

## Scottish Cross Country Relay Championships

Multiple teams from the same club are eligible for medals

In the young athlete's relays - Leg 1 must be run by an U13, Leg 2 by an U13 or an U15 and Leg 3 by an U15 or an U17

Age Group	Distance	Teams	
		Medals	Trophy
<b>O50 Men</b>	3*4K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	
<b>Masters Men</b>	4*4K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	
<b>Senior/U20 Men</b>	4*4K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Coatbridge Trophy
<b>U13B, U15B, U17M</b>	3*2.5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Bellahouston Park Quaich
<b>O50 Women</b>	3*4K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	
<b>Masters Women</b>	3*4K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	
<b>Senior/U20 Women</b>	4*4K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	
<b>U13G, U15G, U17W</b>	3*2.5K	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	President's Trophy