

Wenters 1:20:49; 2 Pei Chuang 1:20:58; 3 Yu Chaoqiong 1:21:04; 4 He Xiaodong 1:21:37; 5 Zhu Hongjun 1:21:58; 6 Bai Liansheng 1:22:16; 7 Yu Guohui 1:23:18; 8 Chang Chunhu 1:23:44.

Women

100 (b): 1 Li Xuemei 11.14; 2 Liu Xiaomei 11.22; 3 Chen Yuejin 11.42; 4 Zeng Xiujuan 11.43; 5 Zou Hua 11.46. **400 (b):** 1 Bu Fanfang 51.35; 2 Chen Xiangui 51.40; 3 Zhong Shaoting 52.24; 4 Zhang Hengyun 52.44; 5 Yan Jianku 52.44; 6 Gao Lihua 52.61. **1500 (b):** 1 Lin Na 4:07.06; 2 Liu Xiaoping 4:07.31; 3 Dong Yanmei 4:07.72; 4 Yan Wei 4:08.05; 5 Zhang Jingjing 4:08.09; 6 Sun Qiuqiong 4:08.12; 7 Xing Huina 4:11.58; 8 Wang Chunmei 4:11.83. **10,000 (c):** 1 Dong Yanmei 31:43.59; 2 Sun Yingjie 31:49.47; 3 Liu Min 31:53.78; 4 Wei Yanan 31:54.86; 5 Ren Xiujuan 32:07.55; 6 Ju Limei 32:14.14; 7 Zhang Yang 32:20.48; 8 Dai Yanyan 32:28.35. **100H (b):** 1 Su Yiping 12.70; 2 Feng Yun 12.86; 3 Zeng Xiaoding 12.91; 4 Zhang Yu 13.03; 5 Pang Meijuan 13.13; 6 Xiong Yanling 13.16. **LJ (c):** 1 Gu Ying 6.57; 2 Zhu Yanyan 6.53; 3 Wang Lina 6.51. **DT (b):** 1 Song Aimin 62.34; 2 Ma Shuli 62.21; 3 Luan Zhili 62.20; 4 Xiao Yanling 61.81; 5 Li Yanfeng 61.77; 6 Qin Lei 60.09; 7 Xu Shaoyang 59.97; 8 Liu Yanxia 59.89; 9 Ma Xuejun 58.65; 10 Cao Qi 58.01; 11 Chang Xinhong 56.25; 12 Hu Honglian 55.79. **Hept (a, b):** 1 Shen Shengfei (13.96/0.5, 1.81, 14.76, 25.23/0.5, 6.35/0.7, 48.91, 2.23.31) 6263; 2 Wang Hailian 5909; 3 Shi Wei 5891; 4 Ding Ying 5837; 5 Zhang Nina 5811; 6 Dan Jiao 5472; 7 Fu Pengcheng 5469. **20kmW (c):** 1 Wang Yan 1:26:22; 2 Wang Liping 1:26:23; 3 Liu Hongyu 1:26:35; 4 Jian Xingli 1:29:31; 5 Gao Kelian 1:29:39; 6 Wang Qingqing 1:29:44; 7 Pan Hailian 1:29:47; 8 Li Hong 1:29:59

SPAIN

BEHOBIA - SAN SEBASTIAN 20km

ROAD RACE, November 11

Men

1 P Rugut (KEN) 59:27; 2 S Ramadhani (TAN) 59:42; 3 E Ragat (KEN) 59:55

Women

1 R Rios 71:50; 2 SUSAN PARTRIDGE 72:33; 3 L Medina 73:49; 4 A de las Heras 74:22

UNITED STATES

NYRR CROSS COUNTRY CHAMPS,

New York, November 11

Men

1 A Gunther 15:46; 2 J Real 16:04; 3 R Curley 16:18; 4 STUART MAXWELL 16:20; ...10 MATT CHASTON 16:49

road

November 18

EDINBURGH TO GLASGOW RELAY

MIZUNO RACING CLUB won Scotland's inter-city relay for the eleventh year in a row after a dramatic battle with Hunters Bog Trotters which had fans of the historic race enthralled throughout the 45-mile contest, *Fraser Clyne reports.*

There are some people within Scottish athletics who want to see this event wiped from the fixture list because of the widely acknowledged difficulties of safely policing an eight stage competition which follows increasingly busy roads across the centre of the country.

The race survives, however, because of the determination of club runners to protect the rich tradition of a contest which was first held in 1930 and has now reached its 63rd edition. The "E to G" has been known for producing more than its fair share of drama, and this year's event was no different.

Mizuno Racing Club have dominated the contest since lifting the coveted News of the World Trophy for the first time in 1991. But never before have the champions been pushed so close. No club had ever come within one minute of Mizuno in the past, but from very early on it was apparent that the outcome might be somewhat closer on this occasion. And so it proved.

Hunters Bog Trotters and Mizuno played nip and tuck throughout, leaving the other 18 invited teams to scarp amongst themselves in a scramble for third place.

John Ross gave the champions a one-second advantage over HBT's Al Hart on the opening stage as the big guns set their stall out. Steve Cairns then propelled the Trotters into a 38-second lead over Mizuno's Ken Chapman on stage two. The gap was closed again on the next leg when Tom Hanlon overhauled David Wright to put Racing Club back in front by six seconds. The pendulum swung slightly back in HBT's favour on the fourth stint thanks to John Heap's record setting performance which put the challengers two seconds in front of Mizuno's Max Colligan.

Another stage record fell on leg five as Ian Harkness stretched the Trotters lead to 10 seconds over Mizuno's David Gardiner before Glen Stewart got in on the act by restoring Racing Club's lead - but only by one second after an enthralling no-holds barred battle with Phil Mowbray.

It was still all to play for and the excitement was growing, but the Trotters must have thought they were heading for gold when Don Naylor swept past Stuart Campbell on the seventh stage and opened up the biggest lead either side had enjoyed at any stage in the contest so far - 92 seconds.

Hill running specialist Hayden Lorimer was entrusted with HBT's final stage through the streets of Glasgow. The tension grew as Mizuno's Davie Ross, seeking a 10th winner's medal, gradually chipped away at his rival's lead. With just a little more than 600 metres remaining, Ross finally caught Lorimer and, showing no mercy, the Racing Club man accelerated away to clinch victory by 15 seconds. It was the third narrowest winning margin in the history of the race.

More than seven minutes passed before Mark Graham appeared to secure third place for Shettleston Harriers, whose record of eleven victories has now been matched by Mizuno.

The special prize reserved for the most meritorious performance outside the top three teams went to Metro Aberdeen who achieved their highest ever position. The North-east men had failed to qualify last year after having finished 20th in 1999, but came through to take fifth.

Fife AC endured a two-minute penalty for unintentionally cutting the course on leg seven.

Men

1 Mizuno Racing Club 3:48:55 (J Ross 28:01, K Chapman 31:27, T Hanlon 25:00, M Colligan 26:50, D Gardiner 29:09, G Stewart 30:18, S Campbell 31:25, D Ross 26:45); 2 Hunters Bog Trotters 3:49:10 (A Hart 28:00, S Cairns 30:51, D Wright 25:43, J Heap 26:42, I Harkness 29:01, P Mowbray 30:29, D Naylor 29:52, H Lorimer 28:32); 3 Shettleston Harriers 3:56:58 (D Crowe 29:30, W Coyle 32:15, I Lewis 26:23, S Gibson 27:07, A Callan 30:39, G Wight 31:54, S MacIntyre 32:42, M Graham 26:28); 4 Ron Hill Cambuslang Harriers 4:00:07 (D Runcieman 28:53, D Rodgers 31:49, J Pal 26:49, D Dymond 27:54, J Cowan 30:14, C Thomson 32:17, R Bruce 32:46, W McTiggart 29:25; 5 Metro Aberdeen 4:00:25 (N Milosorov 28:07, A Reid 32:04, A White 27:34, K Farquhar 28:17, K Varney 30:45, S Pride 31:52, B Moroney 32:17, R Taylor 29:29); 6 Kilbarhan AAC 4:00:37 (T Lawrence 28:59, R Quinn 31:49, J McMillan 27:40, J Snodgrass 28:21, R Fitzsimmons 31:08, T Hearle 32:18, I MacDougall 31:56, G fairlye 28:28); 7 Fife AC 4:01:33 (J Cunningham 28:57, O Greene 31:36, G Bee 26:32, B McManus 29:04, D Anderson 30:38, D Leggate 32:39, A-Milligan 33:55, G Walker 28:12); 8 Dundee Hawkhill Harriers 4:05:11 (C Heskett 29:28, G Crossan 31:24, J Hepburn 27:24, T Esler 28:36, C Ross 32:04, N Gunstone 33:48, M Strachan 33:03, T Neill 29:24), 9 Irvine AC 4:06:33 (C Miller 30:03, D Miller 32:16, G Irving 27:20, P Collier 31:16, L Richardson 29:51, W Richardson 32:34, B Craig 33:21, J McNamee 29:52, 10 City of Edinburgh 4:07:59 (J Guest 29:10, M Ferguson 32:48, K Lyall 27:26, J Macinnes 30:12, M Johnston 31:25, J Pringle 35:23, A Ward 33:12, B Aitken 28:18; 11 Law and District 4:09:28, 12 Central AC 4:11:18; 13 Victoria Park AC 4:13:09; 14 Falkirk Victoria Harriers 4:15:39; 15 EZ Carnegie

Harriers 4:16:44; 16 Lothian Running Club 4:17:16; 17 Inverclyde AC 4:17:45; 18 Ayr Seaforth 4:19:45; 19 Greenock Glenpark Harriers 4:20:48; 20 Clydesdale Harriers 4:22:31

Fastest

Stage One: Hart 28:00, Ross 28:01, Milosorov 28:07, S Macgregor (law) 28:32; D Hart (Falk) 28:34

Stage Two: Cairns 30:51, A Russell (Law) 31:03, Crossan 31:24, Chapman 31:27, Greene 31:36

Stage Three: Hanlon 25:00, Wright 25:43, Lewis 26:23, Bee 26:32, Pal 26:49

Stage Four: Heap 26:42, Colligan 26:50, Gibson 27:07, Dymond 27:54, I Stewart (Carnegie) 28:09

Stage Five: Harkness 29:01, Gardiner 29:09, Richardson 29:51, Cowan 30:14, Anthony 30:26

Stage Six: Stewart 30:18, Mowbray 30:29, Prid 31:52, Wight 31:54, Thomson 32:17

Stage Seven: Naylor 29:52, Campbell 31:25, MacDougall 31:56, Moroney 32:17, MacIntyre 32:42

Stage Eight: T Murray (I'clyde) 26:12, Graham 26:28, Ross 26:45, E Gault (Cent) 27:54, Walker 28:12

REEBOK BRIGHTON 10km

TREVOR JAMES led home the field but, with entries closed at 1500, there were many disappointed runners who were turned away, *Martin Duff reports.*

In one of his last races in this country before returning to South Africa, perhaps for good, James took the race by the scruff of the neck after a pedestrian early start and gradually pulled clear. Increasing his advantage throughout the race the 27-year-old finally crossed the line 200 metres clear.

Passing the 3km mark in 8:57, James was already 60 metres clear of Barns Green Half-marathon winner Darrell Smith. Birchfield's Dave Miles followed but there was a gap to a crowd of Brighton-based runners, which included Tracy Harris, Tom Naylor and Mike Buss. James kept up the pressure to go through 5km in 14:50 and a sub 30-minute time looked on the cards. However, lack of any challenge and a slight breeze held the South Africa back to his 30:08 finishing time.

James said: "I thought I'd take it out and see if anyone comes." They didn't, so his front running paid off handsomely and, having learnt from bitter experience to enter early, was able to take home the winner's prize. Of his decision to return to South Africa, the winner said: "My visa runs out in six months, but I am going home shortly and may not come back."

Smith, in his best race for several years, held on well for second in 30:50. However, there was a tight squeeze for third place, which went to former triathlete Harris after it had so long seemed to be heading to Miles.

Joanne Hinde was the official winner of the women's race but the presence of former AAA 10-mile champion Lynn Williams took the shine from her victory. Williams, who was not wearing a number, crossed the line first, despite the pleas of marshals to pull up.

The two went through 3km together in 10:28, with Melissa Neal a little off the pace as Miranda Heathcote and Ellen Chadwick trailed. By 5km, reached in just under 18 minutes, Williams had gone ahead, but Hinde said: "I thought she was in the race, we were together until just before half-way."

Hinde pressed on to take her first major race - for her a breakthrough in athletics, but the Hastings runner is another to emerge from the long line of triathletes making an impact on the running scene. "I was eighth in the European Under-23 event in Turkey recently," said the 21-year-old. Neal kept up the pressure behind for a close second in 37:32.

Men

1 T James (SB/RSA) 30:08; 2 D Smith (Crow) 30:50; 3 T Harris (B&H) 31:25; 4 D Miles (Bir) 31:26; 5 L Jones (Crow) 31:28; 6 T Naylor (Phoe) 31:55; 7 M Buss (B&H) 32:02; 8 H Ibrahim (B&H) 32:05; 9 R Bullen (Les C, M40) 32:12; 10 R Shannon (B&H, M40) 32:21; 11 P Stacey (B&H) 32:44; 12 P Friend (B&H) 32:56; 13 R Palmer (Cant) 33:26; 14 JR Brnstow (B&H, M40) 33:29; 15 C Griffin (B'ht, M40) 33:30; 16 G