

**Road Running and Cross Country Commission**  
**Stewarts Cross Country Grand Prix 2010-11**

The Stewarts Cross Country Grand Prix will be decided on the aggregate points totals of athletes in the following races:

<b>Race</b>	<b>Points</b>
Scottish District Championships	1 <sup>st</sup> (10 points) reducing by 1 to 10 <sup>th</sup> (1 point)
Scottish Inter-District Championships	1 <sup>st</sup> (20 points) reducing by 1 to 20 <sup>th</sup> (1 point)
Scottish National 4K Cross Country Championships	1 <sup>st</sup> (20 points) reducing by 1 to 20 <sup>th</sup> (1 point)
Scottish National Cross Country Championships	Senior: 1 <sup>st</sup> (40 points) reducing by 2 to 20 <sup>th</sup> (2 points) Junior: 1 <sup>st</sup> (30 points) reducing by 3 to 10 <sup>th</sup> (3 points)

£4000 of prize money is available to current scottishathletics members as follows:  
overall Grand Prix winners (male and female): 1<sup>st</sup>: £750; 2<sup>nd</sup>: £375; 3<sup>rd</sup>: £250; 4<sup>th</sup>: £200; 5<sup>th</sup>: £150; 6<sup>th</sup>: £100; 7<sup>th</sup>: £70; 8<sup>th</sup>: £50; 9<sup>th</sup>: £40; 10<sup>th</sup>: £30