

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Aberdeen AAC	26:57	5	55:15	2	01:19:26	2	01:45:00	1	02:11:41	1	02:43:07	1	03:08:25	1	03:35:30	1
	G Milne	26:57	G Laing	28:18	I Mathieson	24:11	C Ross	25:34	P Wilson	26:41	F Clyne	31:26	M Murray	25:18	C Youngson	27:05
2 Bellahouston H	27:00	8	55:09	1	01:18:57	1	01:45:27	2	02:12:03	2	02:43:59	2	03:09:18	3	03:36:10	2
	T Coyne	27:00	N Black	28:09	H Cox	23:48	A Daly	26:30	G Getty	26:36	G Braidwood	31:56	A McAngus	25:19	P Fleming	26:52
3 Clyde Valley AC	26:58	6	55:45	4	01:20:54	7	01:46:26	5	02:12:43	3	02:44:35	5	03:10:35	5	03:37:35	3
	J Brown	26:58	R MacDonald	28:47	E Devlin	25:09	P Fox	25:32	S Marshall	26:17	J Graham	31:52	J Small	26:00	B McSloy	27:00
4 Edinburgh AC	26:16	1	55:48	6	01:20:14	4	01:46:03	4	02:14:09	6	02:46:08	6	03:11:14	6	03:39:07	4
	A Weatherhead	26:16	C Keir	29:32	A Jenkins	24:26	N Jones	25:49	S Laing	28:06	L Robertson	31:59	K Mortimer	25:06	D Hunter	27:53
5 Cambuslang H	27:12	10	55:35	3	01:19:49	3	01:45:57	3	02:12:45	4	02:44:34	4	03:10:27	4	03:39:23	5
	R Stone	27:12	A Gilmour	28:23	J Orr	24:14	E Stewart	26:08	D Ferry	26:48	C Murray	31:49	T Ulliott	25:53	J Robertson	28:56
6 Edinburgh Southern H	27:58	15	56:34	9	01:20:49	6	01:47:06	6	02:13:19	5	02:44:19	3	03:08:59	2	03:41:41	6
	K Lyall	27:58	I Elliott	28:36	I Steel	24:15	G Mathieson	26:17	E Cameron	26:13	A Hutton	31:00	A Robertson	24:40	D Logue	32:42
7 Falkirk Victoria H	30:28	20	58:52	18	01:23:08	16	01:48:40	10	02:15:30	9	02:50:09	10	03:14:34	8	03:42:06	7
	J Pentecost	30:28	J Dingwall	28:24	D Lothian	24:16	C Mitchell	25:32	R Adams	26:50	P Faulds	34:39	D Bain	24:25	S Easton	27:32
8 Spango Valley AC	27:06	9	56:30	8	01:20:48	5	01:47:52	7	02:15:10	7	02:47:58	7	03:14:37	9	03:43:04	8
	JL Stewart	27:06	L Spence	29:24	H McGinness	24:18	C Leck	27:04	J Wilkie	27:18	C Spence	32:48	J Gallagher	26:39	A Law	28:27
9 Kilbarchan AAC	26:57	4	55:45	5	01:21:50	10	01:48:30	9	02:15:27	8	02:47:59	8	03:14:19	7	03:44:25	9
	R Quinn	26:57	A Puckrin	28:48	S Ross	26:05	R Gardner	26:40	R Hawkins	26:57	G Fairley	32:32	M McGinley	26:20	W Toole	30:06
10 Glasgow University	27:19	12	56:38	10	01:20:55	8	01:48:56	11	02:16:55	10	02:49:30	9	03:16:38	10	03:46:10	10
	N Walker	27:19	A Wilson	29:19	S Cambell	24:17	T Gillespie	28:01	P McIntyre	27:59	A Girling	32:35	D McKay	27:08	G Harper	29:32
11 Dundee Hawkhill H	27:45	13	56:50	11	01:22:24	11	01:50:11	14	02:18:14	12	02:51:01	11	03:17:24	11	03:48:01	11
	H Mackay	27:45	R Barrie	29:05	S Borland	25:34	G Bell	27:47	C Lennox	28:03	C Haskett	32:47	D Hamilton	26:23	V Johnston	30:37
12 Victoria Park AAC	27:52	14	57:46	15	01:23:23	17	01:50:22	15	02:18:02	11	02:52:21	12	03:19:12	12	03:48:54	12
	G Diverty	27:52	D McMeekin	29:54	R Johnstone	25:37	R Blair	26:59	H Young	27:40	J McFie	34:19	J Pollock	26:51	A Smith	29:42
13 East Kilbride AAC	29:02	19	01:00:02	20	01:25:39	20	01:53:38	20	02:21:28	19	02:55:35	17	03:21:09	15	03:49:55	13
	G McKirdy	29:02	C McDougall	31:00	C Grant	25:37	D Watt	27:59	R Ronald	27:50	R Riach	34:07	J Haddow	25:34	K Clements	28:46
14 Northern District	28:56	18	58:04	17	01:23:48	18	01:51:04	18	02:19:26	15	02:54:55	16	03:21:47	17	03:50:46	14
	N Martin	28:56	P Kenney	29:08	B Turnbull	25:44	M Turner	27:16	D Ritchie	28:22	M McCulloch	35:29	R MacDonald	26:52	I Moncur	28:59
15 Law & District AC	28:24	17	59:35	19	01:25:03	19	01:52:29	19	02:22:38	20	02:55:46	19	03:20:59	13	03:50:59	15
	W Dickson	28:24	D Fairweather	31:11	D Russell	25:28	J McNeil	27:26	J Burns	30:09	D Frame	33:08	H Forgie	25:13	J Thomson	30:00
16 Edinburgh University	26:56	3	57:21	13	01:23:05	15	01:49:41	13	02:19:02	13	02:54:05	14	03:21:31	16	03:51:04	16
	D McMillan	26:56	S McMorran	30:25	A Fox	25:44	A Currie	26:36	R Baker	29:21	T Anderson	35:03	C Wall	27:26	P Graves	29:33
17 Dumbarton AC	26:59	7	57:38	14	01:22:49	14	01:49:29	12	02:19:14	14	02:53:07	13	03:21:02	14	03:51:07	17
	S Reid	26:59	C Martin	30:39	A Adams	25:11	A Currie	26:40	E Caldwell	29:45	J Stephens	33:53	F Cooney	27:55	T McCall	30:05
18 Springburn H	28:10	16	56:54	12	01:22:48	13	01:50:42	16	02:19:32	16	02:54:44	15	03:22:09	18	03:51:48	18
	A Macfarlane	28:10	G Crawford	28:44	A McIndoe	25:54	R Chalmers	27:54	W Minto	28:50	J Cooper	35:12	S Murphy	27:25	H Gorman	29:39
19 Fife AC	27:14	11	56:27	7	01:21:31	9	01:48:25	8	02:21:07	18	02:56:20	20	03:23:37	19	03:52:55	19
	D Macgregor	27:14	T Mitchell	29:13	S Asher	25:04	I Graves	26:54	I Duncan	32:42	D Gunstone	35:13	M Curtis	27:17	M McNaught	29:18
20 Shettleston H	26:49	2	58:02	16	01:22:44	12	01:50:44	17	02:19:42	17	02:55:42	18	03:23:55	20	03:55:24	20
	P Carton	26:49	W Scally	31:13	M Taggart	24:42	J McGoff	28:00	T Kelly	28:58	P McMahon	36:00	P Dixon	28:13	P Cowan	31:29