

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Edinburgh Southern H	28:40	7	57:07	1	01:22:00	1	01:49:51	1	02:17:30	1	02:50:40	1	03:15:57	1	03:43:59	1
	G Mathieson	28:40	A Hutton	28:27	I Elliott	24:53	G McIntyre	27:51	J Robson	27:39	E Cameron	33:10	C Hume	25:17	A Robertson	28:02
2 Clyde Valley AC	29:18	13	58:43	5	01:24:35	4	01:50:39	2	02:18:19	2	02:52:02	2	03:17:56	2	03:45:38	2
	I Moncur	29:18	I Gilmour	29:25	J Brown	25:52	R McDonald	26:04	B McSloy	27:40	J Graham	33:43	E Devlin	25:54	P Fox	27:42
3 Aberdeen AAC	28:36	5	57:50	2	01:24:01	3	01:51:36	5	02:20:13	4	02:53:28	4	03:19:55	4	03:47:51	3
	A Arbuckle	28:36	F Clyne	29:14	M Murray	26:11	P Wilson	27:35	G Milne	28:37	G Laing	33:15	D Lang	26:27	C Youngson	27:56
4 Victoria Park AAC	29:01	10	59:11	7	01:24:42	6	01:50:51	3	02:19:09	3	02:53:14	3	03:19:33	3	03:47:54	4
	D McMeekin	29:01	G Steward	30:10	R Blair	25:31	A Douglas	26:09	G Diverty	28:18	D Austin	34:05	J Docherty	26:19	A Johnston	28:21
5 Falkirk Victoria H	30:19	18	59:45	10	01:25:20	8	01:52:42	8	02:22:22	6	02:56:51	7	03:23:16	6	03:51:40	5
	S Easton	30:19	J Dingwall	29:26	D Easton	25:35	G Mitchell	27:22	D Markie	29:40	J McGarva	34:29	D Lothian	26:25	W Day	28:24
6 Edinburgh AC	28:26	3	59:43	9	01:26:19	9	01:54:28	9	02:23:06	8	02:56:31	6	03:22:49	5	03:52:21	6
	A Mackay	28:26	B Kirkwood	31:17	R Morris	26:36	A Gourlay	28:09	C Keir	28:38	L Robertson	33:25	N Jones	26:18	R Knowles	29:32
7 Spango Valley AC	28:25	2	59:03	6	01:24:47	7	01:51:03	4	02:21:36	5	02:55:57	5	03:23:23	7	03:53:20	7
	L Stewart	28:25	C Leck	30:38	H Cox	25:44	G Clark	26:16	J Gallagher	30:33	C Spence	34:21	K Ferguson	27:26	P McErlean	29:57
8 Cambuslang H	28:41	8	58:24	4	01:24:37	5	01:52:41	7	02:23:16	9	02:59:13	8	03:26:33	8	03:56:38	8
	S Miller	28:41	E Stewart	29:43	D Ferry	26:13	C Donnelly	28:04	R McCutcheon	30:35	J Bigham	35:57	D Cooney	27:20	C Feechan	30:05
9 Springburn H	28:37	6	01:00:38	13	01:26:41	11	01:54:45	10	02:24:56	10	02:59:50	9	03:28:17	9	03:58:08	9
	A Macfarlane	28:37	A McIndoe	32:01	H Gorman	26:03	G Crawford	28:04	J Martin	30:11	D Gunstone	34:54	J Cooper	28:27	A Callan	29:51
10 Bellahouston H	29:53	16	01:01:24	15	01:27:29	13	01:55:36	11	02:25:46	11	03:01:12	10	03:28:57	11	03:59:14	10
	A McAngus	29:53	G Getty	31:31	R McCrone	26:05	D McTavish	28:07	C Joss	30:10	A Daly	35:26	J Charles	27:45	T Donnelly	30:17
11 Fife AC	27:30	1	57:51	3	01:23:45	2	01:52:14	6	02:22:48	7	03:01:49	11	03:28:28	10	04:00:20	11
	T Mitchell	27:30	D Macgregor	30:21	I Duncan	25:54	M Curtis	28:29	D Ellis	30:34	S Graves	39:01	S Pickles	26:39	M McNaught	31:52
12 Clydesdale H	29:14	12	01:00:04	12	01:26:53	12	01:55:47	12	02:27:14	14	03:03:18	13	03:31:10	14	04:01:06	12
	J Murray	29:14	P Dolan	30:50	S Darling	26:49	G Carlin	28:54	D McDonald	31:27	R McWatt	36:04	J Shields	27:52	R Shields	29:56
13 East Kilbride AAC	29:42	15	01:00:58	14	01:27:40	14	01:56:00	14	02:26:11	12	03:02:13	12	03:30:17	12	04:01:53	13
	R Ronald	29:42	R Riach	31:16	G Colvin	26:42	H Wilson	28:20	D Watt	30:11	A Neal	36:02	G McKirdy	28:04	J Little	31:36
14 Greenock Wellpark H	29:11	11	59:50	11	01:27:56	16	01:57:00	15	02:28:45	16	03:03:48	14	03:31:00	13	04:02:07	14
	D McFadyen	29:11	A Coutts	30:39	H Mooney	28:06	T Anderson	29:04	T McDonald	31:45	G Gaffney	35:03	W Stoddart	27:12	D Stoddart	31:07
15 Edinburgh University	28:31	4	01:01:52	16	01:27:53	15	01:55:49	13	02:27:06	13	03:03:56	15	03:32:51	15	04:03:25	15
	K Mortimer	28:31	P Sigmundssen	33:21	C McIntyre	26:01	G Haddow	27:56	E McQueen	31:17	C Cottom	36:50	P Cackette	28:55	P Graves	30:34
16 Dundee Hawkhill H	29:30	14	01:02:28	17	01:29:57	18	01:58:32	17	02:28:37	15	03:06:11	16	03:35:05	16	04:04:55	16
	R Barrie	29:30	R Copestick	32:58	E Raets	27:29	C Haskett	28:35	J Hepburn	30:05	V Johnston	37:34	B Angus	28:54	G Bell	29:50
17 Westerlands AC	30:28	19	01:04:10	20	01:32:06	20	02:02:38	20	02:34:17	20	03:08:11	18	03:36:26	17	04:06:35	17
	S Chaney	30:28	W Forhergill	33:42	A Brown	27:56	J Kelly	30:32	T Logan	31:39	B Sheridan	33:54	A Hunter	28:15	C MacAdam	30:09
18 Shettleston H	30:17	17	01:02:51	19	01:30:26	19	02:00:14	18	02:32:06	19	03:10:16	19	03:38:07	19	04:09:29	18
	A Strang	30:17	W Scally	32:34	I Shaw	27:35	J McGoff	29:48	C Thomson	31:52	T Kelly	38:10	T Lucas	27:51	S Penman	31:22
19 Ayrshire AC	28:50	9	59:22	8	01:26:35	10	01:57:57	16	02:30:02	17	03:07:36	17	03:37:27	18	04:09:36	19
	G McMillan	28:50	I Kerr	30:32	R Turley	27:13	W Kilgour	31:22	S Walker	32:05	M Ferguson	37:34	A Ramsay	29:51	W Parker	32:09
20 Teviotdale H	31:05	20	01:02:30	18	01:29:20	17	02:00:18	19	02:31:55	18	03:10:42	20	03:39:33	20	04:11:19	20
	N Hall	31:05	B Emmerson	31:25	A Samuel	26:50	S Barker	30:58	A Renwick	31:37	J Marsh	38:47	D Riddell	28:51	A Hodgins	31:46