	27:41	7	56:13	1	1:17:26	1	1:47:10	2	2:14:40	2	2:46:41	2	3:15:46	2	3:38:40	2
	I Mackenzie	27:41	A Wood	28:32	P Stewart	21:13	A Clare	29:44	S Taylor	27:30	I Stewart	32:01	D Ritchie	29:05	W Ewing	22:54
3 Edinburgh Southern H	27:47	8	57:10	6	1:19:02	4	1:47:38	3	2:15:31	3	2:47:17	3	3:16:37	3	3:40:54	3
	W Allan	27:47	K Ballantyne	29:23	T Coyle	21:52	D Macgregor	28:36	G Stark	27:53	GB Jones	31:46	A Matson	29:20	W Lyall	24:17
4 Victoria Park AAC	27:19	5	58:41	12	1:21:05	9	1:50:17	6	2:17:26	5	2:50:14	5	3:19:46	4	3:43:25	4
	J Crawford	27:19	P McLagan	31:22	J McLaren	22:24	WH Barrow	29:12	I Binnie	27:09	J Reilly	32:48	A Elson	29:32	C Laing	23:39
5 Edinburgh AC	27:47	9	56:38	4	1:19:32	5	1:48:20	4	2:17:16	4	2:50:16	6	3:20:22	6	3:43:53	5
	J Fairgrieve	27:47	J Alder	28:51	D Watson	22:54	J Wright	28:48	F Steel	28:56	A Wight	33:00	T Mayford	30:06	T McIntyre	23:31
6 Springburn H	27:14	3	56:20	3	1:18:30	3	1:48:49	5	2:18:12	7	2:51:00	7	3:20:10	5	3:44:11	6
	A Beaney	27:14	J McGraw	29:06	A McLennon	22:10	H Gorman	30:19	C Jarvie	29:23	E Knox	32:48	I Picken	29:10	A Picken	24:01
7 Edinburgh University	29:21	17	59:50	15	1:23:09	13	1:51:37	9	2:17:56	6	2:50:03	4	3:20:32	7	3:45:10	7
	J McErlean	29:21	F Camwell	30:29	T Jones	23:19	D Logue	28:28	I Young	26:19	A Blamire	32:07	J Exley	30:29	J Dingwall	24:38
8 Dundee Hawkhill H	28:05	10	58:03	9	1:20:31	8	1:51:29	8	2:20:02	9	2:55:55	10	3:26:02	8	3:51:14	8
	R Colman	28:05	R Grant	29:58	I Graves	22:28	P Kearns	30:58	R Saines	28:33	I Robertson	35:53	R Heron	30:07	R Oliver	25:12
9 Strathclyde University	26:50	1	56:18	2	1:20:03	6	1:51:10	7	2:21:11	10	2:55:54	9	3:28:09	10	3:53:14	9
	J Myatt	26:50	A Smith	29:28	W Logie	23:45	I Mitchell	31:07	R Campbell	30:01	W Eadie	34:43	S McCrae	32:15	R Sandilands	25:05
10 Bellahouston H	28:10	11	58:33	11	1:21:09	10	1:51:57	10	2:19:54	8	2:54:46	8	3:28:00	9	3:53:51	10
	I Kerr	28:10	B Goodwin	30:23	J Wood	22:36	J Adair	30:48	S Irvine	27:57	J Irving	34:52	A Yates	33:14	F Cowan	25:51
11 Garscube H	28:37	13	1:00:18	18	1:23:56	15	1:55:17	15	2:23:46	12	2:58:45	12	3:29:28	11	3:54:50	11
	J Cook	28:37	T Wiseman	31:41	A Maxwell	23:38	A MacDonald	31:21	D Martin	28:29	J Barrowman	34:59	W Ritchie	30:43	D Kerr	25:22
12 Aberdeen University	29:41	18	1:00:15	17	1:23:34	14	1:55:29	16	2:25:32	15	2:59:54	15	3:31:18	14	3:56:20	12
	C MacAuley	29:41	C Youngson	30:34	R Orr	23:19	C Downing	31:55	R Anderson	30:03	J Maycock	34:22	A Downing	31:24	H Cameron	25:02
13 Glasgow University	28:18	12	59:29	13	1:21:46	12	1:54:26	13	2:24:07	13	2:59:20	14	3:31:04	13	3:56:46	13
	W McDonald	28:18	J Beaney	31:11	B McHardy	22:17	L Reid	32:40	A Reid	29:41	K Lunn	35:13	D Stein	31:44	A Irving	25:42
14 Clydesdale H	29:02	15	59:32	14	1:24:37	16	1:54:43	14	2:23:27	11	2:58:41	11	3:29:47	12	3:56:49	14
	I Leggett	29:02	D Gemmell	30:30	A Park	25:05	I Donald	30:06	B McAusland	28:44	R Shields	35:14	C O'Boyle	31:06	F Kieilty	27:02
15 Greenock Glenpark H	27:24	6	57:29	7	1:21:35	11	1:53:25	11	2:24:26	14	2:59:18	13	3:31:24	15	3:57:56	15
	R Hodelet	27:24	W Murray	30:05	R Love	24:06	J Smith	31:50	C Spence	31:01	J Spence	34:52	D Childs	32:06	S Taylor	26:32
16 Teviotdale H	27:00	2	57:56	8	1:20:20	7	1:53:50	12	2:25:37	16	3:01:53	16	3:34:05	16	3:59:38	16
	A Raeburn	27:00	J Meikle	30:56	G Richardson	22:24	I Elliott	33:30	B Mather	31:47	D Riddell	36:16	P Roddan	32:12	J Hamilton	25:33
17 Dumbarton AAC	30:48	19	1:01:20	19	1:25:00	17	1:57:30	17	2:29:41	17	3:05:47	18	3:35:52	17	4:01:59	17
	G Grant	30:48	C Martin	30:32	M Lidwell	23:40	W Cairns	32:30	K Grant	32:11	R Mills	36:06	H Elder	30:05	T Brown	26:07
18 Greenock Wellpark H	29:12	16	59:51	16	1:25:04	19	1:58:24	19	2:29:57	18	3:04:43	19	3:36:53	18	4:02:33	18
	M Pollard	29:12	W Stoddart	30:39	P McConnachie	25:13	M Gerrard	33:20	C King	31:33	J Stevenson	34:46	N Shepherd	32:10	A McKernan	25:40
19 Motherwell YMCA	28:44	14	58:22	10	1:25:02	18	1:58:20	18	2:33:15	20	3:08:42	19	3:42:20	19	4:10:06	19
	W Marshall	28:44	R McKay	29:38	R Kennedy	26:40	G Milne	33:18	J Smith	34:55	J Duffy	35:27	E Garry	33:38	R Cook	27:46
20 Maryhill H	30:57	20	1:01:20	20	1:26:03	20	2:00:35	20	2:30:50	19	3:09:07	20	3:43:31	20	4:10:51	20
	K Kyriacou	30:57	J Brennan	30:23	I Hamilton	24:43	J Farrell	34:32	S Watson	30:15	J Docherty	38:17	N Singh	34:24	G Porteous	27:20