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sporting writers



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NATIONAL ROAD RELAY RACE
LONDON (Under A.A.A. Rules)
TO BRIGHTON

STARTING AT 10 a.m. FROM
OLD PALACE YARD, WESTMINSTER
TO AQUARIUM, BRIGHTON (Approx. 2.25 p.m.)
SATURDAY APRIL 13th 1957

RELAYS AND EXCHANGE STATIONS

The runners, totalling 220, will be divided into eleven relays of 20.

Each competitor must wear, **BACK AND FRONT**, the number and the letter shown in this programme.

News of the World arrow signs will be shown throughout the Course at all turns, and banners show each take-over.

FIRST RELAY
(4 miles, 558 yards)
(approx. time of arrival 10.20 a.m.)

Starting by Richard I Statue, Old Palace Yard, straight ahead along Millbank and Grosvenor Road passing Lambeth and Vauxhall Bridges to Chelsea Bridge. Turn left over the bridge, Queenstown Road, across Battersea Park Road, zig-zag under three railway bridges, up hill and across Wandsworth Road, then steep climb along Cedars Road to Clapham Common; turn right and then left at the Avenue, crossing Clapham Common, left fork to Take-over at Broomwood Road. Distance : 4 miles, 558 yards.

SECOND RELAY
(5 miles, 138 yards)
(approx. time of arrival 10.45 a.m.)

Continue along the Avenue, turn right at Nightingale Walk, bear right into Nightingale Lane; pass traffic lights, Wandsworth Common and over railway bridge, then fork left by "Hope Tavern" (St. James's Drive). Keep left into Trinity Road, across Balham High Road (to left of Tooting Bec station) Tooting Bec Road. Turn right into Church Lane and follow hospital railings, keeping right at two sets of fork roads. Turn left at "Mitre Inn" (Mitcham Road) then right into London Road (Barclays Bank on corner). Straight ahead to Clock Tower, bear left and keep right of pond (Commonside West). Take-over opposite *News of the World* Sports Ground. Distance : 9 miles, 696 yards.

THIRD RELAY
(5 miles, 1,416 yards)
(Approx. time of arrival 11.10 a.m.)

Run straight ahead, over new bridge, Mitcham Common (left-hand road), passing "Ravensbury Arms" (right), straight on to Purley Way, turn right along Purley Way and pass Croydon Aerodrome to Purley Corner; turn right into main Brighton Road. Take-over at Purley Rise, third turning on right. Distance : 15 miles, 352 yards.

FOURTH RELAY
(5 miles, 186 yards)
approx. time of arrival 11.35 a.m.

Main Brighton Road to "Jolliffe Arms," Merstham. Distance : 20 miles, 538 yards. (Course more or less level).

FIFTH RELAY
(4 miles, 912 yards)
(approx. time of arrival 12 noon)

Main road, passing Feathers Hotel, through Redhill and over Earlswood Common. Take-over opposite "Prince Albert" (A real switch-back course with stiff climb through Redhill). Distance : 24 miles, 1,450 yards.

SIXTH RELAY
(5 miles, 320 yards)
(approx. time of arrival 12.25 p.m.)

Main road, passing "General Napier," Salfords, Horley, Thorns Hotel, Povey Cross Garage, bearing left for another mile to Take-over inside the enclosure White Lion Hotel, Lowfield Heath. (Road undulating to Horley, thence level). Distance : 30 miles, 10 yards.

SEVENTH RELAY
(6 miles, 1,288 yards)
(approx. time of arrival 1.0 p.m.)

Main road, passing Southdown Coach Station, Sun Hotel, "George," Crawley, crossing railway lines (if gates closed, down the subway), Main Road to new Bye-pass, then turn left, past the "Black Swan," Main Road, Peas Pottage P.O. to Red Lion Hotel, Handcross. (Undulating). Distance : 36 miles, 1,298 yards.

(Continued at top of next page)

EIGHTH RELAY
(6 miles, 206 yards)
(approx. time of arrival 1.30 p.m.)

Main road, keeping left, new road, passing "Welfords Caravans," Tudor House Tea Rooms, "Queens Head," Bolney, to the Castle Hotel, Hickstead. (Steep drop, then switchback going, last mile uphill). Distance : 42 miles, 1,504 yards.

NINTH RELAY
(4 miles, 82 yards)
(approx. time of arrival 1.50 p.m.)

Main road, passing Stroods Hotel, "Duke of York," "King's Head," Aldbourne Green to Newtimber. Take-over opposite Star House, which lies back, with open grass space in front, 440 yards from Dale Hill. (Undulating course with downhill finish). Distance : 46 miles, 1,586 yards.

TENTH RELAY
(4 miles, 356 yards)
(approx. time of arrival 2.10 p.m.)

Main road up Dale Hill, P.O. Pycombe, Plough Hotel, Downlands Cafe to Black Lion Hotel, Patcham. (Stiff climbing to Pycombe, thence downhill). Distance : 51 miles, 182 yards.

ELEVENTH RELAY
(3 miles, 1,166 yards)
(approx. time of arrival 2.25 p.m.)

Main road, passing Preston Park to Aquarium, finishing along Madeira Drive, Brighton, by the Baths. (Easy downhill run). Distance : 54 miles, 1,348 yards.

Distances as measured with a Surveyor's Wheel by L. W. Woodcock (Hon. Secretary, Surrey Walking Club).

The Police Authorities have insisted that supporters' coaches must not join the race until after the second take-over at the "News of the World" Sports Ground, Mitcham. **ANY INFRINGEMENT OF THIS RULE WILL ENTAIL THE DISQUALIFICATION OF THE CLUB CONCERNED FROM PARTICIPATION IN FUTURE RACES, and may result in the banning of the race from London for all time.**

TODAY'S TEAMS

HOW THEY FARED IN LAST YEAR'S RACES

Southern Teams			Midland Teams		
AYLESFORD P.M.A.C.	8th	London-Brighton	BIRCHFIELD H.	2nd 8th	Manchester-Blackpool National
BELGRAVE H.	3rd 5th	London-Brighton National	COVENTRY GODIVA H.	6th 16th	Manchester-Blackpool National
HERNE HILL H.	2nd 2nd	London-Brighton National	TIPTON H.	7th 14th	Manchester-Blackpool National
ILFORD A.C.	5th	London-Brighton	Northern Teams		
POLYTECHNIC H.	13th 6th	London-Brighton National	DERBY & COUNTY A.C.	3rd	Manchester-Blackpool
PORTSMOUTH A.C.	9th	London-Brighton	MANCHESTER A. & C.C.	4th 13th	Manchester-Blackpool National
ST. ALBANS CITY A.C.	6th 9th	London-Brighton National	PEMBROKE A. & C.C.	5th	Manchester-Blackpool
SOUTH LONDON H.	1st	National	SHEFFIELD UNITED H. & A.C.	1st 3rd	Manchester-Blackpool National
THAMES VALLEY H.	1st 4th	London-Brighton National	Scottish Teams		
WALTON A.C.	7th 10th	London-Brighton National	SHETTLESTON H.	2nd 12th	Edinburgh-Glasgow National
WOODFORD GREEN A.C.	4th	London-Brighton	VICTORIA PARK A.A.C.	1st 7th	Edinburgh-Glasgow National

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RELAYS Timekeepers:

1-6-11: W. C. A. FINDLAY (*A.A.A.*) (*Chief*)
W. C. JEWELL (*A.A.A.*)

2-7: L. HEY (*Middlesex Co. A.A.A.*)
D. MCSWEIN (*S.A.A.A.*)

3-8: W. F. PEARSON (*A.A.A.*)
L. READ (*Middlesex Co. A.A.A.*)

4-9: B. C. LONG (*A.A.A.*)
R. ALLEN (*A.A.A.*)

5-10: C. F. HILL (*A.A.A.*)
A. ERWOOD (*Middlesex Co. A.A.A.*)

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A. E. KING (*Middlesex Co. A.A.A.*)

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L. J. HUNT (*Polytechnic H.*)

L. F. EDWARDS (*Ealing H.*)
W. COTTERELL (*Surrey A.C.*)

F. H. HULFORD (*A.A.A.*)
E. GOUGH (*Horsham Blue Star H.*)

JUDGES:

1-6-11: J. C. G. CRUMP (*A.A.A.*)

2-7: P. S. GALE (*A.A.A.*)

3-8: W. J. WESTERN (*A.A.A.*)

4-9: S. A. TOMLIN (*A.A.A.*)

5-10: C. R. SMITH (*Thames Valley H.*)

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G. DALLAS (*S.A.A.A.*)
A. J. SAGE (*A.A.A.*)

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Deputy Transport Officer: G. HEMSWORTH (*Victoria Park H.*)

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(*Belgrave H.*); 6, D. I. DUNCAN (*L.B.H.S.A.*); 7, W. A. HALLUMS (*L.B.H.S.A.*); 8,
L. W. GREANEY; 9, H. G. WICKINGTON (*Woodford Green A.C.*); 10, L. SCOTT (*Mitcham
A.C.*); 11, E. SAPSWORTH (*Shaftesbury H.*); 12, A. WEAVER (*Woolwich Polytechnic H.*);
13, F. E. P. ORTON (*Reading A.C.*)

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MRS. PEARSON.

Course Stewards: F. W. ALMOND (*Essex Beagles*); W. G. BARTHOLOMEW (*Victoria Park H.*);
R. BAYS; A. MITCHELL (*Middlesex Co. A.A.A.*)

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(*C.A.U.*)

Brighton Results Board: R. BIRMINGHAM (*News of the World*)

Organiser: RON BACCHUS (*News of the World*)

Assistant Organisers: K. J. FINDING; D. G. WILSON (*News of the World*)

TEAMS & RUNNERS

AYLESFORD PAPER MILLS A.C.

(Colours: Black, White Band)

A1 J. R. Charlesworth
A2 F. D. Sando
A3 J. R. Pettitt
A4 P. Sherry
A5 D. Pemble
A6 D. Ward
A7 J. H. Mayatt

A 8 R. Forster
A 9 S. S. Acott
A10 J. Smith
A11 J. Winch
A12 E. Cantrill
A13 D. Turrell
A14 D. Bennett

A15 W. Clout
A16 D. Wimsett
A17 B. Hucks
A18 A. W. Perriman
A19 A. Weedon
A20 A. V. Macoy
A21 R. G. Hearn

BELGRAVE HARRIERS

(Colours: Claret and Gold)

B1 J. W. Brown
B2 P. Bagnall
B3 D. Baulch
B4 A. Bedford
B5 C. Collis
B6 L. Bishop
B7 P. Courtney

B 8 G. Davidson
B 9 E. Gebbett
B10 G. Flanagan
B11 B. Hallowell
B12 D. Hooper
B13 A. Heathfield
B14 J. Masters
B15 D. McLennan

B16 P. G. Newell
B17 C. Roffey
B18 C. Shippen
B19 E. Short
B20 G. Stevens
B21 R. Tooby
B22 C. W. Walker

BIRCHFIELD HARRIERS

(Colours: Black Vest, White Shorts, Stag Badge)

C1 B. Browning
C2 J. R. Reid
C3 W. E. Butcher
C4 J. Williams
C5 D. Parmenter
C6 W. B. Hobson
C7 D. Martin

C 8 A. V. Wigley
C 9 A. D. Mann
C10 E. C. Nicholls
C11 H. G. Mousley
C12 L. A. Orton
C13 P. R. Thompson
C14 D. J. Taylor
C15 A. F. Lander

C16 D. O. D'Albert
C17 P. N. Plimmer
C18 S. Stonehouse
C19 B. Roberts
C20 C. Hinton
C21 W. J. Feast
C22 G. Nicklin

COVENTRY GODIVA HARRIERS

(Colours: Claret and Gold, Godiva Badge)

D1 D. Rees
D2 B. Heatley
D3 R. Turney
D4 A. Pumfrey
D5 R. Davies
D6 G. Grubb
D7 R. Allen

D 8 A. J. Snoad
D 9 R. Walker
D10 B. Killey
D11 G. Eastwood
D12 A. Dowall
D13 R. Caney
D14 D. Faulconbridge
D15 M. Crossfield

D16 K. Bull
D17 G. Pearson
D18 R. Wilkinson
D19 H. Lloyd
D20 B. Holliehead
D21 B. Jones
D22 P. Freeman

DERBY AND COUNTY A.C.

(Colours: Red Vest with White Band, Buck in Park Badge)

E1 M. Bullivant
E2 A. P. Keily
E3 M. D. C. Doyle
E4 J. Tyler
E5 R. G. Cartwright
E6 J. T. Keily
E7 J. H. Piggs

E 8 E. G. Matley
E 9 W. R. Keily
E10 A. Taylor
E11 K. Wright
E12 A. R. Selby
E13 A. Griffiths
E14 P. Marshall
E15 E. L. Hardy

E16 G. Bull
E17 B. Coulson
E18 A. H. Mail
E19 R. H. Harrison
E20 D. J. Adams
E21 B. F. Spiby
E22 A. W. G. Hill

HERNE HILL HARRIERS

(Colours: Red and Black Hoops)

H1 S. W. Allen	H 8 J. G. De'ath	H16 A. F. Newson
H2 I. H. Boyd	H 9 V. J. Fowle	H17 J. D. Perry
H3 A. K. Cox	H10 G. V. Grayson	H18 R. W. Spalding
H4 F. J. Cornforth	H11 A. E. Hine	H19 J. G. Conway
H5 R. Coman	H12 A. Heywood	H20 R. A. Thomas
H6 R. S. Clark	H13 J. Heywood	H21 B. Shave
H7 J. F. Davis	H14 M. C. Hoare	H22 A. H. Towl
	H15 M. R. Maynard	

ILFORD ATHLETIC CLUB

(Colours: Dark and Light Blue Band, White Vest)

J1 R. Betts	J 8 H. W. Hubbard	J16 D. Plater
J2 H. J. Catton	J 9 D. R. Jones	J17 D. R. Powell
J3 T. J. Collins	J10 D. Madams	J18 M. Ricketts
J4 D. A. C. Green	J11 A. R. Mills	J19 A. Shea
J5 R. C. Harrington	J12 D. A. Owers	J20 R. G. Shuttleworth
J6 S. T. Hart	J13 H. T. Peacock	J21 A. Tiffin
J7 B.S.E. Holdstock	J14 A. F. Perkins	J22 P. J. Walker
	J15 C. G. H. Pierce	

MANCHESTER A. & C. C.

(Colours: White Vest, Red Band and Coat of Arms)

K1 N. Ashcroft	K 8 R. Freeman	K14 M. F. Porter
K2 L. Armstrong	K 9 W. Hesketh	K15 B. Robinson
K3 I. H. Burnett	K10 P. Howard	K16 J. A. Russell
K4 R. Carroll	K11 J. J. Lancaster	K17 W. Sherratt
K5 C. B. Colson	K12 S. Malcolm	K18 P. Thompson
K6 T. R. Colson	K13 B. Newnes	K19 S. G. Taylor
K7 R. Fitzsimmon		K20 D. Turnbull

PEMBROKE A. & C. C.

(Colours: Red & White Hoops)

L1 V. Bateman	L 8 J. Highton	L16 A. Price
L2 A. Caldwell	L 9 L. Hollingsworth	L17 A. Paxton
L3 C. Camden	L10 T. Houghton	L18 J. Robinson
L4 A. L. Smith	L11 R. Jones	L19 H. Sholicar
L5 S. Smith	L12 B. Juxon	L20 E. Williams
L6 K. Gates	L13 G. Radcliffe	L21 R. O. Williams
L7 K. Gilligan	L14 S. McIver	L22 F. Wilson
	L15 A. Prescott	

POLYTECHNIC HARRIERS

(Colours: Grenat and Cream Five Diamonds)

M1 P. Hore	M 8 B. Fernee	M16 C. Weston
M2 D. J. P. Richards	M 9 W. N. Coyne	M17 P. Stevens
M3 J. S. Evans	M10 G. C. Bullock	M18 H. Schmid
M4 R. H. Dunkley	M11 G. C. Mead	M19 T. White
M5 M. Schofield	M12 F. Redfern	M20 R. Griffiths
M6 G. S. Ward	M13 M. Lanning	M21 J. Mackay
M7 N. Hayter	M14 S. G. Day	M22 E. N. Vaughan
	M15 P. Ray	

PORTSMOUTH ATHLETIC CLUB

(Colours: White, Royal Blue Band, City Crest)

P1 S. A. Bollen	P 8 T. W. Hayden	P16 A. F. Price
P2 P. T. Byrne	P 9 P. F. Kilford	P17 R. E. A. Paine
P3 H. T. Cobie	P10 J. Lennon	P18 V. H. Rees
P4 G. W. Drew	P11 J. H. Lindsell	P19 G. E. Scutts
P5 J. Winslade	P12 E. G. T. Lindsell	P20 H. C. Sharp
P6 P. N. Hobson	P13 J. S. Macknight	P21 W. T. Wheeler
P7 M. Hyman	P14 T. J. Porter	P22 R. C. Brown
	P15 C. W. Plumpton	

ST. ALBANS CITY A.C.

(Colours: White Vest, with Blue Hoop Enclosed in Yellow City Arms)

Q1 G. Allen	Q 6 R. W. Hills	Q12 D. Sutcliffe
Q2 M. J. Blyth	Q 7 J. H. Knopf	Q13 P. F. Smith
Q3 J. G. Davies	Q 8 J. A. Mathison	Q14 J. Thorpe
Q4 R. Daniels	Q 9 D. O'Gorman	Q15 A. Twigg
Q5 M. J. Garrod	Q10 P. J. Palmer	Q16 S. Webley
	Q11 M. J. Palmer	

SHEFFIELD UNITED H. & A.C.

(Colours: Red and White Hoops, Coat-of-Arms Badge)

R1 J. Nichols	R 8 D. Walker	R16 P. McArthur
R2 A. Bargh	R 9 K. Wood	R17 J. Milnes
R3 A. Barden	R10 K. Whattham	R18 M. Edwards
R4 A. V. Corker	R11 G. Kirby	R19 J. G. Young
R5 P. Hedley	R12 R. Mallinson	R20 J. N. Shillito
R6 H. Charles	R13 R. Davison	R21 R. Haigh
R7 A. Etches	R14 D. Binns	R22 B. Grubb
	R15 P. Hoyland	

SHETTLESTON HARRIERS

(Colours: Royal Blue with Gold Band)

S1 H. Fox	S 8 G. Govan	S16 J. Kirk
S2 T. Kelly	S 9 I. Cloudsley	S17 R. Bolling
S3 W. Gorman	S10 A. Orr	S18 C. Reville
S4 J. McGhee	S11 J. Hendry	S19 J. Begley
S5 C. Wallace	S12 W. McFarlane	S20 W. Hodgins
S6 G. Everett	S13 I. Donald	S21 A. Skillen
S7 A. Hill	S14 J. Girdwood	S22 T. Mckee
	S15 H. Mitchell	

SOUTH LONDON HARRIERS

(Colours: White Vest, Maroon Shorts)

T1 R. A. Ashforth	T 8 R. W. Giles	T16 A. J. H. Pegley
T2 N. Chanin	T 9 P. C. T. Hannan	T17 M. R. Prynne
T3 R. J. Clements	T10 J. R. Humphreys	T18 L. D. Reed
T4 P. M. Collins	T11 G. D. Ibbotson	T19 G. W. J. Scovell
T5 R. J. Darchambaud	T12 F. S. Jarvis	T20 F. D. Gilson
T6 P. B. Driver	T13 S. R. Langridge	T21 D. G. Smith
T7 M. W. Firth	T14 J. G. Lusty	T22 C. Wilson
	T15 B. J. F. Mottram	

NATIONAL RELAY RACE, 14th APRIL, 1956

THAMES VALLEY HARRIERS

(Colours: Black, Light Blue Band, T.V.H. Badge)

U1 J. R. Cameron	U 8 D. A. F. Haith	U16 K. L. Norris
U2 D. G. Davidson	U 9 J. C. E. Haslam	U17 L. Pulman
U3 J. H. Davies	U10 W. L. Hobbs	U18 B. G. P. Saunders
U4 H. W. Dennis	U11 A. E. Ingles	U19 J. G. Skinner
U5 J. Douglas	U12 P. Linford	U20 T. E. E. Stacey
U6 E. Elderfield	U13 J. R. Loader	U21 P. J. Vivian
U7 E. G. Ellis	U14 R. D. Minchington	U22 D. W. Vinton
	U15 R. J. Moody	

TIPTON HARRIERS

(Colours: Green and White Hoops)

W1 K. Rickhuss	W 8 J. Beck	W15 R. Poultney
W2 D. Osborne	W 9 C. Henderson	W16 R. Griffiths
W3 B. Harbach	W10 J. Carless	W17 A. Salt
W4 G. Eales	W11 D. Rhodes	W18 J. Gripton
W5 R. Bentley	W12 B. Twamley	W19 B. Jackson
W6 A. Fellows	W13 A. Cole	W20 J. Holloway
W7 G. Bentley	W14 F. Tonks	W21 A. Mills

VICTORIA PARK A.A.C.

(Colours: Blue and White Hoops)

X1 I. Binnie	X 8 R. Russell	X15 J. Ewing
X2 J. McLaren	X 9 R. Lees	X16 E. Smith
X3 R. Calderwood	X10 J. Whitelaw	X17 G. Kerr
X4 J. Russell	X11 N. Ellis	X18 D. Shuttleworth
X5 R. Kane	X12 P. Keenan	X19 J. Taylor
X6 J. Stirling	X13 A. Forbes	X20 W. Burns
X7 S. Ellis	X14 W. Kerr	

WALTON ATHLETIC CLUB

(Colours: Red and Black)

Y1 J. M. Addington	Y 8 B. Judd	Y16 G. Winchester
Y2 J. Avery	Y 9 T. E. Keegan	Y17 J. Ewens
Y3 D. Cameron	Y10 G. A. Keegan	Y18 J. Wilkes
Y4 M. Duckworth	Y11 A. Llewellyn	Y19 K. Sharp
Y5 J. Doggett	Y12 D. Murray-Bruce	Y20 A. Milner
Y6 P. Goodsell	Y13 E. Richardson	Y21 P. Milner
Y7 K. Honney	Y14 R. J. Roath	Y22 C. Strange
	Y15 P. Whiteman	

WOODFORD GREEN ATHLETIC CLUB

(Colours: Green and White Hoops)

Z1 J. A. Baker	Z 8 R. F. J. Garrett	Z16 J. Meddings
Z2 E. C. Barker	Z 9 W. G. Hazle	Z17 D. G. Stearns
Z3 K. R. Bray	Z10 W. G. Heiberg	Z18 R. Landbeck
Z4 M. Cannell	Z11 G. N. Jackson	Z19 P. H. Weatherdon
Z5 D. J. Chapman	Z12 D. J. N. Johnson	Z20 F. E. Webb
Z6 C. P. Crump	Z13 A. V. Lewis	Z21 H. Windsor
Z7 B. M. Davis	Z14 C. Lowson	Z22 A. J. Wiseman
	Z15 E. Major	



(Top Left) Mrs. Riley handing the baton to J. R. Humphreys of South London H.
 (Top Right) R. S. Clark (Heerne Hill H.) handing over to G. B. Nearn at Hickstead
 (Centre Left) J. E. Nichols (Sheffield United) handing over to H. Charles for the 8th leg.
 (Centre Right) M. J. Day (J4) starting the 4th leg from Purley for Finchley H.
 (Bottom Left) Alderman J. A. T. Leak J.P., presenting the Trophy to South London H.
 (Bottom Right) First man home—F. D. Gilson, South London H.

LONDON—BRIGHTON RELAY RACE

RESULTS OF PREVIOUS NATIONAL ROAD RELAY RACES

1951	Belgrave H.	3.53.38	Thames V.H.	3.56.27	Reading A.C.	3.56.36
1952	Birchfield H.	3.54.55	Belgrave H.	3.55.20	Victoria Pk. A.A.C.	3.56.42
1953	Thames V.H.	3.52.16	Birchfield H.	3.52.42	South London H.	3.53.19
1954	S. London H.	4.31.37	Belgrave H.	4.33.43	Essex Beagles	4.34.24
1955	S. London H.	4.29.19	Polytechnic H.	4.33.15	Sheffield Utd	
					H. & A.C.	4.33.29
1956	S. London H.	4.29.33	Herne Hill H.	4.30.38	Sheffield Utd.	
					H. & A.C.	4.30.48

WESTMINSTER-BRIGHTON COURSE RECORD

*1955	S. London H.	4.29.19	Polytechnic H.	4.33.15	Sheffield Utd.	
					H. & A.C.	4.33.29

MITCHAM-BRIGHTON COURSE RECORD

1938	Mitcham A.C.	3.48.29	Birchfield H.	3.50.47	Belgrave H.	3.50.52
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INTERMEDIATE RELAY RECORDS

Relay					
*1	I. H. Boyd	—	Herne Hill H.	—	(4½ miles) 20 m. 12s. (1956)
2	K. L. Norris	—	Thames Valley H.	—	(5 ") 23 m. 53s. (1956)
*3	G. Knight	—	Essex Beagles	—	(5½ ") 27 m. 41s. (1956)
4	K. L. Norris	—	Thames Valley H.	—	(5½ ") 24 m. 24s. (1955)
*5	P. Palmer	—	St. Albans City A.C.	—	(4½ ") 21 m. 24s. (1956)
6	H. A. Olney	—	Thames Valley H.	—	(5½ ") 25 m. 6s. (1953)
*7	P. B. Driver	—	S. London H.	—	(6½ ") 32 m. 52s. (1956)
*8	K. L. Norris	—	Thames Valley H.	—	(6½ ") 28 m. 23s. (1956)
9	J. H. Peters	—	Essex Beagles	—	(4 ") 19 m. 34s. (1953)
10	K. L. Norris	—	Thames Valley H.	—	(4½ ") 19 m. 42s. (1952)
11	H. A. Olney	—	Thames Valley H.	—	(3½ ") 16 m. 55s. (1952)

*National Race

NOTE: The first six teams in this race will receive an invitation to participate in next year's National Race from London to Brighton (April 12th, 1958).

INSTRUCTIONS FOR COMPETITORS AND OFFICIALS

A letter from the Rt. Hon. Sir G. J. Cullum Welch, O.B.E., M.C., J.P., Lord Mayor of London, addressed to Councillor Lewis C. Cohen, J.P., Mayor of Brighton, will be handed to the first representative of South London Harriers at the start and delivered to the Mayor of Brighton at the Winning Post.

ALL teams will carry a baton throughout the race.

Competitors in each relay will be taken to their respective exchange stations by coach, Mr. C. Meggett being in charge.

Coaches are numbered as per relays 1-11.

All competitors **MUST** travel in the official coaches. To avoid congestion, coach drivers are asked to make sure that no coach is parked within 100 yards of each take-over.

Coach No. 2 will leave Westminster at 9.40 a.m.

Coaches 4-11 will leave Mitcham at 10.30 a.m.

All competitors except those running in the first and third relays must be in their respective coaches ready to start at the times stated. **NO COMPETITOR WILL BE WAITED FOR.**

Only those competitors and officials *who are notified* to attend at Westminster should report to the Great Smith Street Baths by 9. a.m.

Coaches will await competitors at the end of each relay. A steward will be in charge of each coach and only competitors and officials with coach tickets will be allowed in these coaches.

Competitors are asked not to trust their clothes or valuables to anybody other than the transport officials, who cannot otherwise be responsible for their safe custody.

Competitors must wear letter numbers back and front, corresponding to their name in the programme.

Dressing.—Runners on 1st and 2nd stages: Great Smith Street Baths, Westminster. All other runners, *News of the World* Sports Ground, Park Place, Mitcham. Dressing room at finishing post, Aquarium Baths, Brighton.

Immediately after the race competitors and officials with tea tickets should go to the Savoy Cinema Restaurant, where High Tea will be served at 3.30 p.m., and the Trophy and Medals will be presented.

SPECIAL NOTE FOR THE SAFETY OF RUNNERS

All competitors must keep to the left-hand side of the road whilst running. Cutting corners is not allowed. Any competitor indulging in this dangerous practice will render his team liable to disqualification.

THANKS

The organisers, on behalf of the *News of the World*, thank the A.A.A., the Scottish A.A.A., the Northern Counties A.A., the Midland Counties A.A.A., and all the officials for their valued assistance.

We are grateful also to the civic authorities of Westminster, Mitcham, Brighton and other boroughs and districts through which we have passed and of the counties of Surrey, East Sussex and West Sussex for their help.

The police authorities of London, Brighton, Surrey, East Sussex and West Sussex have given their cordial co-operation, which we have much appreciated.

Finally, we thank all who permitted us to erect direction signs along the route, all who lent their cars, or helped in other ways, including members of the St. John Ambulance Brigade who gave invaluable service, and last, but by no means least, the runners themselves for their splendid support.

AWARDS

Winning Team to hold the "News of the World" Silver-gilt Trophy.

The first four teams to finish will receive a set of specially designed medals (gilt for the winners, silvered for the runners-up, and bronze for the third and fourth).

An extra set of bronze medals will be awarded to the unplaced team with the most meritorious performance.

This question will be decided by the following officials: R. Bacchus, D. G. Wilson, E. H. L. Clynes, J. C. G. Crump, J. Gilbert, D. T. P. Pain and the Referee, F. Ireland.