

Scottish District Cross Country Relay Championships

Multiple teams from the same club are eligible for medals

In the young athlete's relays - Leg 1 must be run by an U13, Leg 2 by an U13 or an U15
and Leg 3 by an U15 or an U17

East

		Teams	
Age Group	Distance	Medals	Trophy
Masters Men	4*4K	1 st , 2 nd , 3 rd	
Senior/U20 Men	4*4K	1 st , 2 nd , 3 rd	Mckenzie Trophy
U13B, U15B, U17M	3*2.5K	1 st , 2 nd , 3 rd	East District Quaich
Masters Women	3*4K	1 st , 2 nd , 3 rd	
Senior/U20 Women	3*4K	1 st , 2 nd , 3 rd	Alistair Falconer Trophy
U13G, U15G, U17W	3*2.5K	1 st , 2 nd , 3 rd	East District Trophy

North

		Teams	
Age Group	Distance	Medals	Trophy
Masters Men	4*4K	1 st , 2 nd , 3 rd	
Senior/U20 Men	4*4K	1 st , 2 nd , 3 rd	Donald Duncan Cup
U13B, U15B, U17M	3*2.5K	1 st , 2 nd , 3 rd	Walter Banks Trophy
Masters Women	3*4K	1 st , 2 nd , 3 rd	
Senior/U20 Women	3*4K	1 st , 2 nd , 3 rd	
U13G, U15G, U17W	3*2.5K	1 st , 2 nd , 3 rd	

West

		Teams	
Age Group	Distance	Medals	Trophy
Masters Men	4*4K	1 st , 2 nd , 3 rd	
Senior/U20 Men	4*4K	1 st , 2 nd , 3 rd	Struthers Shield
U13B, U15B, U17M	3*2.5K	1 st , 2 nd , 3 rd	NCCU Midland District Relay Championship
Masters Women	3*4K	1 st , 2 nd , 3 rd	
Senior/U20 Women	3*4K	1 st , 2 nd , 3 rd	
U13G, U15G, U17W	3*2.5K	1 st , 2 nd , 3 rd	