

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Clyde Valley AC	28:44	7	59:57	4	01:27:25	5	01:55:46	2	02:25:45	1	03:00:46	1	03:27:40	1	03:57:19	1
	J Small	28:44	R McDonald	31:13	N Agnew	27:28	I Gilmour	28:21	J Brown	29:59	J Graham	35:01	E Devlin	26:54	P Fox	29:39
2 Cambuslang H	29:24	11	01:02:51	13	01:29:18	9	01:57:43	7	02:28:29	6	03:01:59	2	03:30:35	4	03:58:43	2
	G Cooper	29:24	C Donnelly	33:27	R Stone	26:27	A Gilmour	28:25	E Stewart	30:46	G Rimmer	33:30	C Feechan	28:36	S Rimmer	28:08
3 Victoria Park AAC	28:49	8	01:00:03	5	01:26:35	2	01:55:44	1	02:26:38	2	03:02:27	3	03:30:16	2	04:00:45	3
	D McMeekin	28:49	A Douglas	31:14	A Johnston	26:32	A Smith	29:09	G Meredith	30:54	D Austin	35:49	G Diverty	27:49	R Blair	30:29
4 Edinburgh Southern H	28:22	3	59:35	1	01:25:36	1	01:56:06	3	02:27:07	3	03:03:02	4	03:30:29	3	04:01:17	4
	J Gladwin	28:22	I Elliott	31:13	C Youngson	26:01	C Taylor	30:30	A Robertson	31:01	E Cameron	35:55	M Craven	27:27	I Steel	30:48
5 Edinburgh AC	28:43	6	01:01:30	8	01:29:02	8	01:58:47	8	02:29:35	8	03:05:35	7	03:33:10	7	04:02:17	5
	S Laing	28:43	S Keith	32:47	N Jones	27:32	C Keir	29:45	A Gourlay	30:48	L Robertson	36:00	D Ross	27:35	D Hunter	29:07
6 Shettleston H	29:51	14	01:00:50	7	01:28:40	7	01:57:10	5	02:28:38	7	03:04:54	6	03:32:48	6	04:03:13	6
	J Burns	29:51	N Muir	30:59	JL Stewart	27:50	L Spence	28:30	I Shaw	31:28	D Smith	36:16	J Evans	27:54	W Scally	30:25
7 Falkirk Victoria H	29:12	10	01:02:38	11	01:30:04	11	02:00:07	10	02:32:28	12	03:06:29	9	03:34:12	8	04:03:24	7
	D Lothian	29:12	D Easton	33:26	M Logue	27:26	R Adams	30:03	D Gibson	32:21	J Dingwall	34:01	J McGarva	27:43	W Day	29:12
8 Aberdeen AAC	28:41	4	59:56	2	01:27:05	4	01:56:51	4	02:28:23	4	03:03:40	5	03:32:03	5	04:03:27	8
	G Milne	28:41	G Laing	31:15	I McKenzie	27:09	B Mitchell	29:46	P Wilson	31:32	F Clyne	35:17	M Adams	28:23	J Lamont	31:24
9 Bellahouston H	28:17	2	59:56	3	01:26:35	3	01:57:42	6	02:28:24	5	03:06:08	8	03:34:36	9	04:04:59	9
	F Clement	28:17	G Braidwood	31:39	A Daly	26:39	P Fleming	31:07	G Getty	30:42	C Joss	37:44	M Steele	28:28	A McMaster	30:23
10 SKJALG(Norway)	27:49	1	01:00:15	6	01:27:58	6	02:00:08	11	02:32:04	10	03:09:11	10	03:38:26	10	04:08:18	10
	F Aase	27:49	H Knutsen	32:26	LI Tjelta	27:43	L Flaate	32:10	A Hovland	31:56	B Sleire	37:07	F Brox	29:15	F Aase	29:52
11 East Kilbride AAC	31:00	19	01:05:12	19	01:32:01	15	02:01:08	14	02:33:49	13	03:10:57	13	03:39:07	11	04:08:49	11
	H Wilson	31:00	I Archibald	34:12	G Irving	26:49	C McDougall	29:07	A Partridge	32:41	I Campbell	37:08	R Ronald	28:10	A Neal	29:42
12 Springburn H	29:42	13	01:03:13	15	01:30:48	13	02:00:17	12	02:32:14	11	03:09:58	12	03:39:49	13	04:09:00	12
	G Crawford	29:42	G Williamson	33:31	P McIntyre	27:35	W McIndoe	29:29	A Macfarlane	31:57	D Gunstone	37:44	S Callan	29:51	A Callan	29:11
13 Fife AC	30:13	15	01:03:22	16	01:29:58	10	02:01:26	15	02:35:13	14	03:12:19	15	03:40:39	14	04:11:50	13
	I Graves	30:13	D Macgregor	33:09	A McIntosh	26:36	I Duncan	31:28	P Hay	33:47	C Ross	37:06	S MacKay	28:20	M McNaught	31:11
14 Clydesdale H	28:53	9	01:01:48	10	01:30:27	12	01:59:28	9	02:31:51	9	03:09:43	11	03:39:42	12	04:11:54	14
	J MacKay	28:53	P Dolan	32:55	D Gemmell	28:39	A Marshall	29:01	D McDonald	32:23	G Carlin	37:52	P Jack	29:59	D Williams	32:12
15 Westerlands AC	30:19	16	01:03:57	18	01:32:41	18	02:03:28	16	02:36:33	16	03:11:47	14	03:41:28	15	04:13:25	15
	W Reid	30:19	S Alexander	33:38	W McColl	28:44	S Chaney	30:47	G Meredith	33:05	W Sheridan	35:14	J Kelly	29:41	W Forhergill	31:57
16 Edinburgh University	30:19	17	01:02:52	14	01:31:08	14	02:03:41	17	02:35:48	15	03:14:11	17	03:42:32	16	04:14:34	16
	P Sigmundssen	30:19	C McIntyre	32:33	C Cottom	28:16	E McQueen	32:33	D McMillan	32:07	J Robertson	38:23	T Jordan	28:21	M Hobson	32:02
17 Law & District AC	29:29	12	01:02:48	12	01:32:22	17	02:00:40	13	02:38:20	18	03:13:54	16	03:43:33	17	04:17:27	17
	A Miller	29:29	J Myatt	33:19	F Kelly	29:34	D Frame	28:18	R Brown	37:40	J Thomson	35:34	W Dickson	29:39	W Drysdale	33:54
18 Greenock Wellpark H	30:50	18	01:03:41	17	01:32:07	16	02:05:00	18	02:38:13	17	03:16:23	18	03:46:20	18	04:20:21	18
	T Anderson	30:50	A Coultts	32:51	C Doyle	28:26	G Newman	32:53	W Stoddart	33:13	G Gaffney	38:10	G King Jnr	29:57	T Stevenson	34:01
19 Ayrshire AC	28:42	5	01:01:32	9	01:33:24	19	02:05:49	19	02:42:28	19	03:21:59	19	03:54:13	19	04:27:30	19
	J Golder	28:42	I Kerr	32:50	J Boyd	31:52	E Blair	32:25	S Dalziel	36:39	R Turley	39:31	P McLaughlan	32:14	J Swindale	33:17
20 Lochaber AC	31:38	20	01:06:17	20	01:36:45	20	02:09:21	20	02:43:43	20	03:23:42	20	03:54:23	20	04:28:25	20
	B Kirkwood	31:38	R Campbell	34:39	A Stubbs	30:28	R Boswell	32:36	E McEvoy	34:22	R Shields	39:59	J Jardine	30:41	R Wild	34:02
21 Spango Valley AC	33:44	21	01:08:56	21	01:39:06	21	02:10:25	21	02:45:38	21	03:26:33	21	03:57:41	21	04:31:55	21
	M Coyle	33:44	C Leck	35:12	K Ferguson	30:10	S Brownlie	31:19	J Gallagher	35:13	A Galbraith	40:55	D McCabe	31:08	D Olding	34:14