

**Scottish Athletics Limited**  
**Road Running and Cross Country Commission**

**Minutes of Meeting of Wednesday 14<sup>th</sup> December 2011 held at 6.30 p.m.**  
**in SAL Offices, Caledonia House, South Gyle, Edinburgh**

**Present:** Ron Morrison, (Convener); Alex Jackson, (Secretary); Marjory Cook; Alan Potts; Tom Ferrington; Graham Sword; Ian Hislop; Mike Johnston; Mark Pollard; Ross Cunningham; Nigel Holl; Leslie Roy and Margaret Daly

**Apologies:** Sophie Dunnett (noted option to be pursued of video conferencing)

**1. Chairman's Welcome and Opening Remarks**

- 1.1 Ron welcomed everyone to the meeting. The Commission noted with sadness the recent death of Ronnie Macdonald, Maryhill Harriers, former SCCU General Committee member and founder member of the Scottish Veteran Harriers.
- 1.2 Ron outlined proposed topics for discussion at the meeting and asked for any items on the agenda not already started to be highlighted.

**2. Papers previously circulated**

- 2.1 Commission Minute of 21<sup>st</sup> September 2011

**3. Papers Circulated with the Agenda**

- 3.1 Management Committee Report  
3.2 Proposal from Greenock Glenpark Harriers  
3.3 East District Minutes of 30<sup>th</sup> November 2011

**4. Congratulations**

- 4.1 Congratulations were extended to the following:-
- ◆ Tewoldeberhan Mengisteab (Shettleston H) and Megan Crawford (Fife AC) for winning the Stewarts Road Running Grand Prix 2011.
  - ◆ Inverclyde AC and Edinburgh AC, for their wins in the Men's and Women's National Cross Country Relays respectively.
  - ◆ Matthew Gillespie (Shettleston H) and Morag McLarty (Central AC) or their wins in the Men's and Women's 4K CC Individual Championships respectively.
  - ◆ Shettleston H and Edinburgh AC for their wins in the Men's and Women's 4K CC Team Championships respectively.
  - ◆ Shettleston H and Fife AC for their wins in the Men's and Women's Stewarts Cross Country Team Challenge (Short Course).
  - ◆ Ross Matheson (Lasswade AAC) and Fiona Matheson as the SAL U20 and Masters Athlete of the year respectively
  - ◆ Freya Murray (Edinburgh AC) SW, Steph Twell (Aldershot, Franham and District) U23W, Laura Muir (Dundee Hawkhill H) U20W, Matthew Gillespie (Shettleston H), Matthew Graham (Kirkintilloch O), Derek Hawkins (Kilbarchan AAC) U23M on their selection for the UK team at the European Cross Country Championships at Velenje, Slovenia on 11/12/2011.
  - ◆ Freya Murray (Edinburgh AC) 12th for her gold medal at the European Cross Country Championships at Velenje, Slovenia on 11/12/2011 as part of the UK Senior Women team.
  - ◆ Steph Twell 4th (Aldershot, Franham and District) for her gold medal at the European Cross Country Championships at Velenje, Slovenia on 11/12/2011 as part of the UK U23W team.
  - ◆ Laura Muir 31st (Dundee Hawkhill H) for her gold medal at the European Cross Country Championships at Velenje, Slovenia on 11/12/2011 as part of the UK U20W team.

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- ◆ Derek Hawkins (Kilbarchan AAC) 26th, Matthew Gillespie (Shettleston H) 41st, Matthew Graham (Kirkintilloch O) 45th for their silver medal at the European Cross Country Championships at Velenje, Slovenia on 11/12/2011 as part of the UK U23M team.
- ◆ Central AC as the off track club of the year presented at the SAL Annual Dinner
- ◆ Ross Matheson (Lasswade AAC) as the SAL U20 Athlete of the Year presented at the SAL Annual Dinner
- ◆ Derek Hawkins (Kilbarchan AAC) for the Dallas Trust Award presented at the SAL Annual Dinner

**5. Minutes of previous meeting of 21<sup>st</sup> September 2011**

5.1 Noted

**5.2 Actions Cleared**

The following actions were noted as cleared:

- Action: RRCC2010-29: TF – Scottish Athletics Road Running 2010 Plus
- Action: RRCC2011-2: MJ/AS/AJ - Scottish Athletics Ultra Trail Championship event
- Action: RRCC 2011-4: TF – 5K Race
- Action: RRCC2011-9: AJ: Mail shot on Student Rules of eligibility
- Action: RRCC2011-10: Agreed noted
- Action: RRCC2011-11: Rules and medals for 5K Championships
- Action: RRCC2011-14: RM/MJ/MP/TF/RC: Competition season
- Action: RRCC2011-15: AJ: London Mini Marathon Selection
- Action: RRCC2011-16: RC: National XC Relays Cumbernauld
- Action: RRCC2011-17: AJ: National XC Relays Cumbernauld - satellite map
- Action: RRCC2011-18: RC: National Championships – Falkirk©
- Action: RRCC2011-19: AJ: Great Edinburgh Run Inter-Districts/Celtic Nations
- Action: RRCC2011-20: AJ/RC: Young Athletes RR Rouken Glen
- Action: RRCC2011-21: MD: Masters XC – West
- Action: RRCC2011-22: MJ: Home Countries International
- Action: RRCC2011-23: MD/AJ: District Championship venues
- Action: RRCC2011-24: AJ: Competition season dates 2011-12
- Action: RRCC2011-25: AJ: venue for next meeting – 21/9/2011
- Action: RRCC2011-26: AJ: National Cross Country Relays
- Action: RRCC2011-27: RC: National 4K Cross Country Championships
- Action: RRCC2011-28: AJ/MJ: Inter District Cross Country Championships
- Action: RRCC2011-29: AJ: Masters Cross Country Championships
- Action: RRCC2011-30: NH/RC: National Cross Country Championships
- Action: RRCC2011-31: AJ: Young Athletes Road Races
- Action: RRCC2011-32: AJ: Officials Commission
- Action: RRCC2011-34: MC: CC event in Sacramento
- Action: RRCC2011-36: RM/AJ: Disability Sports Scotland
- Action: RRCC2011-37: MP/NH/AJ: Cross Country Team Challenge
- Action: RRCC2011-38: RM: Awards Dinner and nominations
- Action: RRCC2011-40: AJ: Masters Age Groups

**5.3 Actions Outstanding**

- Action: RRCC2010-21: NH – Non-SAL athletes in Championships
- Action: RRCC2011-1: AJ/RM/MJ/RC/AS - World 24 hour event 2013
- Action: RRCC2011-12: NH: Publicity at National events
- Action: RRCC2011-13: AJ: Refreshing the Commission Membership
- Action: RRCC2011-33: NH: Officials List
- Action: RRCC2011-39: RM/AJ: Eligibility for Championship Medals

**6. Fixtures / Championships**

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- 6.1 Inter District: timetabling changes noted. Disappointment noted that televised races will not include Inter District athletes whose races have now been separated out. Senior women run 5 short laps at 9.55 a.m. Senior men conclude the programme with 3 long laps at 2.30 p.m. Discussion took place on future involvement with regard to the revised programme offering appropriate competition within the aspirational race structure for the cross country programme. Agreed to review and discuss at next meeting. **Action: RRCC2011-41: AJ**
- 6.2 National Championships: Falkirk Victoria Harriers have been asked to set the course. School and catering has been booked. RC in contact with Falkirk Council. Meeting will take place early in 2012 to confirm final details. AJ & RC to be involved. **Action: RRCC2011-42: RC/AJ**
- 6.3 Masters Championships: All arrangements progressing, nothing new to report.
- 6.4 Home International: This event follows 1 week after the Inter Counties in Birmingham. A convenor is required (18/3/12). AP to check his availability with a view to AP and GS taking on joint convenorship. **Action: RRCC2011-43: AP/GS**
- 6.5 4-6 Stage Relays: All arrangements progressing, nothing new to report.
- 7. District Report**
- 7.1 MD and GS reported on a number of matters raised at the recent West District meeting as follows:
- ◆ Medals at District Championships – covered by UK Rule 10 which means that an unattached runner can win a district medal if one of the three eligibility criteria is met.
  - ◆ Veterans – request to consider medals awarded at District Championships in 10 year age bands **Action: RRCC2011-44: AJ/RM**
  - ◆ GGH Proposal – broad support though recognition of increased administrative burden and request that there is a coming together of the admin elements for clubs and SAL. The Commission discussed the proposal at this stage and whilst some merit was noted and agreed, it was felt it required further consideration and analysis on the impact on competition administration as well as financial implications. Matter to remain under consideration by the Commission. **Action: RRCC2011-45: AJ/RM**
  - ◆ Online entry – view this would assist with GGH proposal and also ease processes for club secretaries relating to championship entries.
- 8. Stewarts Grand Prix**
- 8.1 Noted funding no longer available and agreed to change to SAL CC Grand Prix with funding identified from budgets to maintain. No funding identified for RR season however feeling is that the Grand Prix is essential to the road race structure. Aim to identify funds as soon as possible. **Action: RRCC2011-46: NH**
- 9. European Team Competition**
- 9.1 EAC won the team race but were subsequently disqualified on the basis that two athletes were not eligible to compete. MJ report on Scottish team – no need to send team winning Nationals but should sent team 'best placed' for competition. Further discussion to take place. **Action: RRCC2011-47: MJ**
- 10. North Championships**
- 10.1 Relates to letter received from Moray Roadrunners. RM spoke to SD requesting this is resolved. **Action: RRCC2011-48: SD/RM**
- 11. Short Course Team Challenge**

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11.1 View held that this was a good event although may have benefited from information being put out earlier. Challenge incentivised the 4K for Clubs.

The meeting closed at 8.15 p.m. with a vote of thanks to the Chair.

**Date of Next Meeting**

Wednesday 22<sup>nd</sup> February 2012 in Edinburgh