

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Shettleston H	28:39	16	56:33	5	01:19:04	3	01:47:44	2	02:13:42	1	02:46:17	1	03:11:25	1	03:39:33	1
	L Meneely	28:39	N Morrison	27:54	M McMahon	22:31	A Blamire	28:40	R Wedlock	25:58	JL Stewart	32:35	T Patterson	25:08	W Scally	28:08
2 Aberdeen AAC	27:21	3	54:35	1	01:16:32	1	01:46:49	1	02:14:30	2	02:48:11	3	03:13:05	2	03:41:44	2
	G Milne	27:21	I Stewart	27:14	I Mackenzie	21:57	D Ritchie	30:17	S Taylor	27:41	A Wood	33:41	R Heron	24:54	P Duffy	28:39
3 Edinburgh Southern H	27:00	2	55:36	2	01:18:42	2	01:47:46	3	02:16:05	5	02:49:19	5	03:13:12	3	03:41:52	3
	A Hutton	27:00	AF Murray	28:36	R McFall	23:06	M Craven	29:04	I Elliott	28:19	D Macgregor	33:14	GB Jones	23:53	JC Douglas	28:40
4 Victoria Park AAC	27:30	5	56:51	8	01:19:07	4	01:48:33	5	02:15:27	3	02:48:18	4	03:14:45	5	03:42:16	4
	WH Barrow	27:30	L Reilly	29:21	I Mitchell	22:16	P McLagan	29:26	D McMeekin	26:54	C Youngson	32:51	W Sheridan	26:27	A Smith	27:31
5 Edinburgh AC	28:23	14	58:06	13	01:19:42	5	01:48:19	4	02:15:33	4	02:47:53	2	03:14:12	4	03:42:49	5
	R Morris	28:23	J Alder	29:43	J Convery	21:36	A Wight	28:37	L McMillan	27:14	J Wight	32:20	D Knowles	26:19	R Knowles	28:37
6 Clydesdale H	27:33	6	56:50	7	01:19:46	6	01:50:17	8	02:18:25	6	02:52:03	8	03:18:01	6	03:46:45	6
	I Leggatt	27:33	D Gemmell	29:17	B McAusland	22:56	A Faulds	30:31	R Paton	28:08	P Dolan	33:38	R Shields	25:58	I Donald	28:44
7 Glasgow University	28:43	17	57:30	11	01:20:12	8	01:50:12	7	02:19:02	8	02:51:51	7	03:18:14	7	03:47:36	7
	R McCrone	28:43	P Bannon	28:47	S Alexander	22:42	J Gunstone	30:00	C Joss	28:50	D Logue	32:49	A Hunter	26:23	W Fothergill	29:22
8 Edinburgh University	27:49	8	56:29	3	01:20:05	7	01:51:55	9	02:20:33	9	02:51:46	6	03:18:19	8	03:47:43	8
	J Walker	27:49	J Dingwall	28:40	R Orr	23:36	I Kiltie	31:50	R O'Brien	28:38	A McKean	31:13	N Blackley	26:33	L Ahrens	29:24
9 Springburn H	28:49	18	59:57	18	01:22:22	16	01:52:35	10	02:21:25	10	02:56:22	10	03:23:34	10	03:52:10	9
	T O'Reilly	28:49	H Gorman	31:08	J Martin	22:25	E Knox	30:13	J McLean	28:50	C Lennox	34:57	R Ramage	27:12	E Sinclair	28:36
10 Monkland H	28:00	10	56:59	9	01:21:08	11	01:49:47	6	02:18:55	7	02:54:57	9	03:22:12	9	03:53:05	10
	E Devlin	28:00	I Gilmour	28:59	W McBrinn	24:09	J Brown	28:39	P Preston	29:08	W Drysdale	36:02	W Devlin	27:15	J Small	30:53
11 Dumbarton AAC	27:26	4	56:31	4	01:20:56	9	01:52:54	11	02:22:24	11	02:56:57	11	03:25:01	11	03:55:02	11
	H Elder	27:26	C Martin	29:05	M Lidwell	24:25	R Chapman	31:58	A Lawson	29:30	W Cairns	34:33	A Adams	28:04	H Martin	30:01
12 Cambuslang H	28:21	12	58:46	17	01:22:47	17	01:53:40	13	02:22:56	12	02:57:52	13	03:26:35	14	03:56:07	12
	D Cooney	28:21	G Eadie	30:25	J Wilson	24:01	C Jarvie	30:53	R Inglis	29:16	R Anderson	34:56	R Lennon	28:43	F Cooney	29:32
13 Law & District AC	28:07	11	58:17	14	01:23:07	18	01:53:40	12	02:23:14	13	02:57:32	12	03:25:27	12	03:56:17	13
	T McCann	28:07	AH Brown	30:10	J Rowley	24:50	D Simpson	30:33	A Miller	29:34	AP Brown	34:18	J King	27:55	G McIvor	30:50
14 Greenock Wellpark H	27:42	7	57:23	10	01:20:57	10	01:53:59	15	02:23:33	15	02:58:44	15	03:26:28	13	03:56:46	14
	C Spence	27:42	W Stoddart	29:41	H Mooney	23:34	M Pollard	33:02	J Stevenson	29:34	A Coutts	35:11	A Gerrard	27:44	T Stevenson	30:18
15 Glasgow Police AC	28:38	15	01:00:51	19	01:24:17	19	01:55:06	16	02:23:28	14	02:58:09	14	03:27:22	15	03:58:23	15
	J McMillan	28:38	D Lang	32:13	D McBain	23:26	S Irvine	30:49	W Lowe	28:22	R Blair	34:41	W Armour	29:13	N Scott	31:01
16 St Andrews University	27:52	9	58:25	15	01:22:09	14	01:55:35	17	02:26:03	17	03:00:30	16	03:29:20	16	03:58:59	16
	D Lorimer	27:52	S Easton	30:33	I Duncan	23:44	R Wheate	33:26	J McKenzie	30:28	P Hay	34:27	G McLaren	28:50	R Morrison	29:39
17 Greenock Glenpark H	26:58	1	58:30	16	01:22:07	13	01:53:48	14	02:24:04	16	03:01:13	17	03:30:02	17	04:01:15	17
	R Hodelet	26:58	A Law	31:32	T Dobbin	23:37	J Spence	31:41	P Hyett	30:16	J Smith	37:09	A Anderson	28:49	D Childs	31:13
18 Bellahouston H	28:55	19	01:01:05	20	01:25:13	20	01:56:53	20	02:27:18	20	03:04:02	20	03:33:00	19	04:02:29	18
	J Adair	28:55	B Kerr	32:10	M McLean	24:08	B Goodwin	31:40	J Russell	30:25	R Marshall	36:44	J Yates	28:58	J Irvine	29:29
19 Strathclyde University	29:02	20	57:33	12	01:21:57	12	01:56:49	19	02:26:21	19	03:03:25	18	03:32:24	18	04:05:38	19
	M McNaught	29:02	L Spence	28:31	S Snekkvik	24:24	G McGregor	34:52	A Telfer	29:32	R Quayle	37:04	H Crooks	28:59	J Dick	33:14
20 Dundee Hawkhill H	28:21	13	56:42	6	01:22:19	15	01:56:35	18	02:26:13	18	03:03:38	19	03:36:42	20	04:14:37	20
	I Graves	28:21	D Gunstone	28:21	G Sibbald	25:37	S Watt	34:16	R Oliver	29:38	H Morrison	37:25	V Cammack	33:04	S Frazek	37:55