	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Aberdeen AAC	27:57	7	58:02	3	01:22:59	1	01:51:34	1	02:19:38	1	02:53:47	1	03:19:50	1	03:49:08	1
	I Mathieson	27:57	C Hall	30:05	**R Cresswell**	**24:57**	D Duguid	28:35	G Laing	28:04	F Clyne	34:09	S Axon	26:03	C Youngson	29:18
Edinburgh Southern H	26:56	1	57:44	2	01:23:06	2	01:52:27	2	02:21:55	4	02:55:10	2	03:21:23	3	03:49:29	2
	T Hanlon	**26:56**	G Grindley	30:48	I Steel	25:22	D Ross	29:21	A Moore	29:28	**J Robson**	**33:15**	C Hunter	26:13	A Robson	28:06
3 Cambuslang H	28:10	8	59:17	10	01:24:42	4	01:53:07	4	02:20:55	3	02:56:02	4	03:23:04	4	03:50:47	3
	C Thomson	28:10	J Orr	31:07	D McShane	25:25	A Gilmour	28:25	C Donnelly	27:48	E Stewart	35:07	M Gormley	27:02	**A Beattie**	**27:43**
4 Edinburgh AC	27:40	5	59:48	12	01:24:46	5	01:53:09	5	02:20:36	2	02:55:32	3	03:21:22	2	03:51:12	4
	A Weatherhead	27:40	I Hamer	32:08	B Kirkwood	24:58	G Brown	28:23	**I Archibald**	**27:27**	M Ferguson	34:56	**G Harker**	**25:50**	A Ward	29:50
5 Central Mass Striders	27:02	2	57:06	1	01:23:19	3	01:53:17	6	02:22:18	6	02:57:58	5	03:24:50	5	03:53:49	5
	L Sayers	27:02	R Doiron	30:04	K McGovern	26:13	S Bagley	29:58	R Elliworth	29:01	K Stirkat	35:40	R Ovian	26:52	D Levy	28:59
6 Falkirk Victoria H	28:21	11	59:14	9	01:25:00	7	01:53:06	3	02:22:12	5	02:58:41	7	03:25:14	6	03:54:57	6
	I Johnston	28:21	J Pentacost	30:53	K Dawson	25:46	P Faulds	28:06	G Grieve	29:06	M Coyne	36:29	K Rankin	26:33	G McMaster	29:43
7 Dundee Hawkhill H	29:02	17	01:01:22	17	01:27:02	12	01:56:14	11	02:24:38	8	02:59:51	8	03:27:33	8	03:55:32	7
	R Barrie	29:02	R Copstake	32:20	C Ross	25:40	P McColgan	29:12	D McGonigle	28:24	P Fox	35:13	P Briscoe	27:42	C Haskett	27:59
8 Teviotdale H	28:30	12	59:13	8	01:26:41	10	01:54:29	7	02:23:30	7	02:58:31	6	03:25:38	7	03:55:45	8
	K Logan	28:30	P Hall	30:43	C Knox	27:28	**A Walker**	**27:48**	B Emmerson	29:01	A Fair	35:01	D Cavers	27:07	I Elliot	30:07
9 Fife AC	27:53	6	58:03	4	01:24:50	6	01:54:39	8	02:25:16	9	03:01:19	11	03:28:04	9	03:57:27	9
	H McKay	27:53	T Mitchell	30:10	R Hanlon	26:47	S Graves	29:49	T Martin	30:37	N Martin	36:03	R Archer	26:45	M Strachan	29:23
10 North District	28:16	10	58:28	5	01:25:22	8	01:55:49	10	02:25:55	11	03:01:08	9	03:29:59	12	03:59:08	10
	P Best	28:16	B Chinnick	30:12	P Atkin	26:54	G Sim	30:27	G Milne	30:06	R Arbuckle	35:13	A Reid	28:51	M Flynn	29:09
11 Greenock Glenpark H	28:57	16	58:29	6	01:25:48	9	01:55:16	9	02:25:20	10	03:01:18	10	03:29:02	10	03:59:11	11
	M McKendrick	28:57	**A Puckrin**	**29:32**	D McLaughlin	27:19	P Duffy	29:28	B McGuiness	30:04	H Cox	35:58	T Curran	27:44	R Johns	30:09
12 Kilbarchan AAC	29:26	18	01:02:03	19	01:27:01	11	01:56:48	14	02:26:32	13	03:02:01	12	03:29:31	11	03:59:19	12
	R McCulloch	29:26	G Fairley	32:37	R Quinn	24:58	R Hawkins	29:47	B Hawkins	29:44	T Hearle	35:29	M McGinley	27:30	G Gibson	29:48
13 Bellahouston H	27:34	4	01:00:56	15	01:27:04	13	01:56:35	13	02:27:37	15	03:03:24	14	03:31:04	13	04:01:06	13
	R Fitzsimmons	27:34	A Daly	33:22	A Thompson	26:08	E Wilkinson	29:31	G Bell	31:02	T Coyne	35:47	J Hendry	27:40	A Mc Angus	30:02
14 Ayr Seaforth	28:13	9	01:00:41	14	01:27:28	16	01:57:12	16	02:26:15	12	03:03:50	15	03:31:31	14	04:02:32	14
	G White	28:13	G Fallon	32:28	J Straunhorn	26:47	R Hill	29:44	K Penrice	29:03	J Stewart	37:35	J Caird	27:41	B Boyd	31:01
15 Haddington ELP	28:36	15	01:00:12	13	01:27:54	17	01:57:06	15	02:26:38	14	03:03:01	13	03:32:08	15	04:03:14	15
	R Stone	28:36	J Ross	31:36	J Forte	27:42	A Graham	29:12	P Marshall	29:32	J Graham	36:23	S Mathieson	29:07	D Bell	31:06
16 East Kilbride AC	28:35	13	59:29	11	01:27:13	14	01:56:23	12	02:27:40	16	03:04:30	16	03:34:00	16	04:03:34	16
	G Hadow	28:35	G Croll	30:54	G Prid	27:44	I Tiepney	29:10	J Scott	31:17	R Ronald	36:50	C Grant	29:30	G Colvin	29:34
17 Edinburgh University	28:36	14	01:01:43	18	01:30:36	21	02:00:44	21	02:31:10	20	03:06:36	17	03:34:22	17	04:03:39	17
	P Dymoke	28:36	H Nicholson	33:07	G Gordon	28:53	N Ramsbottom	30:08	T Anderson	30:26	I Harkness	35:26	P Hyman	27:46	R Boyd	29:17
18 Clydesdale H	29:58	20	01:02:22	21	01:28:43	19	01:58:40	18	02:29:05	17	03:06:53	18	03:35:30	18	04:06:12	18
	J Austin	29:58	D Halpin	32:24	W McCoo	26:21	P Dolan	29:57	J Hanratty	30:25	P Doran	37:48	C McIntosh	28:37	R Young	30:42
19 Victoria Park AAC	30:11	21	01:01:14	16	01:28:38	18	01:58:36	17	02:30:22	18	03:07:54	20	03:36:14	19	04:07:46	19
	F McGowan	30:11	A Douglas	31:03	R Blair	27:24	R Blair	29:58	K Brown	31:46	C Little	37:32	D Innes	28:20	J Doyle	31:32
20 Springburn H	27:31	3	59:07	7	01:27:15	15	02:00:17	19	02:30:23	19	03:07:22	19	03:38:13	20	04:08:15	20
	D Donnat	27:31	G Crawford	31:36	T Hoy	28:08	I Stark	33:02	T Gillespie	30:06	J Cooper	36:59	T McGowan	30:51	I McIndoe	30:02
21 Pitrievie AC	31:04	22	01:04:13	22	01:31:24	22	02:04:13	22	02:35:09	22	03:13:07	21	03:41:50	21	04:13:10	21
	W McNeil	31:04	P Simson	33:09	J Moodie	27:11	S Ogg	32:49	N Healy	30:56	K Duncan	37:58	M McHale	28:43	I McAulay	31:20
22 IBM Spango Valley	29:51	19	01:02:15	20	01:30:27	20	02:00:39	20	02:32:09	21	03:15:28	22	03:43:43	22	04:15:33	22
	C Leck	29:51	S Connahan	32:24	S Davies	28:12	L Spence	30:12	M Shinpy	31:30	S Leighton	43:19	M Coyne	28:15	J Gallacher	31:50
Stage Records																