

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Mizuno RC	28:01	2	59:28	2	1:24:28	1	1:51:18	2	2:20:27	2	2:50:45	1	3:22:10	2	3:48:55	1
	J Ross	28:01	K Chapman	31:27	T Hanlon	25:00	M Colligan	26:50	D Gardiner	29:09	G Stewart	30:18	S Campbell	31:25	D Ross	26:45
2 Hunters Bog T	28:00	1	58:51	1	1:24:34	2	1:51:16	1	2:20:17	1	2:50:46	2	3:20:38	1	3:49:10	2
	A Hart	28:00	S Cairns	30:51	D Wright	25:43	J Heap	26:42	I Harkness	29:01	P Mowbray	30:29	D Naylor	29:52	H Lorimer	28:32
3 Shettleston Harriers	29:30	14	1:01:45	9	1:28:08	7	1:55:15	3	2:25:54	4	2:57:48	3	3:30:30	3	3:56:58	3
	D Crowe	29:30	W Coyle	32:15	I Lewis	26:23	S Gibson	27:07	L Duff	30:39	G Wight	31:54	S MacIntyre	32:42	M Graham	26:28
4 Ron Hill Cambus	28:53	6	1:00:42	6	1:27:31	5	1:55:25	4	2:25:39	3	2:57:56	4	3:30:42	4	4:00:07	4
	D Runcieman	28:53	D Rodgers	31:49	J Pal	26:49	D Dymond	27:54	J Cowan	30:14	C Thomson	32:17	R Bruce	32:46	W McTaggart	29:25
5 Metro Aberdeen	28:07	3	1:00:11	4	1:27:45	6	1:56:02	5	2:26:47	6	2:58:39	5	3:30:56	5	4:00:25	5
	N Milovsorov	28:07	A Reid	32:04	A White	27:34	K Farquhar	28:17	K Varney	30:45	S Pride	31:52	B Moroney	32:17	R Taylor	29:29
6 Kilbarchan AAC	28:59	8	1:00:48	7	1:28:28	9	1:56:49	8	2:27:57	7	3:00:15	7	3:32:11	6	4:00:37	6
	T Lawrence	28:59	R Quinn	31:49	J McMillan	27:40	J Snodgrass	28:21	R Fittsimmons	31:08	T Hearle	32:18	I MacDougal	31:56	G Fairley	28:26
7 Fife AC	28:57	7	1:00:33	5	1:27:05	4	1:56:09	6	2:26:47	5	2:59:26	6	3:33:21	7	4:01:33	7
	J Cunningham	28:57	O Greene	31:36	G Bee	26:32	B McManus	29:04	D Anderson	30:38	D Leggate	32:39	A Milligan	33:55	G Walker	28:12
8 Dundee Hawkhill	29:28	12	1:00:52	8	1:28:16	8	1:56:52	9	2:28:56	8	3:02:44	8	3:35:47	8	4:05:11	8
	C Haskett	29:28	G Crossan	31:24	J Hepburn	27:24	T Esler	28:36	C Ross	32:04	N Gunstone	33:48	M Strachan	33:03	T Neill	29:24
9 Irvine AC	30:03	16	1:02:19	12	1:29:39	13	2:00:55	13	2:30:46	9	3:03:20	9	3:36:41	9	4:06:33	9
	C Miller	30:03	D Millar	32:16	G Irving	27:20	P Collier	31:16	L Richardson	29:51	W Richardson	32:34	B Craig	33:21	J McNamee	29:52
10 City of Edinburgh	29:10	9	1:01:58	10	1:29:24	11	1:59:36	10	2:31:01	10	3:06:24	12	3:39:36	10	4:07:54	10
	J Guest	29:10	M Ferguson	32:48	K Lyle	27:26	J Macinnes	30:12	M Johnston	31:25	J Pringle	35:23	A Ward	33:12	B Aitken	28:18
11 Law & District	28:32	4	59:35	3	1:27:02	3	1:56:35	7	2:32:41	12	3:05:01	10	3:39:48	11	4:09:28	11
	S Macgregor	28:32	A Russell	31:03	S Griffin	27:27	S Allan	29:33	S Porte	36:06	J Reid	32:20	S Lawley	34:47	A Ramage	29:40
12 Central AC	29:15	10	1:02:28	13	1:29:28	12	2:01:01	14	2:31:27	11	3:05:46	11	3:43:24	13	4:11:18	12
	R Houston	29:15	R Russell	33:13	A Hay	27:00	F Purves	31:33	A Anthony	30:26	J McDonald	34:19	J Millar	37:38	E Gault	27:54
13 Victoria Park AAC	31:40	19	1:04:42	17	1:32:22	15	2:00:41	12	2:32:57	13	3:08:54	13	3:43:12	12	4:13:09	13
	I Carr	31:40	S Barnett	33:02	K McCoy	27:40	A MacBeth	28:19	G Munro	32:16	A Nicoll	35:57	A Clark	34:18	K Mitchell	29:57
14 Falkirk Victoria H	28:34	5	1:02:04	11	1:29:15	10	2:00:10	11	2:34:41	15	3:11:45	17	3:46:21	15	4:15:39	14
	D Hart	28:34	S Moore	33:30	K Johnstone	27:11	E Donaldson	30:55	S McNeill	34:31	D Gillespie	37:04	N Robertson	34:36	A Ronald	29:18
15 EZ Carnegie	31:05	17	1:05:37	19	1:34:23	19	2:02:32	17	2:35:16	17	3:13:02	18	3:46:19	14	4:16:44	15
	S Ogg	31:05	F Harper	34:32	P Simpson	28:46	I Stewart	28:09	P Bundy	32:44	A Hunter	37:46	R Milton	33:17	I Johnstone	30:25
16 Lothian RC	29:26	11	1:04:27	15	1:31:24	14	2:01:35	15	2:34:07	14	3:10:10	14	3:46:49	16	4:17:16	16
	B Turner	29:26	D Simmons	35:01	I Donnan	26:57	P Dymoke	30:11	E McIntosh	32:32	A Merdes	36:03	S Cunningham	36:39	D Eades	30:27
17 Inverclyde AC	32:51	20	1:07:42	20	1:34:46	20	2:06:34	20	2:38:27	19	3:10:46	15	3:51:33	20	4:17:45	17
	R Shaw	32:51	W Tipping	34:51	D McElhinney	27:04	J Weston	31:48	D Gray	31:53	S Conaghan	32:19	S Dalgleish	40:47	T Murray	26:12
18 Ayr Seaforth	29:29	13	1:04:27	14	1:32:28	16	2:02:29	16	2:35:04	16	3:11:44	16	3:47:12	17	4:19:45	18
	R Napier	29:29	O Jones	34:58	C Souter	28:01	F Napier	30:01	L Baker	32:35	A Allardyce	36:40	A Stewart	35:28	J Strawhorn	32:33
19 Greenock Glenpark	31:09	18	1:04:43	18	1:33:53	18	2:04:54	19	2:39:49	20	3:15:02	20	3:49:54	19	4:20:48	19
	C McKay	31:09	A Morrison	33:34	A McCall	29:10	R Wilson	31:01	G Mitchell	34:55	S McLoone	35:13	D McLaughli	34:52	A O'Rourke	30:54
20 Clydesdale Harriers	29:56	15	1:04:38	16	1:33:39	17	2:03:33	18	2:37:32	18	3:14:40	19	3:49:34	18	4:22:31	20
	M Rudzinski	29:56	J Austin	34:42	B Gallagher	29:01	A Meikle	29:54	M Diver	33:59	J Hanratty	37:08	R Young	34:54	C Brown	32:57
Stage Records	B Kirkwood	26:38	C Robison	30:00	S Cohen	24:08	J Heap	26:42	I Harkness	29:01	G Stewart	30:18	D Naylor	29:52	G Stewart	25:31
	Racing Club E	1992	Inverclyde AC	1998	Mizuno RC	1996	Hunters Bog	2001	Hunters Bog	2001	Mizuno RC	2001	Hunters Bog	2001	Mizuno RC	1997