	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Falkirk Victoria H	26:25	2	56:15	6	1:21:15	5	1:48:12	7	2:15:00	4	2:47:04	1	3:12:04	1	3:40:16	1
	D Bain	26:25	G Mitchell	29:50	I Johnston	25:00	J McGarva	26:57	D Easton	26:48	J Dingwall	32:04	J Pentacost	25:00	S Easton	28:12
2 Cambuslang H	28:18	16	57:11	12	1:21:35	7	1:47:58	5	2:14:58	3	2:48:06	3	3:13:35	2	3:41:52	2
	C Thomson	28:18	E Stewart	28:53	P Morris	24:24	D Ferry	26:23	J Orr	27:00	A Beattie	33:08	J Robertson	25:29	T Ulliott	28:17
3 IBM Spango Valley	27:23	9	56:11	4	1:21:57	8	1:48:08	6	2:15:26	5	2:48:30	4	3:13:55	3	3:41:59	3
	J Stewart	27:23	R Spence	28:48	J Gallacher	25:46	C Leck	26:11	C Spence	27:18	G Clark	33:04	P Connachan	25:25	T Wilkie	28:04
4 Bellahouston H	27:56	15	56:14	5	1:20:19	2	1:46:53	2	2:14:10	1	2:49:05	7	3:15:34	6	3:42:20	4
	T Coyne	27:56	G Braidwood	28:18	H Cox	24:05	G Getty	26:34	A Daly	27:17	A McAngus	34:55	R Fitzsimmons	26:29	**P Fleming**	**26:46**
5 Aberdeen AAC	27:55	14	57:07	11	1:22:23	12	1:49:57	13	2:16:33	8	2:48:38	6	3:14:44	5	3:42:59	5
	G Milne	27:55	G Laing	29:12	D Duguid	25:16	P McErlean	27:34	**C Youngson**	**26:36**	F Clyne	32:05	M Murray	26:06	P Wilson	28:15
6 ESH	26:46	4	54:55	1	1:19:12	1	1:46:51	1	2:14:17	2	2:47:43	2	3:14:38	4	3:43:12	6
	I Steel	26:46	**N Tennent**	**28:09**	N Thin	24:17	G Faulds	27:39	H Robertson	27:26	E Cameron	33:26	S Hughes	26:55	G Mathieson	28:34
7 Shettleston H	27:36	11	56:53	9	1:22:03	9	1:49:50	12	2:17:44	11	2:48:35	5	3:15:41	7	3:45:25	7
	J Mudie	27:36	P Carton	29:17	B Scally	25:10	C Ross	27:47	W Scally	27:54	**N Muir**	**30:51**	P McMahon	27:06	M Taggart	29:44
8 Dundee Hawkhill H	27:06	6	56:45	8	1:23:03	16	1:49:28	9	2:17:43	10	2:50:27	9	3:17:01	9	3:45:31	8
	H McKay	27:06	R Barrie	29:39	S Kerr	26:18	C Ross	26:25	J Hepburn	28:15	C Haskett	32:44	S Borland	26:34	D Hamilton	28:30
9 Kilbarchan AAC	27:07	7	55:58	3	1:22:12	10	1:47:33	3	2:15:32	6	2:49:20	8	3:15:55	8	3:45:43	9
	R Hawkins	27:07	A Puchrin	28:51	M McGinley	26:14	**R Quinn**	**25:21**	C Wallace	27:59	G Fairley	33:48	G Gibson	26:35	R Gardner	29:48
10 Edinburgh AC	27:48	13	58:05	15	1:22:44	13	1:50:23	15	2:18:04	12	2:50:41	10	3:17:17	10	3:45:51	10
	N Jones	27:48	B Kirkwood	30:17	A McKay	24:39	G Cuthbert	27:39	D Hunter	27:41	L Robertson	32:37	M Ferguson	26:36	K Mortiner	28:34
11 Glasgow University	27:41	12	57:49	14	1:22:48	14	1:50:02	14	2:18:20	14	2:53:03	15	3:17:40	11	3:46:34	11
	N Walker	27:41	G Miller	30:08	R Welsh	24:59	J Stevenson	27:14	P McIntyre	28:18	T Gillespie	34:43	**A Wilson**	**24:37**	S Campbell	28:54
12 Victoria Park AAC	27:20	8	56:16	7	1:21:08	4	1:47:52	4	2:16:00	7	2:51:22	11	3:17:42	12	3:46:44	12
	D McMeekin	27:20	A Douglas	28:56	W Diverty	24:52	J Mackie	26:44	M Batley	28:08	R Blair	35:22	P Wilson	26:20	J Pollock	29:02
13 Fife AC	28:29	20	57:28	13	1:21:26	6	1:49:45	11	2:18:09	13	2:52:28	14	3:19:40	14	3:48:33	13
	M Strachan	28:29	T Mitchell	28:59	**S Asher**	**23:58**	S Graves	28:19	D Gunstone	28:24	D Macgregor	34:19	T Ross	27:12	M McNaught	28:53
14 Clyde Valley AC	28:48	21	59:16	19	1:25:36	19	1:52:24	19	2:20:16	17	2:52:12	12	3:20:09	15	3:49:00	14
	P Fox	28:48	S Marshall	30:28	B Kane	26:20	J Brown	26:48	E Devlin	27:52	J Graham	31:56	J Small	27:57	D Marshall	28:51
15 Queens Univ Belfast	26:45	3	58:17	17	1:22:57	15	1:49:41	10	2:17:16	9	2:52:23	13	3:19:22	13	3:49:42	15
	M Kirk	26:45	M Snerionn	31:32	P Rodgers	24:40	I Legge	26:44	T Gannoway	27:35	R Skydon	35:07	J Lavery	26:59	J Clyde	30:20
16 Springburn H	26:15	1	55:50	2	1:20:19	3	1:48:53	8	2:18:30	15	2:53:07	16	3:21:37	16	3:52:14	16
	A Callan	**26:15**	G Crawford	29:35	S Begin	24:29	I McIndoe	28:34	T Hoy	29:37	J Cooper	34:37	S Haddon	28:30	S McLean	30:37
17 East Kilbride AC	28:21	18	58:12	16	1:23:22	17	1:50:57	17	2:20:29	18	2:55:14	17	3:24:16	17	3:53:33	17
	G Hadow	28:21	C McDougall	29:51	C Grant	25:10	R Ronald	27:35	H Wilson	29:32	R Riach	34:45	E Reid	29:02	J McAllister	29:17
18 Greenock Glenpark H	28:22	19	58:19	18	1:24:39	18	1:52:15	18	2:21:19	19	2:57:17	19	3:24:22	18	3:54:28	18
	R Hodelet	28:22	T Murray	29:57	R Cleary	26:20	P Duffy	27:36	I Camerson	29:04	B McGuiness	35:58	R Boyd	27:05	P Russell	30:06
19 North District	26:49	5	56:56	10	1:22:21	11	1:50:26	16	2:19:43	16	2:56:53	18	3:25:28	20	3:56:05	19
	S Axon	26:49	W Miller	30:07	N Martin	25:25	B Turnbull	28:05	R Boswell	29:17	A McDonald	37:10	D Gunn	28:35	M Francis	30:37
20 Hunters Bog Trotters	28:18	17	1:00:05	22	1:25:43	20	1:54:13	20	2:24:00	21	2:57:49	20	3:25:25	19	3:56:24	20
	A Lavery	28:18	S Gibson	31:47	D Taylor	25:38	R Elliott	28:30	W Blair	29:47	R Thomas	33:49	R Williamson	27:36	B Gray	30:59
21 Edinburgh University	27:33	10	59:22	20	1:26:14	21	1:54:36	21	2:23:48	20	3:01:12	21	3:32:35	21	4:03:02	21
	A Currie	27:33	A Fox	31:49	R Brown	26:52	D Gould	28:22	F Boyne	29:12	T Roos	37:24	S Kirk	31:23	E McQueen	30:27
22 Westerlands AC	29:32	22	59:58	21	1:27:23	22	1:56:44	22	2:27:03	22	3:04:59	22	3:33:07	22	4:04:30	22
	M Reid	29:32	W Sheridan	30:26	D Calder	27:25	T Logue	29:21	T Donohue	30:19	A Lockhart	37:56	D MacKay	28:08	A Blackley	31:23
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