

Scottish Road Race Championship Medals & Trophies

U20 and Masters athletes are eligible for medals in the Open Championship as well as their U20/Masters category respectively

Masters categories are in 10 year blocks starting at the age of 40

Senior+ means all age group from senior up, Masters+ means all Masters age groups

Distances, medals and team counters are the same for Male and Female Championships

Scottish 5K Road Race Championships

Age Group	Distance	Individuals		Teams		
		Medals	Trophy	Medals	Trophy	Counters
Masters O40+	5K	1 st , 2 nd , 3 rd				
Open (Senior+/U20)	5K	1 st , 2 nd , 3 rd		1 st , 2 nd , 3 rd		3
U20	5K	1 st , 2 nd , 3 rd		1 st , 2 nd , 3 rd		3

Scottish 10K Road Race Championships

Age Group	Distance	Individuals		Teams		
		Medals	Trophy	Medals	Trophy	Counters
Masters O40+	10K	1 st , 2 nd , 3 rd				
Open (Senior+/U20)	10K	1 st , 2 nd , 3 rd		1 st , 2 nd , 3 rd		3

Scottish 10 Mile Road Race Championships

		Individuals		Teams		
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters O40+	10 Miles	1 st , 2 nd , 3 rd				
Open (Senior+/U20)	10 Miles	1 st , 2 nd , 3 rd		1 st , 2 nd , 3 rd		3

Scottish Half-Marathon Road Race Championships

		Individuals		Teams		
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters O40+	Half-marathon	1 st , 2 nd , 3 rd				
Open (Senior+/U20)	Half-marathon	1 st , 2 nd , 3 rd		1 st , 2 nd , 3 rd		3

Scottish Marathon Road Race Championships

		Individuals		Teams		
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters O40+	Marathon	1 st , 2 nd , 3 rd				
Open (Senior+/U20)	Marathon	1 st , 2 nd , 3 rd	Scottish Marathon Club Trophy	1 st , 2 nd , 3 rd		3

The team race is calculated on cumulative times

Scottish 50K Road Race Championships

		Individuals		Teams		
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters O40+	50K	1 st , 2 nd , 3 rd				
Open (Senior+)	50K	1 st , 2 nd , 3 rd				

Scottish 100K Road Race Championships

		Individuals		Teams		
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters O40+	100K	1 st , 2 nd , 3 rd				
Open (Senior+)	100K	1 st , 2 nd , 3 rd				