#### **Scottish Road Race Championship Medals & Trophies**

Masters athletes are eligible for medals in the Senior race as well as the Masters category. Where eligible U20s may participate in Senior races

### **Scottish 5K Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
U20 Men	5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
<b>Masters Women</b>	5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
U20 Women	5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3

## **Scottish 10K Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	10K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	10K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
Masters Women	10K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	10K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3

### **Scottish 10 Mile Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	10 Miles	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	10 Miles	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
Masters Women	10 Miles	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	10 Miles	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3

### **Scottish Half-Marathon Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	Half-marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	Half-marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
<b>Masters Women</b>	Half-marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	Half-marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3

#### **Scottish Marathon Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	Marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	Marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3
<b>Masters Women</b>	Marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	Marathon	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Scottish Marathon Club Trophy	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>		3

The team race is calculated on cumulative times

# **Scottish 50K Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	50K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	50K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Masters Women	50K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	50K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				

# **Scottish 100K Road Race Championships**

			Individuals		Teams	
Age Group	Distance	Medals	Trophy	Medals	Trophy	Counters
Masters Men	100K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Men	100K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Masters Women	100K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				
Senior Women	100K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>				