	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Edinburgh Southern H	27:14	8	56:55	8	1:17:19	4	1:46:48	3	2:13:29	2	2:46:15	1	3:12:26	2	3:40:24	1
	AF Murray	27:14	J Orton	29:41	**C Youngson**	**20:24**	I Elliott	29:29	**J Robson**	**26:41**	D Logue	32:46	A Robertson	26:11	**M Craven**	**27:58**
2 Edinburgh AC	27:23	12	55:28	3	1:16:58	1	1:45:35	1	2:12:40	1	2:46:30	2	3:12:14	1	3:41:01	2
	N Jones	27:23	A McKean	28:05	C Keir	21:30	**D Gunstone**	**28:37**	A Wight	27:05	S Keith	33:50	**D Hunter**	**25:44**	E Fisher	28:47
3 Shettleston H	27:08	6	54:58	1	1:17:15	2	1:46:32	2	2:14:33	4	2:46:49	3	3:12:41	3	3:42:08	3
	JL Stewart	27:08	**N Muir**	**27:50**	K McKenzie	22:17	A Marshall	29:17	J Burns	28:01	L Spence	32:16	D Lothian	25:52	S Easton	29:27
4 Duncairn H	26:37	2	55:41	4	1:17:38	5	1:47:09	4	2:14:17	3	2:47:15	4	3:14:12	4	3:43:34	4
	Gerry Hannon	26:37	J McLaughlin	29:04	J Baillie	21:57	T Annett	29:31	A Donaldson	27:08	Greg Hannon	32:58	T Campbell	26:57	B Gregory	29:22
5 Falkirk Victoria H	27:18	10	56:55	7	1:18:47	6	1:48:36	5	2:16:35	5	2:47:35	5	3:15:17	5	3:44:06	5
	I Brown	27:18	W Day	29:37	B Morton	21:52	J McGarva	29:49	M Logue	27:59	**J Dingwall**	**31:00**	R Adams	27:42	W Sharp	28:49
6 East Kilbride AC	27:15	9	56:49	6	1:20:22	10	1:49:55	9	2:18:17	8	2:51:41	8	3:19:08	8	3:47:57	6
	K Tayler	27:15	R McKim	29:34	J Little	23:33	I Campbell	29:33	H Wilson	28:22	A Partridge	33:24	D Donald	27:27	A Neal	28:49
7 Clyde Valley AC	26:46	5	55:00	2	1:17:18	3	1:48:55	6	2:17:59	7	2:50:00	6	3:16:41	6	3:48:01	7
	B McSloy	26:46	J Brown	28:14	R McKay	22:18	W Marshall	31:37	J Small	29:04	J Graham	32:01	E Devlin	26:41	C Farquarson	31:20
8 Victoria Park AAC	28:12	15	58:17	11	1:20:33	11	1:49:44	7	2:18:48	10	2:52:24	9	3:19:11	9	3:48:33	8
	A Smith	28:12	P McLagan	30:05	another	22:16	A Johnston	29:11	I Mitchell	29:04	D McMeekin	33:36	H Barrow	26:47	R Blair	29:22
9 Fife AC	29:00	19	58:56	14	1:20:37	12	1:49:50	8	2:16:49	6	2:50:40	7	3:18:26	7	3:49:07	9
	D Cowie	29:00	D Macgregor	29:56	I Duncan	21:41	A Macintosh	29:13	S Graves	26:59	P Hay	33:51	D Francis	27:46	R Morrison	30:41
10 Bellahouston H	26:35	1	58:21	12	1:19:56	9	1:50:14	10	2:18:18	9	2:53:10	10	3:20:36	10	3:50:24	10
	F Clement	**26:35**	G Braidwood	31:46	R McCrone	21:35	M Black	30:18	C Joss	28:04	R Marshall	34:52	J Russell	27:26	Burt	29:48
11 Cambuslang H	27:33	13	57:41	10	1:19:30	7	1:51:00	11	2:19:49	11	2:54:50	11	3:22:32	11	3:52:29	11
	R Stone	27:33	S Rimmer	30:08	C Donnelly	21:49	P Preston	31:30	G Eadie	28:49	A Wood	35:01	D Cooney	27:42	R Anderson	29:57
12 Ayrshire AC	28:43	18	59:45	18	1:21:54	14	1:52:28	12	2:21:32	12	2:56:33	13	3:24:10	12	3:54:14	12
	J Boyd	28:43	B Sands	31:02	I Kerr	22:09	J Ferguson	30:34	J Golder	29:04	N Ponsonby	35:01	A McColloch	27:37	I Kiltie	30:04
13 FKALG Norway	27:12	7	58:50	13	1:21:28	13	1:52:54	13	2:21:49	13	2:56:19	12	3:24:48	13	3:55:24	13
	Aafe	27:12	Sleire	31:38	T Jallta	22:38	K Hodsen	31:26	Smekkik	28:55	Osmes	34:30	Weland	28:29	Fruiland	30:36
14 Edinburgh University	28:18	17	59:45	19	1:22:58	18	1:55:12	17	2:24:47	16	2:57:41	15	3:25:13	14	3:57:02	14
	G Morrison	28:18	S Gibson	31:27	J Robertson	23:13	Nelson	32:14	R Blair	29:35	R Thomas	32:54	C White	27:32	McAllister	31:49
15 Law & District AC	27:21	11	57:33	9	1:21:55	15	1:54:53	16	2:25:37	17	2:58:15	16	3:25:58	15	3:57:06	15
	J Thomson	27:21	J Myatt	30:12	J Rowley	24:22	P Miller	32:58	J Johnstone	30:44	D Frame	32:38	W Dickson	27:43	W Drysdale	31:08
16 Clydesdale H	28:15	16	59:27	17	1:22:38	17	1:54:28	15	2:23:26	15	2:57:19	14	3:27:33	16	3:59:59	16
	R McWatt	28:15	D Gemmell	31:12	B McAusland	23:11	I Leggett	31:50	G Carlin	28:58	P Dolan	33:53	C O'Boyle	30:14	R Shields	32:26
17 Springburn H	26:43	4	1:00:09	20	1:23:39	19	1:56:53	19	2:25:53	18	3:01:53	18	3:29:53	17	4:01:07	17
	T Patterson	26:43	T O'Reilly	33:26	I Stark	23:30	W Ramage	33:14	J Bremner	29:00	A McFarlane	36:00	A McIndoe	28:00	Malcolm	31:14
18 Glasgow University	28:01	14	58:59	15	1:22:00	16	1:55:19	18	2:27:16	19	3:05:30	19	3:34:09	19	4:05:54	18
	A Hunter	28:01	T Clyne	30:58	Hamilton	23:01	Kelly	33:19	W McColl	31:57	T Stoddart	38:14	McLarky	28:39	T Logue	31:45
19 Aberdeen AAC	26:39	3	56:45	5	1:19:55	8	1:52:55	14	2:22:54	14	3:01:03	17	3:33:39	18	4:07:53	19
	G Laing	26:39	I Johnston	30:06	A Kemp	23:10	D Buchan	33:00	J Lamont	29:59	R Walker	38:09	Diak	32:36	McLennan	34:14
20 St Andrews University	32:03	21	1:06:04	21	1:31:15	21	2:02:10	21	2:33:37	21	3:11:06	21	3:39:40	21	4:11:45	20
	McKee	32:03	Llewllyn	34:01	Mair	25:11	D Easton	30:55	J Stevenson	31:27	W Kilgour	37:29	Wood	28:34	J Crossley	32:05
21 Spango Valley AC	29:19	20	59:18	16	1:24:13	20	2:00:49	20	2:32:25	20	3:06:28	20	3:36:55	20	4:12:12	21
	H Cox	29:19	G Clark	29:59	Martin	24:55	C Leck	36:36	G Spence	31:36	C Spence	34:03	A Gallacher	30:27	J Gallacher	35:17
Stage Records																