

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Shettleston H	27:53	7	58:18	6	1:20:21	2	1:50:06	2	2:17:36	1	2:51:17	1	3:17:31	1	3:46:20	1
	D Lang	27:53	L Spence	30:25	<b>JL Stewart</b>	<b>22:03</b>	N Muir	29:45	<b>W Mullett</b>	<b>27:30</b>	R Ward	33:41	J Burns	26:14	A Marshall	28:49
2 Edinburgh AC	28:36	13	57:16	2	1:20:33	3	1:51:27	3	2:19:40	2	2:52:44	2	3:18:46	2	3:47:34	2
	D Hunter	28:36	A McKean	28:40	P Forbes	23:17	S Keith	30:54	A Wight	28:13	D Gunstone	33:04	<b>D Knowles</b>	<b>26:02</b>	R Knowles	28:48
3 Falkirk Victoria H	28:34	12	57:08	1	1:19:23	1	1:49:56	1	2:19:46	3	2:52:52	3	3:19:41	3	3:49:35	3
	I Brown	28:34	<b>J Dingwall</b>	<b>28:34</b>	M Logue	22:15	J McGarva	30:33	W Sharp	29:50	W Day	33:06	R Adam	26:49	B Morton	29:54
4 Victoria Park AAC	27:46	6	57:45	4	1:21:17	4	1:51:28	4	2:21:14	4	2:54:54	4	3:22:11	4	3:51:47	4
	H Barrow	27:46	L Reilly	29:59	P Mitchell	23:32	D McMeekin	30:11	I Mitchell	29:46	A Johnston	33:40	P McGregor	27:17	R Blair	29:36
5 Clyde Valley AC	28:27	11	57:55	5	1:21:49	6	1:53:43	6	2:22:51	6	2:55:59	5	3:23:06	5	3:52:35	5
	I Moncur	28:27	J Graham	29:28	N Agnew	23:54	J Small	31:54	E Devlin	29:08	J Brown	33:08	G Paterson	27:07	R MacDonald	29:29
6 Fife AC	28:45	14	59:17	12	1:22:18	8	1:51:56	5	2:21:19	5	2:56:30	6	3:25:18	6	3:55:29	6
	S Dalglish	28:45	D Macgregor	30:32	A Macintosh	23:01	<b>P Kenney</b>	<b>29:38</b>	I Graves	29:23	P Hay	35:11	R Morrison	28:48	R Chapman	30:11
7 Springburn H	27:11	1	58:56	10	1:21:38	5	1:54:39	8	2:23:31	7	2:59:18	8	3:26:30	7	3:56:04	7
	<b>A Macfarlane</b>	<b>27:11</b>	T Patterson	31:45	I Murray	22:42	W Ramage	33:01	H Gorman	28:52	C Lennox	35:47	J Bremner	27:12	G Crawford	29:34
8 Edinburgh Southern H	27:27	2	57:39	3	1:30:26	19	2:00:16	17	2:28:35	15	3:01:23	12	3:27:39	9	3:56:58	8
	C Youngson	27:27	I Elliott	30:12	J Robson	32:47	A Blamire	29:50	M Craven	28:19	<b>D Logue</b>	<b>32:48</b>	J Orton	26:16	AF Murray	29:19
9 Bellahouston H	29:31	16	1:00:08	14	1:23:44	12	1:54:53	9	2:24:15	8	3:00:59	10	3:28:38	10	3:58:05	9
	B Kerr	29:31	F Clement	30:37	J Russell	23:36	R McCrone	31:09	C Joss	29:22	M Black	36:44	J MacMillan	27:39	N Scott	29:27
10 Law & District AC	28:25	10	58:49	9	1:23:53	13	1:54:22	7	2:24:48	10	3:00:20	9	3:28:51	12	3:58:32	10
	J Thomson	28:25	J Myatt	30:24	M Benyon	25:04	K McCartney	30:29	D Fairweather	30:26	D Frame	35:32	D Simpson	28:31	A Miller	29:41
11 East Kilbride AC	28:24	9	59:16	11	1:23:24	11	1:55:05	10	2:24:45	9	2:58:20	7	3:27:00	8	3:59:03	11
	G Reid	28:24	K Tayler	30:52	I Sinclair	24:08	H Wilson	31:41	I McKim	29:40	A Partridge	33:35	R Ronald	28:40	J Little	32:03
12 Ayrshire AC	27:40	3	59:47	13	1:22:25	9	1:55:26	12	2:24:54	11	3:01:17	11	3:28:39	11	3:59:10	12
	J Golder	27:40	J Ferguson	32:07	J Boyd	22:38	W Kilgour	33:01	I Kerr	29:28	B Sands	36:23	N Ponsonby	27:22	A Mc Culloch	30:31
13 Cambuslang H	29:44	17	1:01:04	15	1:24:50	14	1:56:56	14	2:28:23	14	3:03:40	15	3:31:48	15	4:01:49	13
	D Cooney	29:44	A Gilmour	31:20	R Anderson	23:46	R Stone	32:06	B McCallum	31:27	G Eadie	35:17	R Inglis	28:08	P Preston	30:01
14 Glasgow University	27:43	4	58:30	7	1:22:16	7	1:55:13	11	2:25:35	12	3:02:08	13	3:31:13	14	4:02:22	14
	J Easton	27:43	W Sheridan	30:47	W McColl	23:46	D Stoddart	32:57	P Porter	30:22	A Hunter	36:33	A Brown	29:05	A Lockhart	31:09
15 Aberdeen AAC	30:48	18	1:02:17	18	1:27:30	17	1:59:04	15	2:30:09	16	3:05:40	16	3:34:13	16	4:02:53	15
	A Kemp	30:48	G Laing	31:29	15another	25:13	T McBrien	31:34	D McLean	31:05	M Wynecker	35:31	D Byeman	28:33	<b>F Clyne</b>	<b>28:40</b>
16 Strathclyde University	27:45	5	58:43	8	1:23:07	10	1:55:36	13	2:26:06	13	3:02:09	14	3:30:53	13	4:04:33	16
	W Logan	27:45	A McLagan	30:58	A Stapley	24:24	D Burt	32:29	B McSloy	30:30	A McMaster	36:03	S Smullen	28:44	I Smith	33:40
17 Clydesdale H	30:52	19	1:01:29	17	1:26:25	16	1:59:09	16	2:31:06	17	3:06:07	17	3:36:08	17	4:07:16	17
	R Shields	30:52	D Gemmell	30:37	J Shields	24:56	R McWatt	32:44	I Donald	31:57	J Tonner	35:01	P Dolan	30:01	B Mc Ausland	31:08
18 Dumbarton AAC	29:13	15	1:01:11	16	1:26:12	15	2:02:05	19	2:34:26	19	3:11:00	18	3:39:40	18	4:12:18	18
	R Paton	29:13	W Cairns	31:58	I McWatt	25:01	A Lawson	35:53	A Adams	32:21	C Martin	36:34	H Martin	28:40	H Elder	32:38
19 Teviotdale H	28:11	8	1:03:43	19	1:27:38	18	2:01:17	18	2:34:04	18	3:12:53	19	3:42:34	19	4:15:03	19
	A Samuel	28:11	A Scott	35:32	R Hodgins	23:55	J Murray	33:39	N Taylor	32:47	G Meikle	38:49	A Oliver	29:41	K Hill	32:29
20 Edinburgh University	33:11	20	1:04:56	20	1:30:52	20	2:04:29	20	2:36:35	20	3:16:53	20	3:47:28	20	4:22:21	20
	N Binnie	33:11	R Thomas	31:45	A Murray	25:56	G Morrison	33:37	B Blair	32:06	C White	40:18	J Robertson	30:35	H McLaren	34:53