

Road Running and Cross Country Commission

AT Mays and Pat Spence Memorial Trophies

The AT Mays and Pat Spence Memorial Trophies will be awarded for men and women respectively, in separate competitions, to the club that scores the lowest aggregate number of points over the five races at the national cross country championships, calculated as follows:

- 1 Clubs will be awarded points in each race equal to the finishing position of their team – 1st team (1 point), 2nd team (2 points), etc.
- 2 Each Trophy will be awarded to the club that scores the lowest aggregate number of points over the five races
- 3 If part 2 fails to obtain a result then the result will be determined for clubs
 - with a finishing senior team and 3 other finishing teams, and if failing to achieve a result
 - with a finishing a senior team and 2 other finishing teams, and finally
 - with a finishing senior team with 1 other finishing team

In all cases in the event of a tie the position of the club finishing highest in the Senior race will be adjudged the winner.