

## Scottish Athletics Limited

### Road Running and Cross Country Commission

## Stewarts Cross Country Team Challenge (Short Course) 2011/12

scottishathletics is pleased to announce the inaugural Stewarts Cross Country Team Challenge (Short Course).

Building on the success of the Stewarts Cross Country Grand Prix series of the last three years, the Challenge is focused on team performance in the 3 short course events (4K) at the beginning of the Cross Country Season.

The challenge is open to Senior/U20 teams from Scottish clubs, both Men and Women. Entry is automatic for clubs participating in the following events.

Fixture	Date	Venue
District CC Relays	8 <sup>th</sup> Oct	E (Camperdown), N (Dornoch), W (Rouken Glen)
National CC Relays	22 <sup>nd</sup> Oct	Cumbernauld
National 4k Champs	5 <sup>th</sup> Nov	Glasgow

The scoring system is as follows

District CC Relays	1 <sup>st</sup> (10 points) reducing by 1 to 10 <sup>th</sup> (1 point)
National CC Relays	1 <sup>st</sup> (20 points) reducing by 1 to 20 <sup>th</sup> (1 point)
National 4K Champs	1 <sup>st</sup> (10 points) reducing by 1 to 10 <sup>th</sup> (1 point)

After each stage of the competition, clubs will be ranked based on their team placing, culminating in final Challenge standings after the Scottish 4k Cross Country Championships. In the event of a tie for 1<sup>st</sup> place the positions in the 4k Championship will determine the placings.

Second, third etc teams will be eligible for the Challenge. In the 4K championships they will only be calculated for the purposes of the Challenge and not for the Championships themselves.

In the inaugural year the winning clubs (Men and Women) will be eligible for the 1<sup>st</sup> prize of £150 and receive the President's Cup and Trophy for Men and Women respectively.

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