

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
Mizuno RC	28:33	4	59:58	4	1:24:13	1	1:52:52	1	2:23:42	1	2:55:26	1	3:27:48	1	3:55:45	1
	D Gardiner	28:33	S Cohen	31:25	T Hanlon	24:15	M Colligan	28:39	A Robson	30:50	G Stewart	31:44	S Campbell	32:22	D Ross	27:57
Ron Hill Cambus	27:59	1	59:03	1	1:25:27	2	1:54:26	2	2:25:05	2	2:59:08	2	3:31:07	2	3:57:57	2
	D Runcieman	27:59	N Wilkinson	31:04	J Brown	26:24	D Thom	28:59	I Williamson	30:39	G Croll	34:03	C Thomson	31:59	A McPherson	26:50
Shettleston Harriers	28:42	5	1:00:37	6	1:27:36	4	1:55:34	3	2:26:14	3	2:59:36	3	3:32:17	3	4:00:48	3
	B Scally	28:42	W Coyle	31:55	R Mooney	26:59	J McKay	27:58	A Callan	30:40	G Wight	33:22	D McGonigle	32:41	D Crowe	28:31
Hunters Bog T	28:05	3	59:16	2	1:29:31	6	2:00:42	7	2:30:23	6	3:03:30	6	3:33:58	4	4:02:59	4
	A Hart	28:05	J Heap	31:11	D Baker	30:15	I Gibson	31:11	I Harkness	29:41	D Naylor	33:07	P Mowbray	30:28	D Wright	29:01
Fife AC	28:02	2	59:23	3	1:26:23	3	1:55:57	4	2:29:50	5	3:02:53	4	3:34:53	5	4:05:01	5
	J Cunningham	28:02	A Milligan	31:21	H McKay	27:00	C Russell	29:34	B McManus	33:53	D Leggate	33:03	O Greene	32:00	D Adam	30:08
Kilbarchan AAC	29:40	7	1:00:23	5	1:29:07	5	1:56:05	5	2:27:44	4	3:02:54	5	3:37:16	6	4:06:47	6
	G Gibson	29:40	T Hearle	30:43	G Dobbie	28:44	R Quinn	26:58	A Puckrin	31:39	I McDougall	35:10	J McMillan	34:22	J Snodgrass	29:31
City of Edinburgh	30:57	13	1:03:59	10	1:32:05	9	2:01:55	9	2:33:35	9	3:08:59	10	3:42:18	8	4:10:40	7
	R Burney	30:57	M Ferguson	33:02	I Steel	28:06	M Johnstone	29:50	T Bostad	31:40	O Flage	35:24	D Armour	33:19	B Aitken	28:22
Irvine AC	30:17	10	1:03:00	8	1:31:13	8	2:02:08	10	2:33:40	10	3:07:28	8	3:42:05	7	4:10:47	8
	C Miller	30:17	D Millar	32:43	G Ferguson	28:13	J White	30:55	L Richardson	31:32	W Richardson	33:48	G Irving	34:37	B Craig	28:42
Victoria Park AAC	29:45	8	1:03:04	9	1:30:28	7	1:59:43	6	2:32:10	7	3:06:45	7	3:42:55	9	4:12:41	9
	A Douglas	29:45	Kevin Forster	33:19	Kirstain Forste	27:24	S Barnett	29:15	E Gault	32:27	A McBeth	34:35	G Munro	36:10	A Nicoll	29:46
Dundee Hawkhill	30:42	11	1:04:54	12	1:32:10	10	2:01:01	8	2:33:22	8	3:08:57	9	3:43:50	10	4:13:49	10
	N Raitt	30:42	B Cook	34:12	C Haskett	27:16	N Gunstone	28:51	J Hepburn	32:21	M Strachan	35:35	G Rennet	34:53	W Rennie	29:59
Inverclyde AC	30:07	9	1:02:45	7	1:33:05	12	2:05:05	12	2:39:15	14	3:12:06	11	3:45:32	11	4:16:13	11
	C McAllister	30:07	T Tipping	32:38	J Weston	30:20	R Shaw	32:00	G King	34:10	S Conaghan	32:51	S Hodge	33:26	J Bannister	30:41
Law & District	31:39	19	1:05:01	13	1:33:25	13	2:05:00	11	2:38:14	11	3:13:40	12	3:49:04	12	4:20:14	12
	P T Anson	31:39	A Russel	33:22	S Allen	28:24	D Ovens	31:35	C Mcann	33:14	S McGregor	35:26	M Hand	35:24	A Ramage	31:10
Lothian RC	31:04	15	1:05:15	14	1:34:39	15	2:05:44	14	2:38:15	12	3:14:15	13	3:50:25	13	4:21:03	13
	G Ackland	31:04	A Merdes	34:11	E McIntosh	29:24	G Gilhooley	31:05	R Lee	32:31	M Robertson	36:00	D Godfree	36:10	D Simmons	30:38
Falkirk Victoria H	31:33	18	1:08:34	18	1:36:27	17	2:07:20	17	2:41:19	16	3:15:53	15	3:51:26	14	4:22:23	14
	A Ronald	31:33	W Higgins	37:01	K Johnstone	27:53	D Gillespie	30:53	N Robertson	33:59	M McQuaid	34:34	S Moore	35:33	J Martin	30:57
Gala Harriers	30:57	12	1:05:43	15	1:35:23	16	2:07:13	16	2:40:41	15	3:18:19	17	3:53:03	16	4:22:36	15
	F Cochrane	30:57	R Logan	34:46	J Knox	29:40	M McGovern	31:50	W Hynd	33:28	I Arnott	37:38	P Heath	34:44	N Renton	29:33
McDonald's Carnegie	31:02	14	1:06:29	17	1:38:33	18	2:08:19	18	2:42:31	18	3:17:45	16	3:54:43	17	4:26:27	16
	B Hutchison	31:02	R Milton	35:27	J Robb	32:04	I Campbell	29:46	A Hunter	34:12	F Harper	35:14	P Bundy	36:58	D Simpson	31:44
Greenock Glenpark	31:24	17	1:04:48	11	1:34:08	14	2:06:49	15	2:42:09	17	3:21:53	18	3:58:34	18	4:27:22	17
	R Davidson	31:24	A Morrison	33:24	R Docherty	29:20	A O'Rourke	32:41	A McCall	35:20	R Wilson	39:44	G Mitchell	36:41	S McLoone	28:48
JW Kilmarnock	29:32	6	1:06:16	16	1:32:24	11	2:05:16	13	2:38:45	13	3:15:12	14	3:53:03	15	4:29:18	18
	R Montgomery	29:32	J Gebbie	36:44	J Tonner	26:08	I Connell	32:52	K Haining	33:29	J Goldie	36:27	G Cairns	37:51	W Mc Phail	36:15
Kwik Fit Cor	31:12	16	1:08:39	19	1:41:47	19	2:11:45	19	2:48:53	19	3:27:01	19	4:03:54	19	4:33:24	19
	S O'Brien	31:12	I Cumming	37:27	G Fletcher	33:08	M Anderson	29:58	B Clark	37:08	D Law	38:08	B Nicholson	36:53	K Hood	29:30
Stage Records	B Kirkwood	26:38	C Robison	30:00	S Cohen	24:08	I Brown	25:46	J Sherban	26:15	J Sherban	31:46	F McGowan	26:31	G Stewart	25:31
	Racing Club E	1992	Inverclyde AC	1998	Mizuno RC	1996	Racing Club E	1992	Livingston	1996	Falkirk V H	1992	Mizuno RC	1997	Mizuno RC	1997
21 Dumfries RC	31:28	22	1:06:05	22	1:35:05	22	2:06:40	22	2:38:01	22	3:14:08	21	3:45:25	21	4:18:50	21
	D Brown	31:28	L Hill	34:37	S Mohan	29:00	D Scobie	31:35	C Mellor	31:21	J Laird	36:07	J Grierson	31:17	D Batstone	33:25
22 Kwik-Fit Corstorphine	31:27	21	1:04:57	21	1:34:32	21	2:04:54	21	2:37:56	21	3:17:26	22	3:49:10	22	4:20:26	22
	C O'Brien	31:27	K Hood	33:30	B Clark	29:35	S O'Brien	30:22	I Cumming	33:02	D Law	39:30	P O'Brien	31:44	M Caldwell	31:16
Stage Records	B Kirkwood	26:38	C Robison	30:00	S Cohen	24:08	I Brown	25:46	J Sherban	26:15	J Sherban	31:46	F McGowan	26:31	G Stewart	25:31
	Racing Club E	1992	Inverclyde AC	1998	Mizuno R C	1996	Racing Club E	1992	Falkirk V H	1996	Falkirk V H	1992	Mizuno R C	1997	Mizuno R C	1997