

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Edinburgh Southern H	27:24	1	58:39	1	1:20:37	1	1:50:59	1	2:20:42	1	2:54:49	1	3:20:09	1	3:47:34	1
	C Youngson	27:24	D Macgregor	31:15	JC Douglas	21:58	A Blamire	30:22	M Craven	29:43	D Logue	34:07	A Hutton	25:20	GB Jones	27:25
2 Edinburgh AC	27:47	3	59:15	3	1:22:10	2	1:53:17	3	2:22:08	2	2:55:14	2	3:20:56	2	3:48:06	2
	J Alder	27:47	J Wight	31:28	P Hay	22:55	A Wight	31:07	D Gunstone	28:51	A McKean	33:06	J Patton	25:42	J Dingwall	27:10
3 Clyde Valley AC	29:17	13	59:44	6	1:22:28	3	1:52:50	2	2:22:27	3	2:55:53	3	3:23:33	3	3:53:13	3
	E Devlin	29:17	R MacDonald	30:27	R Baillie	22:44	I Gilmour	30:22	J Graham	29:37	J Brown	33:26	J Small	27:40	W Devlin	29:40
4 Victoria Park AAC	28:48	9	58:43	2	1:22:45	4	1:53:33	4	2:24:07	4	2:59:31	4	3:27:37	5	3:56:03	4
	F Brown	28:48	L Reilly	29:55	P McGregor	24:02	D McMeekin	30:48	H Barrow	30:34	A Johnston	35:24	M Logue	28:06	A Smith	28:26
5 Springburn H	28:20	4	59:20	4	1:22:51	5	1:54:33	5	2:24:40	5	3:00:17	5	3:27:31	4	3:56:38	5
	A Macfarlane	28:20	C Falconer	31:00	J Martin	23:31	J Lawson	31:42	T Patterson	30:07	E Knox	35:37	M Bradley	27:14	H Gorman	29:07
6 Bellahouston H	28:24	7	59:30	5	1:22:57	6	1:54:50	6	2:25:59	6	3:04:53	6	3:33:15	6	4:03:40	6
	J Walker	28:24	F Clement	31:06	H Scott	23:27	C Joss	31:53	M McNaught	31:09	R Marshall	38:54	J Russell	28:22	J Irvine	30:25
7 Aberdeen AAC	28:27	8	1:00:44	10	1:25:05	7	1:58:23	7	2:30:20	9	3:06:43	8	3:34:11	7	4:03:43	7
	R Heron	28:27	A Keith	32:17	D Buchan	24:21	D Ritchie	33:18	P Duffy	31:57	A Wood	36:23	A Law	27:28	G Laing	29:32
8 East Kilbride AC	28:49	11	1:00:36	8	1:25:39	10	1:58:53	8	2:30:23	10	3:06:02	7	3:34:36	8	4:06:10	8
	A Neal	28:49	K Taylor	31:47	G Little	25:03	H Wilson	33:14	P Hartley	31:30	A Partridge	35:39	G Reid	28:34	I Sinclair	31:34
9 Shettleston H	28:23	6	1:02:05	12	1:26:29	12	1:59:02	10	2:32:30	12	3:08:56	11	3:36:49	9	4:08:40	9
	J Burns	28:23	S Easton	33:42	R Morrison	24:24	A Marshall	32:33	H Docherty	33:28	N Morrison	36:26	J Evans	27:53	W Scally	31:51
10 Law & District AC	29:58	15	1:04:46	18	1:28:25	18	2:02:55	18	2:34:04	16	3:09:45	15	3:39:13	13	4:09:03	10
	W Drysdale	29:58	J McHardie	34:48	D Fairweather	23:39	A Miller	34:30	D Simpson	31:09	J Myatt	35:41	J Rowley	29:28	T McCann	29:50
11 Dumbarton AAC	29:15	12	59:51	7	1:25:23	8	2:02:15	16	2:34:09	18	3:12:01	18	3:40:04	15	4:09:14	11
	W Cairns	29:15	C Martin	30:36	M Lidwell	25:32	G McLaren	36:52	I McWatt	31:54	A Lawson	37:52	R Chapman	28:03	R Paton	29:10
12 Glasgow University	30:50	18	1:02:27	14	1:26:53	14	1:59:37	12	2:31:28	11	3:09:22	13	3:39:47	14	4:09:56	12
	I Mitchell	30:50	W Sheriden	31:37	S Crawford	24:26	J Gunstone	32:44	A Hunter	31:51	W Fothergill	37:54	D Murray	30:25	D Stoddart	30:09
13 Clydesdale H	30:23	17	1:02:29	15	1:28:14	16	2:01:42	15	2:33:18	14	3:09:19	12	3:39:06	12	4:10:02	13
	B McAusland	30:23	D Gemmel	32:06	J Shields	25:45	L Leggett	33:28	R Shields	31:36	P Dolan	36:01	S McNeil	29:47	I Donald	30:56
14 Edinburgh University	28:48	10	1:00:39	9	1:25:26	9	1:59:00	9	2:29:53	7	3:07:07	10	3:36:55	10	4:10:31	14
	I Orton	28:48	R Thomas	31:51	M Smith	24:47	I Malcolm	33:34	G Miller	30:53	I Kiltie	37:14	A Graham	29:48	G McGowan	33:36
15 Strathclyde University	29:54	14	1:04:19	17	1:28:26	19	1:59:10	11	2:30:10	8	3:06:50	9	3:38:33	11	4:10:51	15
	P Preston	29:54	J McLean	34:25	A Coutts	24:07	R Spence	30:44	S Snekkvik	31:00	B Findleyson	36:40	H Crooks	31:43	G McGregor	32:18
16 Glasgow Police AC	28:22	5	1:02:05	13	1:26:32	13	2:01:07	14	2:33:34	15	3:09:40	14	3:40:13	16	4:10:59	16
	D Lang	28:22	W Lowe	33:43	S Irvine	24:27	N Scott	34:35	D McBain	32:27	R Blair	36:06	H Young	30:33	J McMillan	30:46
17 Cambuslang H	32:22	20	1:05:15	19	1:28:22	17	2:02:39	17	2:34:08	17	3:11:55	17	3:40:21	17	4:11:37	17
	F Cooney	32:22	G Eadie	32:53	G Skinner	23:07	D Cooney	34:17	J Wilson	31:29	R Anderson	37:47	R Inglis	28:26	J Harley	31:16
18 Falkirk Victoria H	27:26	2	1:01:00	11	1:26:07	11	1:59:48	13	2:33:12	13	3:10:57	18	3:41:22	18	4:15:16	18
	W Day	27:26	B Morton	33:34	R Adam	25:07	J McGarva	33:41	A Pender	33:24	W Sharp	37:45	A Telfer	30:25	D Shields	33:54
19 Aberdeen University	30:12	16	1:03:05	16	1:28:07	15	2:03:33	19	2:36:17	19	3:14:01	19	3:45:50	19	4:19:45	19
	T Sahnnon	30:12	A Millard	32:53	R Maughan	25:02	J Wilkinson	35:26	P McGill	32:44	S Taylor	37:44	D Nicholson	31:49	K Walker	33:55
20 Paisley H	31:38	19	1:07:45	20	1:35:44	20	2:10:22	20	2:45:58	20	3:23:19	20	3:52:29	20		
	D Harvey	31:38	B Garner	36:07	A McAlinden	27:59	R Price	34:38	A McManus	35:36	A McAlinden	37:21	R Black	29:10		