

## Scottish Road 10K All-Time List

### Men

1	28:02	Callum Hawkins	Kilbarchan AAC	22-Jun, 1992	Valencia, Spain	1	12-Jan, 2020
2	28:13	Allister Hutton	Edinburgh Southern H	18-Jul, 1954	Birmingham	3	28-Apr, 1984
3	28:28	Andrew Butchart	Central AC	14-Oct, 1991	London	1	30-May, 2016
4	28:47	Andrew Lemoncello	Fife AC	12-Oct, 1982	Atlanta, USA	20	04-Jul, 2010
5	28:52	Glen Stewart	Mizuno RC	07-Dec, 1970	Strathclyde Park	1	07-Mar, 1998
6	29:08	Nat Muir	Shettleston H	12-Mar, 1958	Glasgow	1	03-Jun, 1987
7	29:09	Tommy Murray	Spango Valley AC	18-May, 1961	Helensburgh	1	22-May, 1997
8	29:10	Chris Robison	Shettleston H	16-Mar, 1961	Solihull	3	06-Oct, 1996
9	29:13	William Jenkins	Clydesdale H	13-Jul, 1971	Strathclyde Park	2	07-Mar, 1998
10	29:14	Luke Caldwell	Dorking & Mole Valley	02-Aug, 1991	London	3	25-May, 2015
11	29:16	Robert Russell	Central AC	13-Jul, 1982	Manchester	15	20-May, 2007
12	29:21	Neil Tennent	Edinburgh Southern H	19-Feb, 1962	Glasgow	5	30-Apr, 1989
13	29:21	David Ross	Mizuno RC	02-Nov, 1965	Strathclyde Park	2	15-Mar, 1997
14	29:22	Robbie Simpson	Deeside R	14-Nov, 1991	Houilles, France	11	18-Dec, 2016
15	29:24	Derek Hawkins	Kilbarchan AAC	29-Apr, 1989	Paris	13	27-Dec, 2015
16	29:25	Josh Lilly	Tipton H	30-Nov, 1985	Leeds	2	12-Apr, 2015
17	29:25	Luke Traynor	Giffnock North AAC	06-Jul, 1993	Pollock	2	16-Jun, 2017
18	29:26	Peter Fleming	Leslie Deans RC	05-Jan, 1961	Washington, USA	6	30-Apr, 1995
19	29:26	William Coyle	Shettleston H	03-Oct, 1962	Strathclyde Park	3	15-Mar, 1997
20	29:26	Neil Wilkinson	Cambuslang H	12-Mar, 1969	Leeds	2	30-Nov, 2003
21	29:28	Paul Wilson	Mizuno RC	12-Nov, 1969	Troon	1	12-May, 1999
22	29:28	Logan Rees	Fife AC	23-Feb, 1997	Leeds	6	05-Nov, 2017

## Women

1	30:39	Elizabeth Nuttall (McColgan)	Dundee Hawkhill H	24-May, 1964	Orlando, USA	1	11-Mar, 1989
2	31:53	Eilish McColgan	Dundee Hawkhill H	25-Nov, 1990	Doha, Qatar	1	12-Jan, 2018
3	31:55	Stephanie Twell	Aldershot, Farnham & Dist	17-Aug, 1989	London	1	27-May, 2019
4	32:03	Elizabeth Potter	Shaftsbury Barnet AC	27-Dec, 1991	Partington	2	10-Mar, 2019
5	32:23	Sarah Inglis	Lothian RC	29-Jun, 1991	Vancouver	12	28-Apr, 2019
6	32:24	Yvonne Mooney (Murray)	Edinburgh AC	04-Oct, 1964	Barnsley	1	02-Oct, 1997
7	32:24	Kathy Butler	Windsor, Slough & Eaton	22-Oct, 1973	Atlanta, USA	6	04-Jul, 2005
8	32:24	Hayley Haining	Kilbarchan AAC	06-Mar, 1972	Cardiff	4	27-Jul, 2008
9	32:28	Freya Ross (Murray)	Edinburgh AC	29-Sep, 1983	Sheffield	1	06-Sep, 2009
10	32:35	Laura Whittle	Royal Sutton Coalfield	27-Jun, 1985	Eastleigh	1	20-Mar, 2016
11	32:59	Mhairi MacLennan	Inverness H		Brighton	1	14-Apr, 2019
12	33:00	Sheila Catford	Leeds AC	29-Aug, 1960	Middlesbrough	1	24-Aug, 1988
13	33:03	Rhona Auckland	Banchory Stonehaven		Leeds		16-Nov, 2014
14	33:05	Vikki McPherson	City of Glasgow	01-Jun, 1971	Kirkintilloch	1	24-May, 1992
15	33:16	Susan Partridge	VP City of Glasgow	04-Jan, 1980	Newcastle	2	13-Jul, 2014
16	33:22	Lynne MacDougall	City of Glasgow	18-Feb, 1965	Leeds	1	03-Dec, 2000
17	33:27	Karen MacLeod	Edinburgh AC	24-Apr, 1958	Bourton	1	25-Feb, 1996
18	33:42	Sarah Hood	Tipton H	09-Jun, 1982	Leeds	5	18-Nov, 2012
19	33:42	Stephanie Davies	Clapham Chasers		London	1	09-Mar, 2019
20	33:42	Morag Miller (MacLarty)	Central AC	10-Dec, 1986	Grangemouth	1	14-Apr, 2019
21	33:51	Fiona Lothian	Fife AC	02-Dec, 1965	Strathclyde Park	1	15-Mar, 1997
22	33:52	Toni McIntosh	Ayr Seaforth AC	26-Nov, 1979	Grangemouth	1	16-Feb, 2003
23	33:54	Susan Scott	City of Glasgow	26-Sep, 1977	Troon	1	10-May, 2000
24	33:55	Collette Fagan	City of Glasgow	06-Jun, 1982	Glasgow	8	21-May, 2006
25	33:58	Sandra Branney	City of Glasgow	30-Apr, 1954	Inverness	1	16-May, 1989
26	33:58	Nicola Gauld	Aberdeen AAC	28-Mar, 1982	Inverurie	1	13-Apr, 2008